Who We Are
The Neonatal Intensive Care Unit (NICU) Follow-up Clinic at Kennedy Krieger Institute works in coordination with area hospitals to provide critical neonatal follow-up and intervention at the earliest opportunity. Our goal is to reduce your baby’s risk of future challenges with language, hearing, sight, feeding, and behavioral, motor, and intellectual development. Initial evaluations in our clinic may be scheduled before your baby leaves another hospital’s NICU, or at any time after discharge.

Who We Serve
We provide care for infants who were born prematurely or who have been seriously ill in the nursery. This includes infants who:
• Experience brain injury, such as neonatal brain hemorrhage,
• Experience neurologic complications in the NICU,
• Have genetic disorders identified in the nursery, or
• Have low birth weight.

Our Treatment Approach
Having a baby in a hospital’s neonatal intensive care unit is a stressful situation, and leaving the hospital can be just as stressful because of the unknown. Our NICU Follow-up Clinic can guide you and your baby as you journey through the months after discharge in a number of ways:

• To help identify areas of developmental delay or concern, your baby will receive a comprehensive evaluation by our experienced specialists in neonatal development. Ideally, babies are seen for the first time one to three months after discharge from the hospital. Infants and toddlers will be assessed in the following areas of development:
  • Gross motor skills
  • Visual motor skills
  • Language skills
  • Socialization skills
  • Sensory impairments (vision and hearing)

On average, your appointments will be 60 minutes long. Be sure to bring all of the necessities for diapering and feeding. The appointment will be used solely to focus on you and your baby, so if your child has other siblings, please arrange care for them during your visit.

We are all born with great potential. Shouldn’t we all have the chance to achieve it?
• We will create a plan to help determine appropriate early intervention services and generate suitable referrals.
• You will be given an opportunity to ask questions about your baby’s development and behavior.
• You will receive feedback, with recommendations for intervention and treatment options.
• Your plan can easily be shared with your baby’s care provider, pediatrician, and other community professionals, at your request.

Additional follow-up is recommended every three to six months until age two, and then yearly.

Our Team
The NICU Follow-up Clinic’s interdisciplinary team includes a wide range of healthcare professionals who work together to ensure the best possible outcomes for your baby. These include:
• Nurse practitioners trained in neonatology
• Neonatologists
• Neurodevelopmental specialists
• Neuropsychologists
• Physical therapists
• Nurses

The clinic can also provide access to additional support and services, as needed, from the following pediatric specialists:
• Nutritionists
• Feeding disorders specialists
• Occupational therapists
• Speech and language pathologists
• Audiologists
• Orthopedists

“My daughter is shining. She struggled but we made some changes. Kennedy Krieger has made this possible for my daughter because I followed up with the NICU Follow-up Clinic.”
– NICU Follow-up Clinic Parent

Learn more about the importance of NICU follow-up by viewing our video at NICU.KennedyKrieger.org

Contact Information
NICU Follow-up Clinic at Kennedy Krieger Institute
For more information or to speak to an intake coordinator, please call 443-923-9400, or toll-free at 888-554-2080 or email NICU@KennedyKrieger.org. TTY: 443-923-2645 or Maryland Relay 711.

Physicians & Healthcare Professionals
To make a referral, call our Physician Referral Line at 443-923-9403.

Clinic Location:
801 North Broadway
Baltimore, MD 21205

Kennedy Krieger Institute recognizes and respects the rights of patients and their families and treats them with courtesy and dignity. Kennedy Krieger Institute provides care that preserves cultural, psychosocial, spiritual, and personal values, beliefs, and preferences. Care is free from discrimination based on age, race, ethnicity, religion, culture, language, physical or mental disability, socioeconomic status, sex, sexual orientation, and gender identity or expression including transgender. We encourage patients and families to become active partners in their care by asking questions, seeking resources, and advocating for the services and support they need.