



My Day with the Doctor at Kennedy Krieger Institute

Welcome to Kennedy Krieger Institute in Columbia!

This is the entrance to our building...





Welcome!



The door will open when I get close to it, or I can ring the doorbell

The staff from our Care Center will greet me when I arrive!



When I come to the appointment,

We may ask you to wear a face mask to help stop germs! We can give you a mask if you need one.





Thank you for helping to keep everyone safe!

Once I check in with the front desk, I can sit in the waiting area while I wait to meet my doctor





Here are a few of the doctors I may meet: Drs. Parker, Mostow, Heard & Thomas

They will be very excited to see me!

What type of doctor works in Neuropsychology?

My doctor isn't the kind of doctor who gives shots or medicine. We will talk and do activities to see how I learn.





What will I do at my appointment?

I will go into the doctor's office while my family waits in the waiting room.They will have their own work to do! I will do activities to see how I learn.I might answer questions, look at pictures, make puzzles, follow directions, and point. Most kids like these activities and think they are fun!

This is what the doctor's office might look like where you'll be doing these activities! The work that my doctor gives me will not be graded. What is most important is that I try my best.

I will not know ALL the answers and that's okay – I'm not supposed to know! If I don't know an answer I can take a guess.



What will My Day be Like?

My doctor will tell me about how long I will here. Some visits are short and some are long!





I can bring a drink and snacks in case I get hungry.

I will get a lunch break if my visit is long.

Can I take breaks?

Yes, I can take breaks if I need to!



I can ask to use the restroom, grab a quick snack/drink, take time to stretch/move, or see my family to take a break!

Why am I working with this doctor?

The doctor today helps kids figure out how they learn. My doctor helps children figure out what things they are great at, and which things they need help with. All kids are smart in their own way!







Some kids are great at math, but need help with reading. Other kids may be very good at sports, but need help with getting distracted or worried.

Everyone has strengths and weaknesses! My doctor will help me figure out mine. My doctor will be able to tell my family about the activities we did together and how I learn. My doctor may also have ideas for my family, teachers, and other adults who help me, like counselors or therapists.





Now you are ready!



It is okay if the work is hard or if I do not know the answers. All I have to do is try my best.

Everyone will be proud of me for working with my doctor.



