International Center for Spinal Cord Injury at Kennedy Krieger Institute

GENERAL CONTACT INFORMATION

Care Management Team

New patient referrals: **443-923-9534** Equipment (for existing patients): **443-923-4559** Insurance or financial concerns: **443-923-7970**

Appointments

To make, reschedule or cancel any appointment: **443-923-9230**

Medical, Nursing and Prescriptions

Questions and prescriptions: **443-923-9195** Medical, nursing and prescriptions fax: **443-923-9208**

Please allow 24 to 48 hours for a response from a nurse regarding medical questions or concerns.

For all other questions or concerns, call 443-923-9230.

SUPPORT SERVICES

All activities take place at Kennedy Krieger Institute unless otherwise noted.

Regeneration Generation Patient Education Group

Monthly patient education group open to anyone with paralysis, as well as to caregivers and family members. Email **ICSCISupport@KennedyKrieger.org** or call **443-923-9468** for more information.

Peer Mentoring

Partnering with the Christopher and Dana Reeve Foundation, this program connects patients, and their caregivers, of the International Center for Spinal Cord Injury with peer mentors who understand what it's like to live with paralysis and can provide support. Email **Mortimer@KennedyKrieger.org** or call **443-923-7998** for more information.

Adaptive and Recreational Sports

We offer a range of programs, both competitive and recreational, including handcycling, virtual and adaptive sailing, wheelchair rugby, and wheelchair lacrosse. Visit **KennedyKrieger.org/AdaptiveSports** to learn more.



Life Through Motion Wellness and Exercise Program

Designed to provide opportunities for regular and consistent exercise outside of therapy, Life Through Motion offers an on-site wellness gym with adaptive exercise equipment, as well as group fitness, independent aquatics and personal training options. To learn more, call **443-923-9474**.

Resource Finder

Kennedy Krieger shares a wealth of resources and information about developmental disabilities trough its Resource Finder, which includes:

- Parent and caregiver resources
- Local, state and national association information
- Educational, child care and recreational resources
- Workshops and continuing education events
- Lists of service providers and specialists

Visit **KennedyKrieger.org/ResourceFinder** or call **1-800-390-3372** for more information.

DINING AND ACCOMMODATIONS

Baltimore

Where to eat: On the second floor of our outpatient center at 801 North Broadway is The Nook Cafe, as well as vending machines and a microwave oven. There are also food options throughout the adjacent Johns Hopkins Medicine campus. Maps are available at the security desk.

Where to stay: The Institute's Broadway Campus is located approximately 10 minutes from Baltimore's Inner Harbor, a major tourist area offering a variety of accommodations. Some hotels offer patient packages, which may include discounted and accessible rooms, transportation, and complimentary or discounted meals. The closest hotel to the center's Broadway Campus is the <u>Residence Inn by Marriott</u> <u>Baltimore at the Johns Hopkins Medicine campus</u>. Be sure to ask for the Kennedy Krieger patient rate: WB7.

Maple Lawn

Where to eat: There are a number of food and dining establishments near this location. Dining options range from a quick cup of coffee, to fast-casual restaurants, to casual dining.

Where to stay: The closest hotel to this location is the <u>Residence Inn by Marriott Fulton at Maple Lawn</u>. Be sure to ask for the Kennedy Krieger patient rate: WB7.

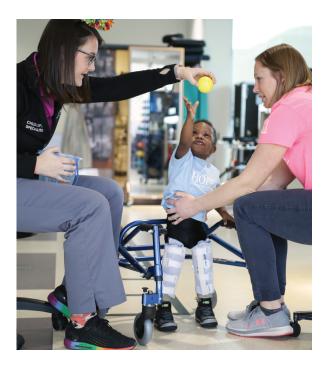
Visit MapleLawnMd.com for more information about the Maple Lawn area.

White Marsh

Where to eat: Dining options near this location range from coffee shops to fast-casual restaurants.

Where to stay: The closest hotel to this location is <u>SpringHill</u> <u>Suites by Marriott Baltimore White Marsh/Middle River</u>. Be sure to ask for the Kennedy Krieger patient rate: WB7.





For more information, please visit our website: **SpinalCordRecovery.org**



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