

# Pediatric Psychology Program at Kennedy Krieger Institute

Is your child struggling with a medical condition or having difficulty with medical appointments or procedures? We are here to help!

## Who We Are

The demands of complex medical conditions can place an extraordinary amount of stress on children and their families. At the Pediatric Psychology Program, our approach helps ensure children with medical conditions function well behaviorally and psychologically, despite their need for medical treatment.

We use behavioral and psychological techniques to teach children how to appropriately participate in their healthcare and cope with medical tests, treatments and symptoms such as pain, anxiety and mood changes within the context of a medical condition. We address:

- Coping with chronic pain
- Medical anxiety
- Medical self-care skills (e.g., medication schedules, pill swallowing, glucose testing, etc.)
- Preparation for medical procedures (physical exams, blood draws, sleep studies, brain imaging, etc.)
- Following medical recommendations for lifestyle management

Additionally, we address behavioral and emotional challenges, such as anxiety and depression, related to a child's medical condition and ability to tolerate activities. We also work with schools to provide information and recommendations. We currently offer virtual and in-person appointments.

## Who We Treat

We treat children, teens and young adults with medical conditions, with or without disabilities. These medical conditions include:

- Brain and spinal cord injuries
- Epilepsy and neurological disorders
- Diabetes
- Sickle cell disease
- Movement and balance disorders
- Chronic pain, headache and POTS
- Physical development differences
- Sleep disorders



## Contact Information

### Pediatric Psychology Program at Kennedy Krieger Institute

For more information, to make a referral or to request an initial evaluation, call our referral coordinator at **443-923-2933**, or call toll-free at **888-554-2080**. TTY users, please contact us at **443-923-2645**, or dial **711** to make a Maryland Relay call.

### [KennedyKrieger.org/Pediatric-Psychology](https://www.kennedykrieger.org/Pediatric-Psychology)

### Physicians and Healthcare Professionals

To make a referral, email us at **[FindASpecialist@KennedyKrieger.org](mailto:FindASpecialist@KennedyKrieger.org)** or call our Physician Referral Line at **443-923-9403**.

### Clinic Locations

707 North Broadway  
Baltimore, MD 21205

9810 Patuxent Woods Drive SE, Suite J  
Columbia, MD 21046

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