We are all born with great potential. Shouldn’t we all have the chance to achieve it?

Kennedy Krieger Institute

Who We Are
We strive to help our patients lead healthy and satisfying lives. We serve children and adults with a range of diagnoses, including:

• Spina bifida
• Myelomeningocele (meningomyelocele)
• Myelodysplasia
• Hydrocephalus
• Arnold-Chiari malformation
• Tethered spinal cord syndrome
• Caudal regression syndrome
• Sacral dysgenesis
• Other multiple congenital anomaly syndromes

The Center has seen an increasing number of adults over the past 10 years, because of a lack of providers with expertise in spina bifida nationwide. We are also identifying previously undiagnosed neurocognitive dysfunction in patients with spina bifida.

Our Team
The Keelty Center’s team brings together experts from multiple disciplines to provide quality medical care with a focus on optimizing health and function, preventing secondary conditions, and coordinating healthcare services. We specialize in:

• Behavioral psychology
• Child life
• Neuropsychology
• Nursing
• Nutrition
• Occupational therapy
• Pediatrics
• Pediatric orthopedics
• Pediatric rehabilitation
• Pediatric urology
• Physical therapy
• Social work

Our Approach
Spina bifida is a complex condition that requires comprehensive care to address multiple challenges. The Keelty Center offers a unique approach to comprehensive spina bifida care by integrating care and support for not only a patient’s medical needs, but also habilitative, educational, and social issues, such as school readiness or athletic participation. Our model incorporates the latest World Health Organization methods and recommendations for improving function and quality of life in individuals with disabilities.

We also evaluate and treat secondary conditions, such as seizures, coordination problems or weakness, learning disabilities, chronic wounds, or bowel and bladder incontinence, through a working partnership between Kennedy Krieger team members, our patients, and their families. Treatment plans are coordinated with the patient’s family, primary care provider, school, and other applicable community services.

Services Offered
Multidisciplinary Spina Bifida Clinic (MDSBC)
This clinic provides evaluations and periodic follow-ups. Routine kidney and bladder ultrasounds are also arranged as part of the program. We recommend that all individuals with spina bifida and related conditions regularly follow up with the MDSBC to monitor for problems and prevent secondary conditions. For infants younger than 2 years, regular visits to the clinic are recommended every three months. For those older than 2, routine multidisciplinary follow-up is recommended every six months. More frequent appointments with individual providers are also advised for individuals with ongoing problems or those who need extensive training to learn a new skill, such as bowel or bladder continence training.
Hours of Operation

Multidisciplinary Spina Bifida Clinics (MDSBC) are held on the second, fourth, and fifth Friday of the month, and run from 11 a.m. until 5 p.m. In addition, a clinical service coordinator experienced in managing spina bifida–related problems is available by phone to answer questions at 443-923-9130 from 8:30 a.m. until 5 p.m., Monday through Friday, excluding holidays.

Separate appointments with individual providers can be arranged for patients who want to focus on one issue at a time or for those who, because of scheduling problems, cannot visit the clinic. The schedule is as follows:

- First and third Friday mornings of each month – all patients
- First and third Monday afternoons – pediatric patients only
- First and third Thursday afternoons – pediatric patients only

Contact Information

Philip A. Keelty Center for Spina Bifida and Related Conditions
For more information or to schedule an appointment, please call 443-923-9400, or toll-free at 888-554-2080.
TTY: 443-923-2645 or Maryland Relay 711
kennedykrieger.org

Physicians & Healthcare Professionals
To make a referral, call our Physician Referral Line at 443-923-9403.

Clinic Location:
801 North Broadway
Baltimore, MD 21205

Mailing Address:
707 North Broadway
Baltimore, MD 21205