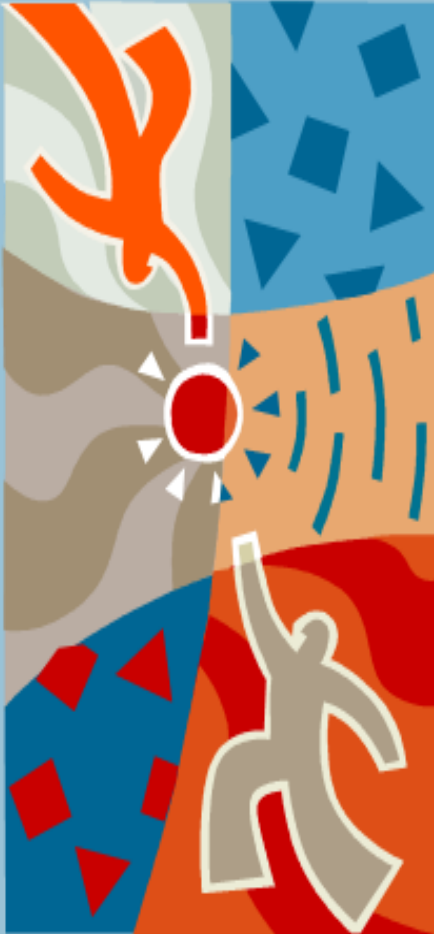


The Center for Child and Family Traumatic Stress at Kennedy Krieger Institute's



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- **Children** with incarcerated parents experience high levels of stress that interfere with their adjustment and development.
- **Caregivers** of children with incarcerated parents face unique challenges in caring for children living with the stress related to having an incarcerated parent.

Using the *Children of Incarcerated Parents Toolkit*®, mental health providers, educators, lawyers/judges and social service professionals can better assist children with incarcerated parents and their caregivers.

The toolkit is a practical and easy to use collection of materials designed to promote resiliency in children with incarcerated parents. The toolkit is based on six critical areas of focus: consistency and structure, incarceration explanation, reduction of stigmatization, coping skills, facilitation of parent contact and support system.

Tool Kit contents:

Family Adjustment Tool ©for Parental Incarceration
Educational Materials
Community Resources in Baltimore
Professional Development Power Point
Recommended book list for children of varying ages, their caregivers and service providers.



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