

Behavior Health Services *for Military Families*



We are all born with great potential.
Shouldn't we all have the chance to achieve it?





*In my mind,
I am very brave.*

Overview

The Behavioral Psychology Department at Kennedy Krieger Institute is staffed by licensed psychologists who are specifically trained to understand and serve the unique needs of military families. Our clinical staff is experienced in treating behavior problems that often accompany deployment and other military stressors.

Our clinicians provide therapy to children with emotional and behavior difficulties. We treat children from age 2 through 17 years, and have clinicians who specialize in the different stages of childhood development.

Behavior Problems Addressed

- Aggression and bullying
- Attention difficulties
- Deployment-related problems
- Eating/feeding problems
- Family conflict
- Mood problems
- Noncompliance or defiance
- School behavior and academic problems
- Self-esteem
- Sleep and bedtime problems
- Social skills problems
- Tantrums and acting out
- Toileting problems

Diagnoses Served

- Adjustment disorder
- Anxiety disorders
- Attention deficit hyperactivity disorder
- Autism spectrum disorders
- Depressive disorder
- Intellectual disability
- Oppositional defiant disorder

Our Treatment Services

Our treatment approach includes behavioral interventions, cognitive behavioral therapy, family systems, and developmental perspectives. We also train parents in problem-solving strategies, and educate them in child development and childhood disorders. Clinicians provide treatment that is tailored to the needs of your child and family.

In addition to working directly with families, we also collaborate with schools, daycare centers, pediatricians, psychiatrists, and state agencies to ensure that our patients have access to all of the services they need.

Military Family Interactive Network (MFIN)

The Behavioral Psychology Department also offers the Military Family Interactive Network (MFIN), a website that links Maryland's active duty military families with behavioral health professionals. Parents complete a brief survey online, then connect with a psychologist to discuss their concerns and identify appropriate services and resources. To access MFIN, visit milfaminternet.org.



Referrals and Appointments

Kennedy Krieger Institute is a TRICARE (Prime, Standard, and USFHP) provider.

To make a referral or to schedule an appointment, please call **443-923-7508** or **Maryland Relay 711**.

Referral Specialists are available Monday through Friday, 8:30 a.m. to 4:30 p.m.

Clinic Locations:

Aliceanna Clinic
720 Aliceanna Street, 2nd Floor
Baltimore, MD 21202

Fairmount Clinic
1750 E. Fairmount Avenue
Baltimore, MD 21231

Columbia Clinic
9810 Patuxent Woods Drive
Suite C
Columbia, MD 21046

Odenton Clinic
1132 Annapolis Road
Suite 200
Odenton, MD 21113