Brain Injury Outpatient Clinics at Kennedy Krieger Institute

Who We Are

Brain injuries vary widely in severity, with consequences ranging from mild cognitive and behavioral problems to significant limitations in daily living. In our Brain Injury Outpatient Clinics at Kennedy Krieger Institute, we offer a range of services designed to address all levels of need, including diagnostic and comprehensive evaluation and treatment, along with follow-up when needed. The mission of our outpatient specialty clinics is to help individuals with brain injuries to participate fully in their homes, schools, and community.

Established in 1979, Kennedy Krieger Institute is one of the nation’s leading centers for pediatric brain injury rehabilitation. Our pediatric brain injury program was the first in Maryland to receive accreditation from the Commission on the Accreditation of Rehabilitation Facilities (CARF).

Our Clinics

Our clinics were developed to meet the most common needs of children with varying levels of brain injury.

• Sports NeuroRehabilitation Concussion Clinic:
Concussion is the mildest form of brain injury. In this clinic, children ages 5 to 18 years are seen by a physician and neuropsychologist for the purpose of diagnosing and treating a concussion. Our goal is to determine the best path for the child’s recovery and to help the child return to academic, athletic, and community life. We also provide education and support for families who have questions about their child’s recovery.

• Brain Injury Early Assessment and Intervention Clinic: In this clinic, a neuropsychologist evaluates children ages 4 to 18 years with brain injuries significant enough to require a previous brief inpatient admission. This evaluation focuses on minimizing the impact of ongoing difficulties and preventing problems that may interfere with recovery. As necessary, the neuropsychologist provides recommendations to ensure that these individuals succeed in their transitions back to their homes, schools, and community lives. If needed, referrals are made to other providers.

• Pediatric Rehabilitation Clinic: Children who require more extensive interdisciplinary care are evaluated and followed in our pediatric rehabilitation clinic. Physicians, neuropsychologists, behavioral psychologists, and educators evaluate children to ensure that all of their long- and short-term rehabilitation needs are being met. Common problems addressed include motor difficulties, feeding issues, school concerns, and behavior management. In addition, this clinic serves children with brain injuries who are younger than 4 years old.

Every child is born with great potential. Shouldn’t every child have the chance to achieve it?

For more information, visit www.kennedykrieger.org or call 888-554-2080
Dos and Don’ts After a Brain Injury
At your clinic visit, we will try to answer every question you have about what your child should or shouldn’t do after a brain injury. In the meantime, if you have received any specific instructions regarding your child’s care, please follow those instructions. If not, the information below can serve as general guidelines for your child’s activity.

Sleep
- Children often need more sleep than usual after a brain injury.
- Help your child get good sleep overnight, and allow your child to take naps if he or she is tired.
- Avoid late nights and sleepovers.

Physical Activity
- Your child should not participate in any contact sports or other high-risk activities (such as skateboarding or bicycling) until cleared by a healthcare professional.
- Your child should not participate in gym class, physical activity at recess, sports practices, or games until cleared by a healthcare professional.

School
- It is important for children to get back to school as they start to feel better.
- Inform your child’s teachers, school nurse, school psychologist or counselor, and administrators about your child’s injury and symptoms.
- At first, try having your child return to school for only part of the day.
- As your child feels better, work up to a full day at school.
- Ask that accommodations be immediately put in place.
- Your child may need periodic rest breaks and extra help.
- Your child may not perform their best on tests.
- As your child feels better, extra support at school can be slowly removed.

“Our visits to the clinic have been great. It’s quite a place. Christopher’s injuries were scary, and it was such a comfort to know that places like Kennedy Krieger’s Concussion Clinic were taking such good care of him.”

–Mother of patient

Contact Information
Brain Injury Outpatient Clinics
Our staff works quickly with families to determine which clinic best meets the needs of the child. For more information or to schedule an appointment, please call 443-923-9400 or toll-free at 888-554-2080.

TTY: 443-923-2645 or Maryland Relay 711
www.kennedykrieger.org

Physicians and Healthcare Professionals
Healthcare professionals wishing to refer a patient should call our Physician Referral Line at 443-923-9403.

Brain Injury Early Assessment and Intervention Clinic:
707 North Broadway
Baltimore, Md. 21205

Sports NeuroRehabilitation Concussion and Pediatric Rehabilitation Clinics:
801 North Broadway
Baltimore, Md. 21205