

FEBRUARY FAIRMOUNT MENU

MONDAY 12/31	TUESDAY 1/1	WEDNESDAY 1/2	THURSDAY 1/3	FRIDAY 2/1
				<p align="center">Cheese Whole Grain Pizza with Homemade Sauce</p> <p align="center">Tossed Salad with Low Fat Dressing, Garlic Breadsticks</p> <p align="center">Fresh Hand Fruit and Pears</p> <p align="center">1% Milk or FF Chocolate Milk</p>
MONDAY 2/4	TUESDAY 2/5	WEDNESDAY 2/6	THURSDAY 2/7	FRIDAY 2/8
<p align="center">Whole Grain Chicken Tenders</p> <p align="center">Onion Rings, Buttered Corn on the Cob, Carrots and Celery Sticks</p> <p align="center">Fresh Hand Fruit and Tropical Fruit Salad</p> <p align="center">1% Milk or FF Chocolate Milk</p>	<p align="center">Roasted Turkey Breast with Herb Stuffing, Cranberry Sauce, and Gravy</p> <p align="center">Mashed Loaded Sweet Potatoes, Green Bean Casserole</p> <p align="center">Fresh Hand Fruit and Mixed Grapes</p> <p align="center">1% Milk or FF Chocolate Milk</p>	<p align="center">Beef Lasagna with Marinara Sauce and a Whole Grain Roll</p> <p align="center">Steamed Mixed Vegetables, Sweet Tater Tots</p> <p align="center">Fresh Hand Fruit and Apple Sauce</p> <p align="center">1% Milk or FF Chocolate Milk</p>	<p align="center">Jamaican Jerk Chicken with Spiced Tropical Fruit</p> <p align="center">Sautéed Plantains, Yellow Rice, Sweet Sopapillas</p> <p align="center">Fresh Hand Fruit and Diced Peaches</p> <p align="center">1% Milk or FF Chocolate Milk</p>	<p align="center">Cheese Whole Grain Pizza with Homemade Sauce</p> <p align="center">Chef Salad, Seasoned Steamed Carrots</p> <p align="center">Fresh Hand Fruit, Fresh Fruit Salad</p> <p align="center">1% Milk or FF Chocolate Milk</p>
MONDAY 2/11	TUESDAY 2/12	WEDNESDAY 2/13	THURSDAY 2/14	FRIDAY 2/15
<p align="center">Spaghetti and Meatballs with Whole Grain Pasta and Marinara</p> <p align="center">Steamed Broccoli, Classic Caesar Salad</p> <p align="center">Fresh Hand Fruit and Fresh Cantaloupe</p> <p align="center">1% Milk or FF Chocolate Milk</p>	<p align="center">Oven Fried Chicken and Waffles with Sugar Free Syrup</p> <p align="center">Southern Greens, Garlic Herb Twice Baked Potatoes</p> <p align="center">Fresh Hand Fruit and Tropical Fruit Salad</p> <p align="center">1% Milk or FF Chocolate Milk</p>	<p align="center">Corn Dog with Honey Mustard</p> <p align="center">Seasoned Peas, Tater Tots</p> <p align="center">Fresh Hand Fruit and Diced Peas</p> <p align="center">1% Milk or FF Chocolate Milk</p>	<p align="center">Grilled Cheese on Texas Toast</p> <p align="center">Baked Sweet Potato Waffle Fries, Roasted Vegetable Medley</p> <p align="center">Fresh Hand Fruit and Fresh Fruit Salad</p> <p align="center">1% Milk or FF Chocolate Milk</p>	<p align="center">Cheese Whole Grain Pizza with Homemade Sauce</p> <p align="center">Spinach Salad, Steamed Broccoli</p> <p align="center">Fresh Hand Fruit, Fresh Fruit Salad</p> <p align="center">1% Milk or FF Chocolate Milk</p>
MONDAY 2/18	TUESDAY 2/19	WEDNESDAY 2/20	THURSDAY 2/21	FRIDAY 2/22
<p><u>No School</u></p>	<p align="center">Ground Beef Hard Tacos with Lettuce, Tomato, and Shredded Cheese</p> <p align="center">Refried Beans, Spanish Rice</p> <p align="center">Fresh Hand Fruit and Mixed Grapes</p> <p align="center">1% Milk or FF Chocolate Milk</p>	<p align="center">Grilled Cheeseburger on a Whole Grain Bun</p> <p align="center">Crispy Waffle Fries, Mixed Vegetables</p> <p align="center">Fresh Hand Fruit and Applesauce</p> <p align="center">1% Milk or FF Chocolate Milk</p>	<p align="center">Chicken Cheesesteak with Sautéed Onions and Cheese Whiz on a Whole Grain Bun</p> <p align="center">Potato Cheddar Pierogies with Sour Cream</p> <p align="center">Steamed Mixed Vegetables</p> <p align="center">Fresh Hand Fruit and Fresh Fruit Salad</p> <p align="center">1% Milk or FF Chocolate Milk</p>	<p align="center">Cheese Whole Grain Pizza</p> <p align="center">Steamed Broccoli, Fresh Fruit Salad, Classic Caesar Salad</p> <p align="center">Fresh Hand Fruit and Tropical Fruit Salad</p> <p align="center">1% Milk or FF Chocolate Milk</p>
MONDAY 2/25	TUESDAY 2/26	WEDNESDAY 2/27	THURSDAY 2/28	FRIDAY 3/1
<p align="center">Barbecue Chicken</p> <p align="center">Baked Sweet Potato Waffle Fries, Barbecue Baked Beans, Green Beans,</p> <p align="center">Fresh Hand Fruit and Diced Peas</p> <p align="center">1% Milk or FF Chocolate Milk</p>	<p align="center">General Tsos Chicken</p> <p align="center">Vegetable Fried Rice, Steamed Broccoli</p> <p align="center">Fresh Hand Fruit and Mandarin Oranges</p> <p align="center">1% Milk or FF Chocolate Milk</p>	<p align="center">Meatball Sub on a Whole Grain Roll</p> <p align="center">Steamed Green Beans, Garlic Bread</p> <p align="center">Fresh Hand Fruit and Apple Sauce</p> <p align="center">1% Milk or FF Chocolate Milk</p>	<p align="center">French Toast and Scrambled Eggs with Turkey Sausage Patties</p> <p align="center">Baked Hash Browns, Fresh Fruit Salad</p> <p align="center">Fresh Hand Fruit and Cut Pineapple</p> <p align="center">1% Milk or FF Chocolate Milk</p>	<p align="center">Cheese Whole Grain Pizza</p> <p align="center">Cobb Salad, Steamed Mixed Vegetables</p> <p align="center">Fresh Hand Fruit and Tropical Fruit Salad</p> <p align="center">1% Milk or FF Chocolate Milk</p>