

APRIL HIGH SCHOOL MENU 2017-2018

Monday 4/2	Tuesday 4/3	Wednesday 4/4	Thursday 4/5	Friday 4/6
Spring Break	<p>Beef Stew and WG Biscuit OR BBQ Chicken Sandwich on WW Bun OR Selection of Pre-Made Salads, Roll and Dressing or Assorted Sandwiches</p> <p>Whole Kernel Corn Marinated Vegetable Salad Fresh Fruit and Pineapple 1% Milk or FF Chocolate Milk</p>	<p>Shepherd Pie with WW Roll, Carrots and Pineapple Coleslaw OR Selection of Pre-made Salads with WW Roll and Dressing</p> <p>Orange Juice and Fresh Apple 1% Milk or FF Chocolate Milk</p>	<p>Asian Baked Chicken with WG Roll OR Egg and Sausage WG Sandwich OR Selection of Pre-Made Salads, Roll and Dressing or Assorted Sandwiches</p> <p>California Blend Seasoned Spinach Fresh Fruit and Pears 1% Milk or FF Chocolate Milk</p>	<p>Taco or Cheese Pizza WG Crust OR Hamburger on WW Bun with Lettuce, Tomato and Ketchup OR Selection of Pre-Made Salads + WG Roll and Dressing or Assorted WG Sandwiches</p> <p>Baked Beans Mixed Green Salad with Dressing Fresh Fruit and Peaches 1% Milk or FF Chocolate Milk</p>
Monday 4/9	Tuesday 4/10	Wednesday 4/11	Thursday 4/12	Friday 4/13
<p>Spaghetti and Meat Sauce Casserole WG Bread Stick OR Turkey Burger on WW Bun with Tomato, Lettuce and Ketchup OR Selection of Pre-Made Salads, Roll and Dressing or Assorted Sandwiches</p> <p>Green Peas Golden Chef Cut Vegetables Fresh Fruit and Pears 1% Milk or FF Chocolate Milk</p>	<p>Herb Baked Chicken with WG Roll OR Steak/Cheese on WG Hoagie OR Selection of Pre-Made Salads, Roll and Dressing or Assorted Sandwiches</p> <p>Broccoli Florets Cucumber and Tomato Salad Fresh Fruit and Applesauce 1% Milk or FF Chocolate Milk</p>	<p>Beef, WG Macaroni and Tomato Casserole with Creamy Coleslaw, WG Roll and Carrots OR Selection of Pre-made Salads with WW Roll and Dressing</p> <p>Apple Juice and Fresh Orange 1% Milk or FF Chocolate Milk</p>	<p>Salisbury Steak with Gravy and WG Roll OR Spicy Chicken Burrito OR Selection of Pre-Made Salads, Roll and Dressing or Assorted Sandwiches</p> <p>Roasted Sweet Potatoes Whole Kernel Corn Fresh Fruit and Peaches 1% Milk or FF Chocolate Milk</p>	<p>Sausage or Cheese Pizza WG Crust OR Fish WG Sandwich and Tartar Sauce OR OR Selection of Pre-Made Salads, Roll and Dressing or Assorted Sandwiches</p> <p>BBQ Baked Beans Tossed Salad with Dressing Fresh Fruit and Pineapple 1% Milk or FF Chocolate Milk</p>
Monday 4/16	Tuesday 4/17	Wednesday 4/18	Thursday 4/19	Friday 4/20
<p>Roast Turkey with WG Stuffing, WW Roll and Gravy OR Sloppy Joe Sandwich on WW Bun OR Selection of Pre-Made Salads + WG Roll and Dressing or Assorted WG Sandwiches</p> <p>Mashed Potatoes Broccoli Florets Fresh Fruit and Peaches 1% Milk or FF Chocolate Milk</p>	<p>Meat and Cheese Lasagna with WG Bread Stick OR Crunchy Pollack Burger on WW Bun with Tartar Sauce OR Selection of Pre-Made Salads, Roll and Dressing or Assorted Sandwiches</p> <p>Green Beans Marinated Vegetable Salad Fresh Fruit and Pears 1% Milk or FF Chocolate Milk</p>	<p>WG Taco Casserole with Carrot Coins, Southwestern Coleslaw, and WG Roll OR Selection of Pre-made Salads with WW Roll and Dressing</p> <p>Orange Juice and Fresh Apple 1% Milk or FF Chocolate Milk</p>	<p>Carolina BBQ Chicken with WG Roll OR Turkey Caritas Burrito on WG Tortilla OR Selection of Pre-made Salads and Sandwiches with WW Roll</p> <p>Sweet Potatoes Fries Seasoned Collard Greens Fresh Fruit and Pineapple 1% Milk or FF Chocolate Milk</p>	<p>Hamburger or Cheese Pizza on WG Crust OR Hot Dog on WW Bun with Mustard OR Selection of Pre-Made Salads + WG Roll and Dressing or Assorted WG Sandwiches</p> <p>Baked Beans Mixed Green Salad with Dressing Fresh Fruit and Applesauce 1% Milk or FF Chocolate Milk</p>
Monday 4/23	Tuesday 4/24	Wednesday 4/25	Thursday 4/26	Friday 4/27
<p>Krispy Chicken with WG Roll OR Fish Sandwich on WW Bun with Tartar Sauce OR Selection of Pre-Made Salads, Roll and Dressing or Assorted Sandwiches</p> <p>Green Peas Pacific Chef Cut Vegetables Fresh Fruit and Pineapples 1% Milk or FF Chocolate Milk</p>	<p>Turkey Pot Pie with WG Roll OR Meatball Sub on WG Bun OR Selection of Pre-Made Salads + WG Roll and Dressing or Assorted WG Sandwiches</p> <p>Roasted Sweet Potatoes Spinach and Tomato Salad Fresh Fruit and Peaches 1% Milk or FF Chocolate Milk</p>	<p>Cheesy Beef Casserole with Carrot Coins, Confetti Coleslaw and WG Roll OR Selection of Pre-made Salads with WW Roll and Dressing</p> <p>Apple Juice and Fresh Orange 1% Milk or FF Chocolate Milk</p>	<p>Meatloaf with WG Roll and Gravy OR Grilled Turkey and Cheese Sandwich on WG Bun OR Selection of Pre-Made Salads + WG Roll and Dressing or Assorted WG Sandwiches</p> <p>Mashed Potatoes Broccoli Florets Fresh Fruit and Applesauce 1% Milk or FF Chocolate Milk</p>	<p>BBQ Chicken or Cheese Pizza on WG OR Southwestern Turkey Burger on WW Bun Lettuce, Tomato and Ketchup OR Selection of Pre-Made Salads + WG Roll and Dressing or Assorted WG Sandwiches</p> <p>Spicy Baked Beans Tossed Salad with Dressing Fresh Fruit and Pears 1% Milk or FF Chocolate Milk</p>