# Post-COVID-19 Rehabilitation Clinic at Kennedy Krieger Institute

## **COVID-19 and Children**

COVID-19 is caused by a coronavirus (SARS-Co-V-2). The virus affects different people in different ways. People who have been infected with the virus have reported a wide range of symptoms, from mild symptoms to severe illness. While most people recover from COVID-19, it can have lingering effects for some. People who have recovered from COVID-19 may experience physical, cognitive and emotional changes. Children who have contracted the illness are no exception.

#### Who We Are

The Pediatric Post-COVID-19 Rehabilitation Clinic at Kennedy Krieger Institute provides interdisciplinary evaluations and care for children and adolescents who have recovered from COVID-19 but are still experiencing lingering effects. These effects can vary from person to person, and the patient may benefit from a review of ongoing symptoms by a coordinated team. Our interdisciplinary team of experts is wellequipped to address loss of strength, function, and fine motor, thinking and memory skills, as well as any other symptoms.

#### Who We Serve

This clinic treats patients under the age of 21 who have been diagnosed with COVID-19 but are now asymptomatic. Appointments may be conducted in person or via telehealth, or through a combination of both, based on the needs of the individual.

## **Our Team**

Our interdisciplinary team of experts includes:

- Neurologists
- Pediatric rehabilitation medicine physicians
- Mental health specialists
- Physical therapists

The team also works with specialists in other clinical disciplines to create an individualized treatment plan for each patient. This close collaboration helps ensure coordination of care and convenience for families.



## **Our Approach**

Each patient is evaluated by the interdisciplinary team to determine what rehabilitative care is needed for recovery. After the evaluation, the team will discuss the specific needs of each individual patient and develop a personalized rehabilitation plan that meets those needs.

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For more information or to schedule an appointment, please call 443-923-9400, or call toll-free at 888-554-2080. TTY users, please contact us at 443-923-2645, or dial **711** to make a Maryland Relay call.

#### KennedyKrieger.org/CovidClinic

**Physicians and Healthcare Professionals** To make a referral, call our Physician Referral Line at 443-923-9403.

**Mailing Address** 707 North Broadway Baltimore, MD 21205

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