

Occupational Therapy Outpatient Clinic at Kennedy Krieger Institute

Who We Are

The Occupational Therapy Outpatient Clinic at Kennedy Krieger Institute provides evaluations, individualized treatment and follow-up care for patients from infancy through young adulthood. We help patients improve their fine motor skills, visual motor performance, oral motor functioning, and activities of daily living, including eating, dressing, hygiene, toileting, play, and participation in home and community activities. We also address patients' adaptive seating needs.

We focus on helping our patients achieve as much independence as possible throughout their lives. We work closely with our patients and consult with their family members, teachers, medical providers and other community professionals to ensure all aspects of a patient's daily life are considered in their treatment plan.

We tailor each patient's goals to meet their own specific needs and desires. Goals may be targeted toward fine, oral, sensory and visual motor skills, for improvement in:

- Daily tasks, such as dressing, brushing teeth, writing, eating and self-feeding
- Coordination, strength and endurance during play and movement
- Ability to participate in developmentally appropriate play, alone and with peers
- Organization and planning skills to improve independence, socialization and self-esteem
- Self-sufficiency with wheelchair mobility and adaptive equipment, including seating and positioning
- Confidence in performing tasks
- Knowledge and use of community resources

Who We Serve

We provide care for patients with mild to severe disabilities, from infancy to young adulthood. Our services are available and appropriate for the majority of diagnoses and disorders treated at Kennedy Krieger, including:

- Attention and impulsivity disorders
- Autism spectrum disorder
- Brachial plexus injuries
- Cerebral palsy
- Developmental delays



- Feeding disorders
- Movement disorders
- Musculoskeletal disorders
- Neurodegenerative disorders
- Neurological disorders
- Spina bifida
- Sensory processing disorders
- Traumatic brain injuries

Our Team

Our occupational therapists have professional certifications and advanced training in a variety of pediatric rehabilitation therapies, including:

- Casting and splinting
- Constraint-induced treatment
- Developmental assessment
- Manual therapy
- Physical abilities testing
- Feeding and swallowing dysfunction
- Sensory-motor intervention
- Physical agent modalities (PAMs)
- Aquatics
- Kinesio Taping®
- Sensory integration assessment and treatment (SIPT, EASI)



We work with Institute clinicians from other disciplines, including physical therapy, speech, nutrition, behavioral psychology, neuropsychology and physiatry, to create an individualized treatment plan for each patient. We also provide consultative services to a wide variety of clinics and programs at the Institute.

In addition to clinical work, our occupational therapists dedicate time to guest lecturing, research, teaching and community outreach.

Our Approach

We screen and evaluate children, adolescents and young adults for neuromuscular, musculoskeletal, developmental, and sensory-motor and processing difficulties. We help identify each patient's motor and learning strengths and difficulties to determine the interventions and treatments that will work best for them.

We design treatment plans to meet individual patient and family needs. We regularly reassess each patient and plan modifications as needed, based on goals and objectives.

Our Facility

Our clinic has two locations: one at Kennedy Krieger's outpatient center at 801 North Broadway, Baltimore, and the other at our satellite location in Columbia, Maryland. Our spacious, light-filled rooms feature the latest equipment and include:

- State-of-the-art sensory-motor gym
- Dedicated space for clinicians to evaluate equipment and for patients to access demonstration equipment
- Precision Rehab Manufacturing (PRM) simulation equipment
- Therapeutic kitchen and bathroom

CONTACT US

Occupational Therapy Outpatient Clinic at Kennedy Krieger Institute

For more information or to schedule an appointment, please call **443-923-9400**, or call toll-free at **888-554-2080**. TTY users, please contact us at **443-923-2645**, or dial **711** to make a Maryland Relay call.

KennedyKrieger.org

Physicians and Healthcare Professionals

To make a referral, email us at **FindASpecialist@KennedyKrieger.org** or call our Physician Referral Line at **443-923-9403**.

Clinic Locations

801 North Broadway,
Baltimore, MD 21205

9730 Patuxent Woods Drive
Columbia, MD 21046

Kennedy Krieger Institute recognizes and respects the rights of employees, trainees, and patients and students, and their families. At Kennedy Krieger, we ground our care, services, training and research in treating others with respect and civility. We respect the cultural identity of every person. Kennedy Krieger does not discriminate against people based on, but not limited to, perceived or actual race, color, culture, ethnicity, national origin, age, language spoken, accent, marital status, veteran or military status, immigration status, socioeconomic status (i.e., access to resources), physical or mental disability, religion, pregnancy status, sex, sexual orientation, or gender identity or expression. We strive for equitable care for all individuals for whom we provide services, training, education and research participation. We encourage employees, trainees, and patients and students, and their families, to become active partners in the services provided by asking questions, seeking resources and advocating for their needs. Our culture of care is extended to our patients, the patients' family members and other people served. Here, "family" refers to parents, other family members, guardians, surrogate decision-makers and healthcare agents. ©2026 Kennedy Krieger Institute 7/2026



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