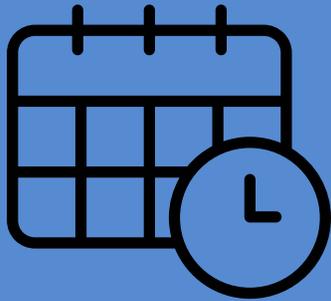


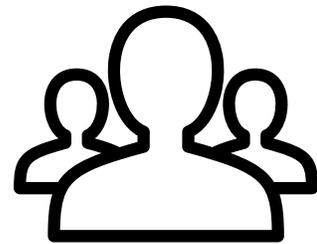
# Back to School FAQ



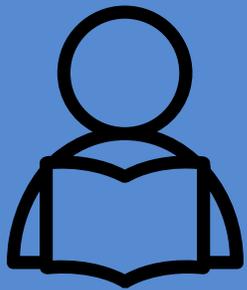
## How soon should my child go back to school?

As soon as possible! We suggest a brief rest (usually 1-3 days), followed by gradual return to school. If your child cannot tolerate full days of school right away, begin with partial days with short-term accommodations and progress to full days as able.

## Who should I tell that my child has a concussion?



Identify a "point person" (e.g. guidance counselor, school nurse, administrator) who will talk to teachers to ensure your child receives short-term accommodations as needed.



## Can going back to school make my child's concussion worse?

Some students have a temporary increase in symptoms when they first return to school. This is not a sign of increased injury to the brain, but may mean your child needs more support.

## Can my child get accommodations for school?



Short-term accommodations or supports may help your child when they return to school. Your child's medical team will give specific recommendations.



## What if the teacher is not letting my child use their accommodations?

Connect the teacher with your child's point person. They can speak with the teacher about how to best support your child. Follow up with a healthcare provider trained in concussion management if further support is needed.