During the fiscal year 2022 (FY 22), 151 children and adolescents with spinal cord dysfunction were treated in the Outpatient Spinal Cord Injury Program at Kennedy Krieger.

### Diagnosis Treated

The Pediatric Spinal Cord Injury Program treats children and adolescents who have experienced a variety of causes of their spinal cord dysfunction, both traumatic and non-traumatic. When appropriate, the providers will refer patients to additional medical services at Johns Hopkins Hospital or other hospitals with expertise in the care of individuals with spinal cord injuries.

#### Types of Patients Treated

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Type of Patient</th>
</tr>
</thead>
<tbody>
<tr>
<td>37%</td>
<td>Traumatic</td>
</tr>
<tr>
<td>33%</td>
<td>Non-traumatic</td>
</tr>
</tbody>
</table>

#### Gender Breakdown

<table>
<thead>
<tr>
<th>Percentage</th>
<th>Male</th>
<th>Female</th>
</tr>
</thead>
<tbody>
<tr>
<td>58%</td>
<td></td>
<td></td>
</tr>
<tr>
<td>42%</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

#### Where do patients live who are seen by the Pediatric Outpatient Spinal Cord Injury Program?

During fiscal year 2022, patients came from the following areas:

- Maryland: 72%
- Virginia: 10%
- Pennsylvania: 7%
- New York: 4%
- Other states and international: 17%

### Interdisciplinary Treatment Team

The interdisciplinary treatment team at the Pediatric Spinal Cord Injury Program includes:

- Physical therapists
- Occupational therapists
- Speech therapists
- Nurse practitioners / Nurses
- Assistive Technology Professionals
- Assistants
- Social Workers
- Psychologists
- Child Life Specialists
- Seating and Mobility Specialists
- Orthotists
- Nutritional Specialists
- Personal Trainers
- Aquatic Specialists

### How is a patient and their family involved in the care received?

Individuals served and their family members are encouraged to participate in treatment planning, goal setting, family meetings, and education and training sessions.

### What happens if a patient gets acutely sick or has a medical emergency while being treated in the Outpatient Spinal Cord Injury Program?

If a patient gets acutely sick or has a medical emergency while being treated in the program, patients typically attend therapy for one to three weeks. The length of therapy is based on the recommendations of your medical provider. In this program, patients typically attend therapy for six to 12 weeks, three times per week. The short-term intensive therapy is for two to five days a week. The length of therapy is based on the recommendations of your medical provider.

### Does Kennedy Krieger have special accreditation?

Kennedy Krieger Institute is accredited by the Commission on the Accreditation of Rehabilitation Facilities (CARF) and The Joint Commission. Every three years, both organizations review the Institute to ensure all its services reflect the planning and delivery of services. Our services reflect the person and family-centered care principles of the planning and delivery of services. Our services reflect the person and family-centered care which is a collaborative approach to meeting the needs of individuals with disabilities.

### Who is treated in the Pediatric Outpatient Spinal Cord Injury Program?

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### Inpatient vs. Outpatient Therapies

1. **Inpatient Therapies**
   - Short-term intensive therapy: two to five days a week. Length of therapy is based on recommendations of your medical provider.
   - Extended intensive therapy: one to four hours of therapy per day. Length of therapy is based on the recommendations of your medical provider.

2. **Outpatient Therapies**
   - Three weeks: patients typically attend therapy for three weeks.
   - Six to 12 weeks: patients typically attend therapy for six to 12 weeks, three times per week.

### What do patients and their families say about their experience at Kennedy Krieger?

97% of patients surveyed rated the therapy services they received as excellent. 100% of patients surveyed rated the care they received at Kennedy Krieger as superior.