

# JULY LEAP PARENT MENU 2018-2019

Monday 7/2	Tuesday 7/3	Wednesday 7/4	Thursday 7/5	Friday 7/6
<p>Roast Turkey with Gravy and WG Roll</p> <p>Roasted Sweet Potato Broccoli Florets Fresh Fruit and Applesauce 1% Milk</p>	<p>Beef Stew and WG Biscuit</p> <p>Whole Kernel Corn Marinated Vegetable Salad Fresh Fruit and Pineapple 1% Milk</p>	<p><b><u>4<sup>th</sup> OF JULY</u></b></p>	<p>Asian Baked Chicken with WG Roll</p> <p>California Blend Seasoned Spinach Fresh Fruit and Pears 1% Milk</p>	<p>Cheese Pizza on WG Crust</p> <p>Baked Beans Mixed Green Salad with Dressing Fresh Fruit and Peaches 1% Milk</p>
Monday 7/9	Tuesday 7/10	Wednesday 7/11	Thursday 7/12	Friday 7/13
<p>Spaghetti and Meat Sauce Casserole WG Bread Stick</p> <p>Green Peas Golden Chef Cut Vegetables Fresh Fruit and Pears 1% Milk</p>	<p>Herb Baked Chicken with WG Roll</p> <p>Broccoli Florets Cucumber and Tomato Salad Fresh Fruit and Applesauce 1% Milk</p>	<p>Beef, WG Macaroni and Tomato Casserole with Creamy Coleslaw, WG Roll and Carrots</p> <p>Apple Juice and Fresh Orange 1% Milk</p>	<p>Salisbury Steak with Gravy and WG Roll</p> <p>Roasted Sweet Potatoes Whole Kernel Corn Fresh Fruit and Peaches 1% Milk</p>	<p>Cheese Pizza on WG Crust</p> <p>BBQ Baked Beans Tossed Salad with Dressing Fresh Fruit and Pineapple 1% Milk</p>
Monday 7/16	Tuesday 7/17	Wednesday 7/18	Thursday 7/19	Friday 7/20
<p>Roast Turkey with WG Stuffing, WW Roll and Gravy</p> <p>Mashed Potatoes Broccoli Florets Fresh Fruit and Peaches 1% Milk</p>	<p>Meat and Cheese Lasagna with WG Bread Stick</p> <p>Green Beans Marinated Vegetable Salad Fresh Fruit and Pears 1% Milk</p>	<p>WG Taco Casserole with Carrot Coins, Southwestern Coleslaw, and WG Roll</p> <p>Orange Juice and Fresh Apple 1% Milk</p>	<p>Carolina BBQ Chicken with WG Roll</p> <p>Sweet Potatoes Fries Seasoned Collard Greens Fresh Fruit and Pineapple 1% Milk</p>	<p>Cheese Pizza on WG Crust</p> <p>Baked Beans Mixed Green Salad with Dressing Fresh Fruit and Applesauce 1% Milk</p>
Monday 7/23	Tuesday 7/24	Wednesday 7/25	Thursday 7/26	Friday 7/27
<p>Krispy Chicken with WG Roll</p> <p>Green Peas Pacific Chef Cut Vegetables Fresh Fruit and Pineapples 1% Milk</p>	<p>Turkey Pot Pie with WG Roll</p> <p>Roasted Sweet Potatoes Spinach and Tomato Salad Fresh Fruit and Peaches 1% Milk</p>	<p>Cheesy Beef Casserole with Carrot Coins, Confetti Coleslaw and WG Roll</p> <p>Apple Juice and Fresh Orange 1% Milk</p>	<p>Meatloaf with WG Roll and Gravy</p> <p>Mashed Potatoes Broccoli Florets Fresh Fruit and Applesauce 1% Milk</p>	<p>Cheese Pizza on WG Crust</p> <p>Spicy Baked Beans Tossed Salad with Dressing Fresh Fruit and Pears 1% Milk</p>