

MAY LEAP SCHOOL MENU

MONDAY 5/6	TUESDAY 5/7	WEDNESDAY 5/8	THURSDAY 5/9	FRIDAY 5/10
<p>Curry Chicken Breast</p> <p>Pulled Barbecue Pork on a Whole Grain Bun</p> <p>Rice and Peas Steamed Green Beans California Blend Vegetables Fresh Hand Fruit and Tropical Fruit Salad 1% Milk or FF Chocolate Milk</p>	<p>Oven Fried Pork Chops with Gravy</p> <p>Chicken Patty Sandwich with Lettuce, Tomato and Cheese on a Whole Grain Bun</p> <p>Steamed Mixed Vegetables Southwestern Garden Salad Fresh Hand Fruit and Mixed Grapes 1% Milk or FF Chocolate Milk</p>	<p>Barbecue Chicken Tenders Ranch</p> <p>Italian Sausage and Peppers Sub</p> <p>Cucumber Watermelon Salad Texas Cheese Fries Fresh Hand Fruit and Apple Sauce 1% Milk or FF Chocolate Milk</p>	<p>Roasted Cod with Tomatoes and Mushrooms</p> <p>Seafood Newburg Crepe</p> <p>Steamed Asparagus Au Gratin Potatoes Fresh Hand Fruit and Diced Peaches 1% Milk or FF Chocolate Milk</p>	<p>Veggie Lovers or Cheese Whole Grain Pizza with Homemade Sauce</p> <p>Jerk Fish Wrap</p> <p>Tossed Salad with Low Fat Dressing, Roasted Potato and Vegetable Medley Baked French Fries Fresh Hand Fruit and Pears 1% Milk or FF Chocolate Milk</p>
MONDAY 5/13	TUESDAY 5/14	WEDNESDAY 5/15	THURSDAY 5/16	FRIDAY 5/17
<p>Honey Lime Roasted Chicken</p> <p>Hot Roast Beef Sandwich on a Whole Grain Bun with Thin Sliced Onions, Lettuce and Tomato</p> <p>Brown Dirty Rice and Beans California Blend Vegetables Fresh Hand Fruit and Tropical Fruit Salad 1% Milk or FF Chocolate Milk</p>	<p>Spaghetti and Meat Sauce</p> <p>Barbecue Chicken Sandwich on a Whole Grain Bun with Lettuce and Tomatoes</p> <p>Steamed Broccoli Southwestern Garden Salad Fresh Hand Fruit and Mixed Grapes 1% Milk or FF Chocolate Milk</p>	<p>Whole Grain Fish Sticks with Tarter Sauce</p> <p>Meatball Sub on a Whole Grain Roll</p> <p>Cole Slaw Sweet Potato Fries Fresh Hand Fruit and Apple Sauce 1% Milk or FF Chocolate Milk</p>	<p>Chicken Soft Tacos</p> <p>Vegetable Quesadilla</p> <p>Spanish Brown Rice and Beans Key Largo Vegetables Fresh Hand Fruit and Diced Peaches 1% Milk or FF Chocolate Milk</p>	<p>Italian Sausage or Cheese Whole Grain Pizza with Homemade Sauce</p> <p>Jerk Fish Wrap</p> <p>Tossed Salad with Low Fat Dressing, Roasted Potato and Vegetable Medley Fresh Hand Fruit and Pears 1% Milk or FF Chocolate Milk</p>
MONDAY 5/20	TUESDAY 5/21	WEDNESDAY 5/22	THURSDAY 5/23	FRIDAY 5/24
<p>Sesame Chicken</p> <p>Shrimp Lo Mein</p> <p>Vegetable Egg Roll Fried Rice Fresh Hand Fruit and Fresh Cantaloupe 1% Milk or FF Chocolate Milk</p>	<p>Honey Barbecue Pork</p> <p>Baked Macaroni and Cheese</p> <p>Sweet Northern Cornbread Apple and Grape Cole Slaw Fresh Hand Fruit and Tropical Fruit Salad 1% Milk or FF Chocolate Milk</p>	<p>Grilled Cheeseburger on a Whole Grain Bun</p> <p>Grilled Veggie Burger with Cheese on a Whole Grain Bun</p> <p>Potato and Egg Salad Steamed Broccoli Fresh Hand Fruit and Diced Pears 1% Milk or FF Chocolate Milk</p>	<p>Citrus Roasted Chicken</p> <p>Loaded Hot Dogs on a Whole Grain Bun</p> <p>Barbecue Baked Beans Lemony Carrots Fresh Hand Fruit and Fresh Fruit Salad 1% Milk or FF Chocolate Milk</p>	<p>Barbecue Chicken or Cheese Whole Grain Pizza with Homemade Sauce</p> <p>Cheese Steak Sub on a Whole Grain Roll</p> <p>Spinach Salad Steamed Mixed Vegetables Fresh Hand Fruit, Fresh Fruit Salad 1% Milk or FF Chocolate Milk</p>
MONDAY 5/27	TUESDAY 5/28	WEDNESDAY 5/29	THURSDAY 5/30	FRIDAY 5/31
<p align="center">Memorial Day No School</p>	<p>Oven Fried Chicken and Waffles with Sugar Free Syrup</p> <p>Sloppy Joe Sandwich on a Whole Grain Bun</p> <p>Green Bean Casserole Cheesy Grits Fresh Hand Fruit and Tropical Fruit Salad 1% Milk or FF Chocolate Milk</p>	<p>Beef Lasagna with Marinara Sauce and a Whole Grain Roll</p> <p>Chicken Cheese Steak Sub on a Whole Grain Roll</p> <p>Steamed Mixed Vegetables, Garlic Breadsticks Fresh Hand Fruit and Apple Sauce 1% Milk or FF Chocolate Milk</p>	<p>Barbecue Ranch Sliced Flank Steak</p> <p>Grilled Cheese on Texas Toast</p> <p>Mexican Street Corn Vegetable Pasta Salad Fresh Hand Fruit and Tropical Fruit Salad 1% Milk or FF Chocolate Milk</p>	<p>Pepperoni or Cheese Whole Grain Pizza with Homemade Sauce</p> <p>Buffalo Chicken Mac and Cheese</p> <p>Steamed Broccoli Cucumber Watermelon Salad Fresh Hand Fruit, Fresh Fruit Salad 1% Milk or FF Chocolate Milk</p>