

FEBRUARY HIGH SCHOOL MENU 2017-2018

Monday 2/5	Tuesday 2/6	Wednesday 2/7	Thursday 2/8	Friday 2/9
Roast Turkey with Gravy and WG Roll OR Hot Dog on WW Bun with Mustard OR OR Selection of Pre-Made Salads + WG Roll and Dressing or Assorted WG Sandwiches Roasted Sweet Potato Broccoli Florets Fresh Fruit and Applesauce 1% Milk or FF Chocolate Milk	Beef Stew and WG Biscuit OR BBQ Chicken Sandwich on WW Bun OR Selection of Pre-Made Salads, Roll and Dressing or Assorted Sandwiches Whole Kernel Corn Marinated Vegetable Salad Fresh Fruit and Pineapple 1% Milk or FF Chocolate Milk	Shepherd Pie with WW Roll, Carrots and Pineapple Coleslaw OR Selection of Pre-made Salads with WW Roll and Dressing Orange Juice and Fresh Apple 1% Milk or FF Chocolate Milk	Asian Baked Chicken with WG Roll OR Egg and Sausage WG Sandwich OR Selection of Pre-Made Salads, Roll and Dressing or Assorted Sandwiches California Blend Seasoned Spinach Fresh Fruit and Pears 1% Milk or FF Chocolate Milk	Taco or Cheese Pizza WG Crust OR Hamburger on WW Bun with Lettuce, Tomato and Ketchup OR Selection of Pre-Made Salads + WG Roll and Dressing or Assorted WG Sandwiches Baked Beans Mixed Green Salad with Dressing Fresh Fruit and Peaches 1% Milk or FF Chocolate Milk
Monday 2/12	Tuesday 2/13	Wednesday 2/14	Thursday 2/18	Friday 2/16
Spaghetti and Meat Sauce Casserole WG Bread Stick OR Turkey Burger on WW Bun with Tomato, Lettuce and Ketchup OR Selection of Pre-Made Salads, Roll and Dressing or Assorted Sandwiches Green Peas Golden Chef Cut Vegetables Fresh Fruit and Pears 1% Milk or FF Chocolate Milk	Herb Baked Chicken with WG Roll OR Steak/Cheese on WG Hoagie OR Selection of Pre-Made Salads, Roll and Dressing or Assorted Sandwiches Broccoli Florets Cucumber and Tomato Salad Fresh Fruit and Applesauce 1% Milk or FF Chocolate Milk	Beef, WG Macaroni and Tomato Casserole with Creamy Coleslaw, WG Roll and Carrots OR Selection of Pre-made Salads with WW Roll and Dressing Apple Juice and Fresh Orange 1% Milk or FF Chocolate Milk	Salisbury Steak with Gravy and WG Roll OR Spicy Chicken Burrito OR Selection of Pre-Made Salads, Roll and Dressing or Assorted Sandwiches Roasted Sweet Potatoes Whole Kernel Corn Fresh Fruit and Peaches 1% Milk or FF Chocolate Milk	Sausage or Cheese Pizza WG Crust OR Fish WG Sandwich and Tartar Sauce OR OR Selection of Pre-Made Salads, Roll and Dressing or Assorted Sandwiches BBQ Baked Beans Tossed Salad with Dressing Fresh Fruit and Pineapple 1% Milk or FF Chocolate Milk
Monday 2/19	Tuesday 2/20	Wednesday 2/21	Thursday 2/22	Friday 2/23
Presidents' Day NO School for Students and Staff	Meat and Cheese Lasagna with WG Bread Stick OR Crunchy Pollack Burger on WW Bun with Tartar Sauce OR Selection of Pre-Made Salads, Roll and Dressing or Assorted Sandwiches Green Beans Marinated Vegetable Salad Fresh Fruit and Pears 1% Milk or FF Chocolate Milk	WG Taco Casserole with Carrot Coins, Southwestern Coleslaw, and WG Roll OR Selection of Pre-made Salads with WW Roll and Dressing Orange Juice and Fresh Apple 1% Milk or FF Chocolate Milk	Carolina BBQ Chicken with WG Roll OR Turkey Caritas Burrito on WG Tortilla OR Selection of Pre-made Salads and Sandwiches with WW Roll Sweet Potatoes Fries Seasoned Collard Greens Fresh Fruit and Pineapple 1% Milk or FF Chocolate Milk	Hamburger or Cheese Pizza on WG Crust OR Hot Dog on WW Bun with Mustard OR Selection of Pre-Made Salads + WG Roll and Dressing or Assorted WG Sandwiches Baked Beans Mixed Green Salad with Dressing Fresh Fruit and Applesauce 1% Milk or FF Chocolate Milk
Monday 2/26	Tuesday 2/27	Wednesday 2/28	Thursday 3/1	Friday 3/2
Chili Bean WG Rice Casserole OR Grilled Cheese on WW Sandwich with Tomato Soup OR Selection of Pre-Made Salads, Roll and Dressing or Assorted Sandwiches Green Peas Pacific Chef Cut Vegetables Fresh Fruit and Pineapples 1% Milk or FF Chocolate Milk	Krispy Chicken and WG Roll OR Meatball Sub on WG Bun OR Selection of Pre-Made Salads + WG Roll and Dressing or Assorted WG Sandwiches Roasted Sweet Potatoes Spinach and Tomato Salad Fresh Fruit and Peaches 1% Milk or FF Chocolate Milk	Cheesy Beef Casserole with Carrot Coins, Confetti Coleslaw and WG Roll OR Selection of Pre-made Salads with WW Roll and Dressing Apple Juice and Fresh Orange 1% Milk or FF Chocolate Milk	Meatloaf with WG Roll and Gravy OR Fish Sandwich WG Bun with Tartar Sauce OR Selection of Pre-Made Salads + WG Roll and Dressing or Assorted WG Sandwiches Mashed Potatoes Broccoli Florets Fresh Fruit and Applesauce 1% Milk or FF Chocolate Milk	BBQ Chicken or Cheese Pizza on WG OR Southwestern Turkey Burger on WW Bun Lettuce, Tomato and Ketchup OR Selection of Pre-Made Salads + WG Roll and Dressing or Assorted WG Sandwiches Spicy Baked Beans Tossed Salad with Dressing Fresh Fruit and Pears 1% Milk or FF Chocolate Milk