

Center for Excellence in Public Health Leadership Undergraduate Scholars' Programs

~MCHC/RISE-UP~

Mentor's Information Session





Center for Excellence in Public Health Programs

□ Educational opportunities are funded by the Centers for Disease Control and Prevention and the Office of the Assistant Secretary for Health.

1. Dr. James A. Ferguson Emerging Infectious Diseases RISE Fellowship

2. EMURG Health Leaders Fellowship

- 3. Maternal and Child Health Careers-Research Initiatives for Student Enhancement –Undergraduate Program (MCHC/RISE-UP)**



Educational Topics and Priorities

- ❑ Public health experiences focus on public health challenges and promotion of health and wellness
 - ❑ Disabilities/Neurodiversity
 - ❑ Maternal Child Health Issues
 - ❑ CDC Priority Areas
 - ❑ Political and Social Determinants of Health
 - ❑ Infectious Diseases
 - ❑ Mental Health



What we do!

- ❑ Recruit students interested in public health and maternal and child health careers to participate in activities to address ongoing and emerging health challenges and promote health and wellness.
- ❑ Provide didactic interdisciplinary core curricula, externships, and fellowships that incorporate public health competencies to prepare scholars to be leaders in the Public Health field.



What we do!

- ❑ Disseminate information that connects scholars and other professionals to evidence-based practices and new knowledge in the fields of public health.
- ❑ Increase scholars who are prepared for maternal and child health and public health careers.



Scholar Applications Go Live November 3!



Professional Training

Search

Menu

Alumni - The Dock

Training Overview

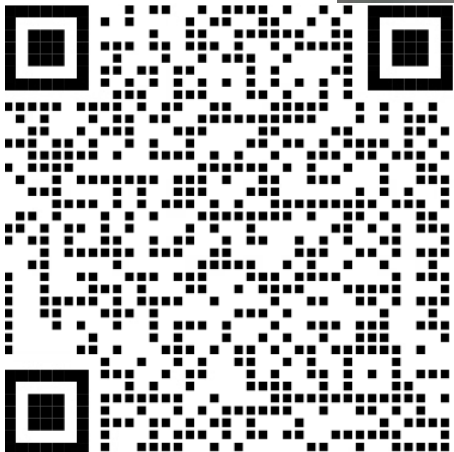
Professional Training Programs

Training Affiliations



**Center for Excellence in
Public Health Leadership**

<https://www.kennedykrieger.org/training/programs/center-for-excellence-in-public-health-leadership>



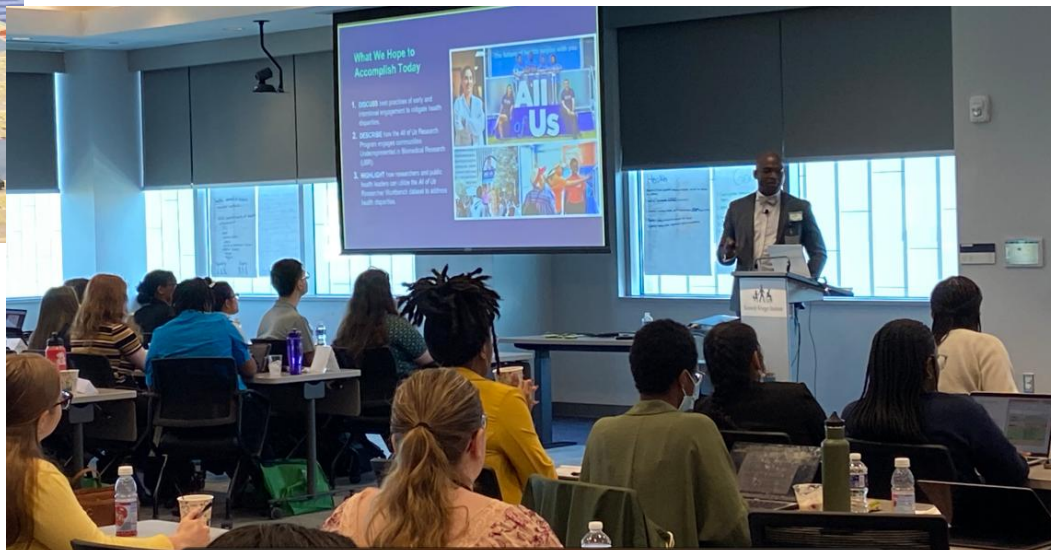


Public Health and Maternal and Child Health Research and Career Exploration

- ❑ Core public health knowledge focusing on health promotion, health access, and social and political determinants of health
- ❑ Maternal and Child Health and Public Health research and clinical experiences
- ❑ Weekly public health research leaders
- ❑ Professional and research development through mentoring
- ❑ Abstract writing and poster development
- ❑ Presentation experience
- ❑ Peer-reviewed publications
- ❑ Leadership experience (e.g., near-peer mentoring)
- ❑ Networking/Employment opportunities



Undergraduate Programs



MCHC/RISE-UP Mentors Needed!

https://discover.kennedykrieger.org/jfe/form/SV_ac5SIWHUqHWhXi6

☐ Three Public Health Leadership Tracks

- ☐ Clinical
- ☐ Community Engagement and Advocacy
- ☐ Research

☐ Mentor Coaches

- ☐ Support the academic and professional development of scholars
- ☐ Review program activities and posters development



Maternal and Child Health Careers/Research Initiatives for Student Enhancement Undergraduate Program (MCHC/RISE-UP)



MCHC-RISE-UP

- ❑ Junior or senior undergraduate scholars or received their baccalaureate degree within 12 calendar months of the MCHC/RISE-UP program orientation.
- ❑ Have a cumulative GPA of 2.7 or better on a 4.0 scale.
- ❑ Be a US citizen, US National, Permanent Resident.
- ❑ Be able to commit to participate in program activities for the length of the MCHC/RISE-UP.
- ❑ **MCHC/RISE-UP Application Opens:** Monday, November 3rd, 2025
- ❑ **MCHC/RISE-UP Application Deadline:** Saturday, January 31st, 2026 (11:59 PM EST)

MCHC-RISE-UP

- ❑ Centers for Disease Control and Prevention (CDC) John R. Lewis Undergraduate Public Health Scholars Program
- ❑ Undergraduate juniors and seniors, and baccalaureate degree scholars
- ❑ MCHC/RISE-UP Public Health Leadership Experiences:
 - ❑ Clinical
 - ❑ Community Engagement & Advocacy
 - ❑ Research



- ❑ Four sites:
 - ❑ Aaniiih Nakoda College/Fort Belknap Community/Tribal Colleges and Universities (TCU)
 - ❑ Kennedy Krieger Institute [Lead]
 - ❑ University of California Davis
 - ❑ University of South Dakota
- ❑ Campus Housing
 - ❑ Kennedy Krieger Institute
 - ❑ University of California Davis
 - ❑ University of South Dakota



MCHC-RISE-UP Summer 2026



- ❑ All MCHC-RISE-UP Scholars
 - ❑ Orientation In-Person: **Monday, May 25, 2026 - Friday, May 29, 2026**
- ❑ Public Health Experiences: **Monday, June 1, 2026 - Friday, July 24, 2026**
 - ❑ Aaniiih Nakoda College, Kennedy Krieger Institute, & University of South Dakota
- ❑ Public Health Experiences: **Monday, June 15, 2026 - Friday, July 24, 2026**
 - ❑ University of California Davis program
- ❑ All scholars participate in the CDC Showcase and Expo on **July 27-30, 2026** (tentative)





Kennedy Krieger Institute

Center for Excellence in Public Health Leadership

Harolyn M.E. Belcher, MD, MHS, *Director*

Luceta McRoy, PhD, *Assistant Director*

Kelly N. Little, MHA, *Administrative Operations Director*

Mackenzie Newsom, MPH, *Program Coordinator*

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Kennedy Krieger Institute

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Thank you



Aaniiih Nakoda College



*Dr. Teresa Brockie, Director tbrocki1@jhu.edu

*Ms. Mina Kazemi, MSc, Sr. Research Program Coordinator
Mkazemi2@jhmi.edu

*Ms. Deserae Kill Eagle, BSEd, MPA, Ft. Belknap Site Coordinator Lead
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Direct questions to:
mchc-rise-up@kennedykrieger.org
Thank you!

Fort Belknap





University of California- Davis Faculty

Yue Yu, PhD, Site Director

University of California- Davis MIND Institute

Child Development Division

Mercedes Piedra, MS

Program Director, Physician Pipeline Initiative

University of California -Davis

Direct questions to:

mchc-rise-up@kennedykrieger.org

Thank you!





University of South Dakota Faculty

Ann Wilson, Ph.D., Site Director

Senior Research Associate

Marni Johnson, Au.D.

University of South Dakota

Direct questions to:

mchc-rise-up@kennedykrieger.org

Thank you!



Mentor Readiness

Enhancing Mentoring



Mentoring throughout cultures

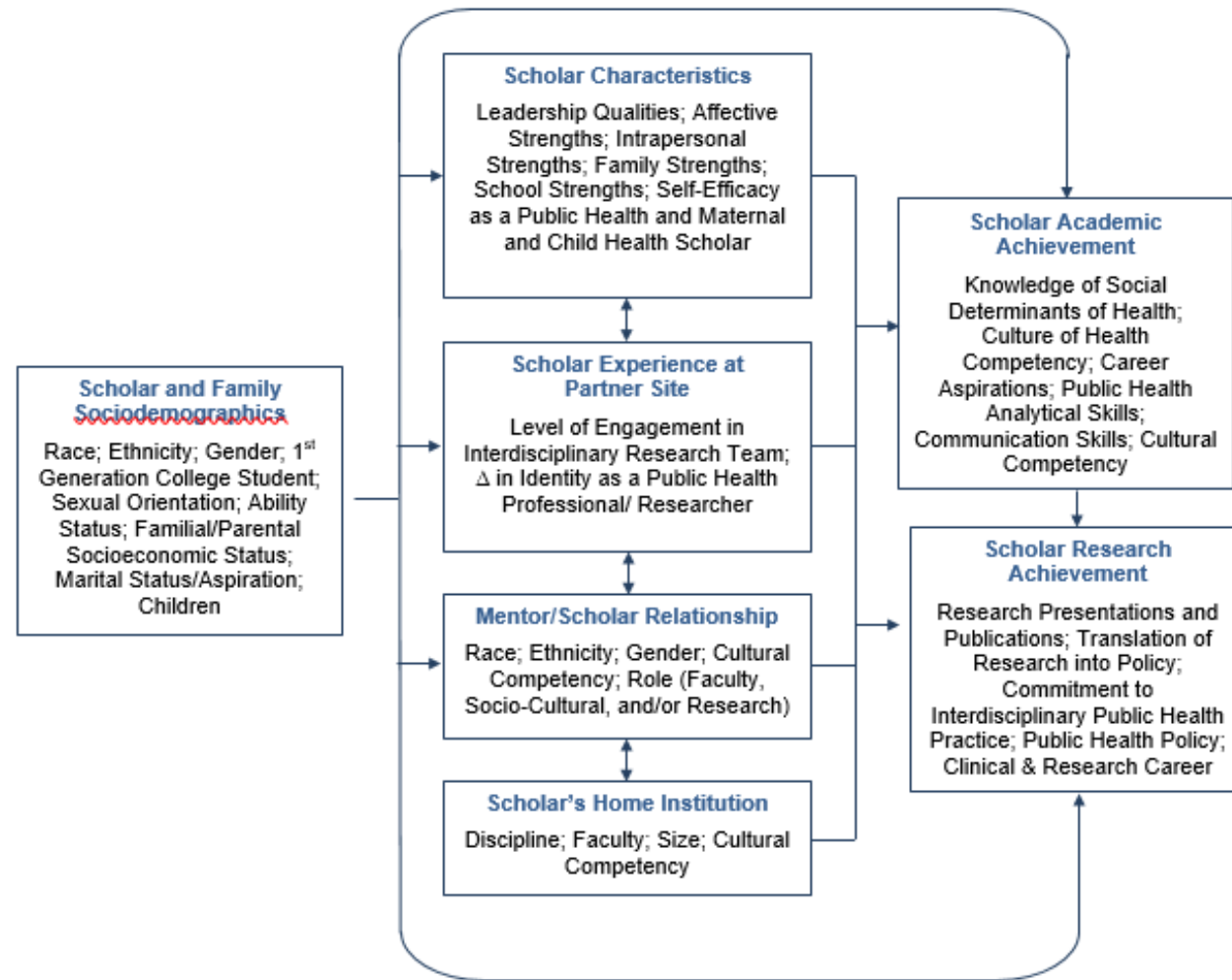
- Wise advisor; trusted friend
- Mentoring is a fundamental form of human development where one person invests time, energy and personal know-how in assisting the growth and ability of another person.



Mentorship

- Mentoring is a positive developmental partnership that provides a reflective space for the scholar
- Builds confidence within the scholar
- Mentors can help to navigate situations and clarify the scholar's perspective by providing an impartial view
- Confidentiality and trust are key to a successful partnership

Scholar Heuristic Model



Mentor Multiple Roles

- **Teacher/Tutor**
 - Provides scientific training
 - Orients scholar to organizational culture & professional skills
 - Locates resources
- **Counselor/Coach/Advisor**
 - Gives career and professional guidance
 - Feedback and support sounding board
 - Problem-solver
- **Intervener**
 - Intercedes on behalf of the scholar
 - Runs interference where needed
- **Sponsor**
 - Recommends and promotes career of scholar
- **Process mentors**
 - Guides in academic and career development but may not have expertise in science of career
- **Content mentors**
 - Guides in your scientific and conceptual development, but may not be good at process mentoring



Mentor Responsibilities

1. Meet regularly with the scholar to create a supportive and successful academic and research environment
2. Set academic and research expectations in collaboration with the scholar
3. Review progress with scholar
4. Ensure scholar is involved in networking activities
5. Prepare scholar for national research presentation
6. Encourage and collaborate on peer-reviewed publications

PHaSS-IDP

<https://www.careersinpublichealth.org/>

PHaSS-IDP



Assessments

Dashboard

Career Clusters

My Plan

About Us

Resources

My Profile

Log Out

Build a Better Public Health Career

PHaSS-IDP is a free online career exploration and planning tool for all early career professionals, graduate and undergraduate students in public health and social sciences. In recent years, the graduate education community has begun to respond to the need for trainees to take a structured approach to their career planning and professional development. Frequently, the recommended approach is described as an Individual Development Plan (IDP). An IDP is simply a written set of goals designed to answer two important questions with the help of mentors



Public Health and Social Sciences Individual Development Plan

- Self-Assessment
 - Skills
 - Tasks
 - Mission
 - Values
- Explore 20 Public Health Careers
- Develop SMART Academic and Career Goals
- Build Your Mentoring Team

Important Links

Program information

1. <https://www.kennedykrieger.org/training/programs/center-for-excellence-in-public-health-leadership>
2. <https://www.kennedykrieger.org/training/programs/center-for-excellence-in-public-health-leadership/mchc-rise-up>

MENTOR AGREEMENT LINK:

https://discover.kennedykrieger.org/jfe/form/SV_ac5SIWHUqHWhXi6



Mentor Agreement

Thank you for agreeing to participate as a Project Mentor for the Maternal Child Health Careers/Research Initiatives for Student Enhancement Undergraduate Program (MCHC/RISE-UP). The MCHC/RISE-UP operates during the *first week of June through the last week of July* and provides opportunities for enhanced public health leadership training in maternal and child health, focusing on social determinants of health, promotion of health, and care for those with developmental disabilities. Grant funding for this program was awarded to Kennedy Krieger Institute by the Centers for Disease Control and Prevention (CDC) under the John R. Lewis Undergraduate Public Health Scholars Program Initiative. MCHC/RISE-UP is designed to develop a national consortium of institutions and universities that provides undergraduate scholars with three types of public health leadership experiences. Scholars may participate in up to two of three public health leadership experiences during their summer in the MCHC/RISE-UP, namely:

(1) Clinical, (2) Research, and (3) Community Engagement and Advocacy.

Mentor Agreement

Our funders request a signed Mentor Agreement that includes a project description, background information on years of experience, and area of focus from each of our mentors. Thank you in advance for providing this information. More information on mentoring opportunities may be found by visiting the website: <https://www.kennedykrieger.org/training/programs/center-for-excellence-in-public-health-leadership/mentoring-opportunities>

Data Collection Purpose

Consent for Research Participation

Please note that the information collected in this survey serves a dual purpose.

1. First, the information you provide via this survey is required by the funding agency for program evaluation.
2. Second, with your permission, the information you provide will be used for research purposes (i.e., to test hypotheses about the effectiveness of program curricula and activities).

Participation in this research is voluntary. Your permission (or lack of permission) in this research will have no effect on your current or future relationship with the Center for Excellence in Public Health Leadership at Kennedy Krieger Institute. You may cancel your permission to use your information at anytime by contacting Dr. Harolyn Belcher (CenterforExcellenceNPH@kennedykrieger.org). Your cancellation will not affect information already collected. Only de-identified (or limited, e.g., including dates) data will be used in research publications. We will use the findings from this survey with other data, to evaluate and improve the program. This study has been reviewed and approved by the Johns Hopkins Medical Institutional Review Board [IRB00398423; Principal Investigator: Harolyn M.E. Belcher, MD, MHS]. If you have any questions regarding this survey study, please contact: Harolyn M.E. Belcher, MD, MHS Director, Center for Excellence in Public Health Leadership at Kennedy Krieger Institute 716 North Broadway Baltimore MD 21205 Office:(443) 923-5933 CenterforExcellenceNPH@kennedykrieger.org

I agree that the information provided in this survey can be used for research in aggregate and de-identified (or limited, e.g., dates may be used) format.

☐ Yes

☐ No



Any Questions?

Center for Excellence in Public Health Leadership

Harolyn M.E. Belcher, MD, MHS, *Director*

Luceta McRoy, PhD, *Assistant Director*

Kelly N. Little, BS, MHA, *Project Director*

Jamal Percy, DrPH, MPA, CHES, MHFA, *Program Manager*

Kennedy Krieger Institute

MCHC-RISE-UP@kennedykrieger.org

Thank you!