

OCTOBER FAIRMOUNT MENU 2021

Monday 10/4 National Taco Day	Tuesday 10/5	Wednesday 10/6 National Noodle Day	Thursday 10/7	Friday 10/8 National Pierogie Day
<p>Ground Beef Soft Tacos with Lettuce, Tomato, Cheese, Salsa, and Sour Cream</p> <p>Refried Beans, Chili Lime Corn</p> <p>Apple Slices</p> <p>1% Milk or FF Chocolate Milk, 100% Juice, or Water</p>	<p>Apple Cider Glazed Chicken Breast</p> <p>Oven Roasted Local Sweet Potatoes, Mashed Butternut Squash</p> <p>Mixed Grapes</p> <p>1% Milk or FF Chocolate Milk, 100% Juice, or Water</p>	<p>4 Cheese Baked Ziti</p> <p>Steamed Broccoli, Herb Roasted Potatoes</p> <p>Diced Peaches</p> <p>1% Milk or FF Chocolate Milk, 100% Juice, or Water</p>	<p>Lemon Herb Roasted Chicken</p> <p>Local Honey Glazed Carrots, Seasoned Brown Rice Pilaf</p> <p>Pineapple</p> <p>1% Milk or FF Chocolate Milk, 100% Juice, or Water</p>	<p>Cheese Pizza on Whole Grain Crust with Homemade Sauce</p> <p>Italian Blend Vegetables, Potato Cheddar Pierogies</p> <p>Diced Peaches</p> <p>1% Milk or FF Chocolate Milk, 100% Juice, or Water</p>
Monday 10/11 National Sausage Pizza Day	Tuesday 10/12	Wednesday 10/13	Thursday 10/14 National Dessert Day	Friday 10/15
<p>Sausage French Bread Pizza</p> <p>Seasoned Green Beans, Garden Salad with Ranch Dressing</p> <p>Diced Peaches</p> <p>1% Milk or FF Chocolate Milk, 100% Juice, or Water</p>	<p>Oven Fried Mozzarella Sticks with Marinara Dipping Sauce</p> <p>Seasoned Brown Rice, California Blend Vegetables</p> <p>Apple Slices</p> <p>1% Milk or FF Chocolate Milk, 100% Juice, or Water</p>	<p>Scrambled Eggs, Turkey Sausage, and Pancakes with Syrup</p> <p>Seasoned Hash Browns, German Blend Vegetables</p> <p>Fresh Fruit Salad</p> <p>1% Milk or FF Chocolate Milk, 100% Juice, or Water</p>	<p>Baked Fish Sticks with Tarter Sauce</p> <p>Baked Tater Tots, Cole Slaw, Whole Grain Chocolate Chip Cookies</p> <p>Tropical Fruit Salad</p> <p>1% Milk or FF Chocolate Milk, 100% Juice, or Water</p>	<p>Cheese Pizza on Whole Grain Crust with Homemade Sauce</p> <p>Steamed Broccoli, Garden Salad</p> <p>Diced Pears</p> <p>1% Milk or FF Chocolate Milk, 100% Juice, or Water</p>
Monday 10/18	Tuesday 10/19	Wednesday 10/20	Thursday 10/21 International Day of the Nacho National Apple Day	Friday 10/22
<p>Whole Grain Chicken Tenders with Dipping Sauce</p> <p>Local Corn on the Cob Baked Tater Tots</p> <p>Watermelon</p> <p>1% Milk or FF Chocolate Milk, 100% Juice, or Water</p>	<p>Chicken Cheesesteak Sub with American Cheese</p> <p>Steamed Brown Rice, Buttered Broccoli</p> <p>Orange Slices</p> <p>1% Milk or FF Chocolate Milk, 100% Juice, or Water</p>	<p>General Tso's Chicken</p> <p>Fried Rice Asian Blend Vegetables</p> <p>Mandarin Oranges</p> <p>1% Milk or FF Chocolate Milk, 100% Juice, or Water</p>	<p>Ground Beef and Vegetable Nachos</p> <p>Seasoned Green Beans, Mashed Sweet Potatoes</p> <p>Apple Slices</p> <p>1% Milk or FF Chocolate Milk, 100% Juice, or Water</p>	<p>Cheese Pizza on Whole Grain Crust with Homemade Sauce</p> <p>Italian Blend Vegetables Baked Tater Tots</p> <p>Diced Peaches</p> <p>1% Milk or FF Chocolate Milk, 100% Juice, or Water</p>
Monday 10/25 World Pasta Day	Tuesday 10/26 National Pumpkin Day	Wednesday 10/27	Thursday 10/28	Friday 10/29 National Breadstick Day
<p>Bats and Cobweb Pasta (bowtie pasta with meat sauce and baked mozzarella cheese)</p> <p>Steamed Broccoli, Seasoned Baby Carrots</p> <p>Diced Pears</p> <p>1% Milk or FF Chocolate Milk, 100% Juice, or Water</p>	<p>Grilled Turkey Burger on a whole Grain Bun with American Cheese, Lettuce and Tomato</p> <p>Seasoned Mashed Pumpkin Sweet Corn</p> <p>Diced Pears</p> <p>1% Milk or FF Chocolate Milk, 100% Juice, or Water</p>	<p>Baked Chicken Tenders with Dipping Sauce</p> <p>Baked Fries California Blend Vegetables</p> <p>Sliced Apples</p> <p>1% Milk or FF Chocolate Milk, 100% Juice, or Water</p>	<p>Ground Chicken Soft Tacos with Cheese, Lettuce, Tomatoes, Sour Cream and Salsa</p> <p>Key Largo Vegetables Spanish Rice</p> <p>Tropical Fruit Salad</p> <p>1% Milk or FF Chocolate Milk, 100% Juice, or Water</p>	<p>Cheese Pizza on Whole Grain Crust with Homemade Sauce</p> <p>Italian Blend Vegetables Garlic Parmesan Bread Sticks with Marinara Dipping Sauce</p> <p>Fresh Strawberries</p> <p>1% Milk or FF Chocolate Milk, 100% Juice, or Water</p>