Dear Colleague,

For over 75 years, Kennedy Krieger Institute has been a national leader in providing patient care for children and young adults with disorders and injuries of the brain, spinal cord, and musculoskeletal system.

Our medical staff of more than 200 physicians, representing more than 50 specialties, and a staff of more than 2,400 dedicated employees provide your patients unique access to the latest in research and treatment models in the areas of neurorehabilitation, behavioral disorders, and other developmental disorders.

To ensure that your patients receive the best care possible, we take an interdisciplinary team approach that starts with you, the referring physician. Our staff works closely with you and your patients and families to develop comprehensive and individualized treatment plans. Depending on their needs, we can offer your patients care in a variety of settings, including a 70-bed inpatient unit, outpatient programs that see more than 20,000 patients each year, day treatment services, and home- and community-based programs.

In addition to the news, updates, and inspiring stories you’ll find inside Potential magazine, we’ve provided an overview of the Institute’s programs and services, as well as clinical and research updates. If you have any questions or would like to learn more about any of our patient care programs, please call our Physician Referral Line at 443-923-9403 or email us at findaspecialist@kennedykrieger.org.

Sincerely,
Gary W. Goldstein, MD
NEW PROGRAM: NEUROPSYCHIATRY FOR PATIENTS WITH EPILEPSY

The Neuropsychiatry in Epilepsy Program at Kennedy Krieger Institute is a specialty program for children and adolescents ages 4 to 17 with behavioral complications associated with epilepsy. Epilepsy often involves difficulties with thinking, learning, mood, and anxiety—problems that may be even more complicated than the seizure episodes themselves. The specialists in the Neuropsychiatry in Epilepsy Program have experience with a wide variety of seizure disorders, as well as neuropsychiatric conditions, and apply an interdisciplinary approach to patient evaluation and treatment. Kennedy Krieger’s program is unique because of its highly specialized approach combining neurology and psychiatry to address mental health problems that may co-occur with seizure disorders.

Our team is led by Jay A. Salpekar, MD, an internationally renowned physician and scholar in the field of neuropsychiatry. A wide range of disciplines are associated with the program, including:

- Child neurology
- Neuropsychology
- Social work
- Nursing
- Neurodevelopmental disabilities
- Cognitive and behavioral neurology
- Neurorehabilitation

As part of our coordinated care model, our team collaborates closely with other subspecialists. This model allows our patients to see multiple clinicians in one convenient location.

For more information or to make a referral, call 443-923-9403 or email indaspecialist@kennedykrieger.org.

EVENTS, RESOURCES, AND TOOLS FOR HEALTHCARE PROFESSIONALS:

Mark your calendar for these events in 2015:

- **March 16, 2015** – Physical and Occupational Therapy Workshop. Topic: Therapeutic Advanced Technology for Use Across the Lifespan
- **April 30, 2015** – Annual Linda Schuberth Occupational Therapy Lecture. Topic: Dyspraxia/Developmental Coordination Disorder
- **October 15 – 16, 2015** – 15th Annual Autism Conference

For more information about conferences and events, visit kennedykrieger.org/calendar.

Healthcare Professionals Survey:

**A Donut for Your Thoughts?**

Our goal is to gain a better understanding of what matters to physicians when treating patients with disorders and injuries of the brain, spinal cord, and musculoskeletal system. Your responses will be confidential, and results will only be shared in aggregate. The survey will only take a few minutes.

And if you’re among the first 100 participants to complete the survey, we’ll send you a $5 Dunkin’ Donuts gift card! The survey is available until February 28, 2014, at surveymonkey.com/s/hcreader.

To view other available publications for professionals, visit referrals.kennedykrieger.org.
ADAPTIVE SPORTS PROGRAM FOR INDIVIDUALS WITH DISABILITIES

It is well established that exercise offers health and quality of life benefits, yet individuals with physical disabilities may have few opportunities to participate in organized recreational activities. The Adaptive and Rehabilitative Sports Program at Kennedy Krieger Institute provides recreational and athletic experiences for individuals of all ages with physical conditions ranging from cerebral palsy to limb differences to spinal cord injuries. The program offers more than 20 sports, helping individuals with disabilities rebuild their strength and sense of independence while they increase body awareness, build self-confidence, learn new life skills, and make new friends. All activities are supervised by experienced staff, including recreational and physical therapists, and take into account individual needs and abilities. Adaptive equipment is available. Many of the sports are played at Kennedy Krieger’s new multi-purpose, state-of-the-art sports stadium, Baltimore City’s first accessible sports complex.

For more information about the adaptive sports program, visit kennedykrieger.org adaptive-sports.

PROGRAM SPOTLIGHT: FOCUSED INTENSIVE THERAPY PROGRAM BOOSTS GOAL ACHIEVEMENT

For children and young adults with persistent disabling conditions, Kennedy Krieger therapists work together to implement individualized short-term intensive programs. These intensive therapy boosts can help improve:

- Physical abilities, such as sitting, standing, or walking
- Daily activities, such as handwriting, eating, or dressing
- Communication skills, such as the use of an augmentative device, articulation, or breath support
- Cognitive skills, such as memory or organizational skills

The specific frequency and duration of therapy varies according to the age, abilities, and therapy goals of each individual. However, patients enrolled typically receive therapy three to six hours per day, five days a week, for four to six weeks. The program uses a variety of therapeutic equipment to assist patients in reaching their goals, including robotics, electrical stimulation, gait trainers, and other innovative technologies. Patients and families have found this intensive therapy program successful, with 92 percent of patients meeting or exceeding goals in areas such as mobility, strength, endurance, and increased independence in the home and community.

For more information or to make a referral, email findaspecialist@kennedykrieger.org or call 443-923-9403.
PATIENT CARE PROGRAMS & SERVICES

**Inpatient Pediatric Programs**

- Feeding Disorders Unit
- Neurobehavioral Unit (NBU)
- Rehabilitation Unit—Brain Injury, Pain Rehabilitation, Post-Orthopedic Surgery, and Spinal Cord Injury

**Outpatient Centers, Programs, and Services**

- International Adoption Clinic
- Albright Clinic
- Aquatic Therapy Program
- Assistive Technology Clinic
- Audiology Program
- Center for Autism and Related Disorders
- Barth Syndrome Clinic
- Behavior Management Clinic
- Bone Disorders Program
- Botulinum Toxin Treatment Program
- Brachial Plexus Clinic
- Interdisciplinary Brain Injury Clinic
- Brain Injury Program
- Phelps Center for Cerebral Palsy and Neurodevelopmental Medicine
- Child and Family Support Program
- Child and Family Therapy Clinic
- Community Rehabilitation Program
- Neurorehabilitation Concussion Clinic
- Constraint-Induced and Bimanual Therapy Program
- Cranial Cervical Clinic
- Deafness-Related Evaluations Clinic
- Center for Development and Learning
- Developmental Cognitive Neurology Clinic
- Pediatric Developmental Disorders Clinic
- Down Syndrome Clinic and Research Center
- Family Center
- Pediatric Feeding Disorders Program
- Fetal Alcohol Spectrum Disorders Program
- Focused Interdisciplinary Therapy Program
- Fragile X Clinic
- Healthy Lifestyles Therapy Program
- Center for Holoprosencephaly and Related Malformations
- Intrathecal Baclofen Program
- Moser Center for Leukodystrophies
- Limb Differences Clinic
- Military Behavioral Health Services
- Movement Disorders Program
- Center for Genetic Muscle Disorders
- Neurobehavioral Outpatient Program
- Neurology and Developmental Medicine Program
- Neurology and Neurogenetics Clinic
- Neuropsychiatry in Epilepsy Program*
- Clinical Neurophysiology Clinic
- Clinical Neurophysiology Laboratory
- Neuropsychology and Developmental Outpatient Clinics
- NICU Follow-up Clinic
- Nutrition Clinic
- Occupational Therapy Clinic
- Orthopedic Outpatient Clinic
- Osteogenesis Imperfecta Clinic
- Pediatric Pain Rehabilitation Program
- Physical Therapy Clinic
- Psychiatry Clinic
- Pediatric Psychology and Consultation Clinic
- Pediatric Rehabilitation Clinic
- Seating Clinic
- Sickle Cell Neurodevelopmental Clinic
- Sleep Disorders Clinic and Laboratory
- Social Work Outpatient Mental Health Clinic
- Specialized Transition Program (STP)
- Speech and Language Clinic
- Philip A. Keelty Center for Spina Bifida and Related Conditions
- International Center for Spina Bifida and Related Conditions
- Hunter Nelson Sturge-Weber Center
- Tuberous Sclerosis Clinic

**Continuums of Care**

Continuums allow patients to be seen through all stages of care, including 24-hour inpatient programs, day treatment, home- and community-based services, and outpatient programs. They include Pediatric Feeding Disorders, Neurobehavioral Disorders, and Pediatric Rehabilitation (brain injury, pain management, post-orthopedic surgery, spinal cord injury).

*Indicates new programs, clinics, and services.

For a complete listing of all diagnoses, disorders, programs, and services, visit kennedykrieger.org/patientcare or call 888-554-2080, TTY 443-923-2645, or Maryland Relay 711.