



Center for
Neuropsychological and
Psychological Assessment



My Telehealth Visit at Kennedy Krieger Institute

The doctor may schedule a virtual visit to meet you and your family. We will send a zoom link to the email address in your medical chart. On the date and time of the appointment, you can log on to meet the doctor on a computer, tablet, or phone.



Important things to know before the appointment



Set up for the appointment in a quiet room with limited distractions.



Test out the audio and video before you log on to the appointment. If you have any technical problems, like you cannot hear or see the doctor at any time, make sure to tell the doctor.



The video visit may take 30 minutes or it could take up to 2 hours.

The doctor will ask your adult lots of questions about you. They may ask questions about your family, your health, what school is like for you, and the things you like and don't like. The doctor is here to help, so they want to know all the things you are good at, but also the things that may be hard for you.



What will I do with the doctor?

I might answer some questions. I might be asked to look at pictures, make puzzles, follow directions, and point. Most kids like these activities and think they are fun.

I can ask my doctor questions too!



Any work that the doctor gives me will not be graded.
I will not know ALL the answers and that's okay – I am
not supposed to know! If I don't know an answer, I can
take a guess.

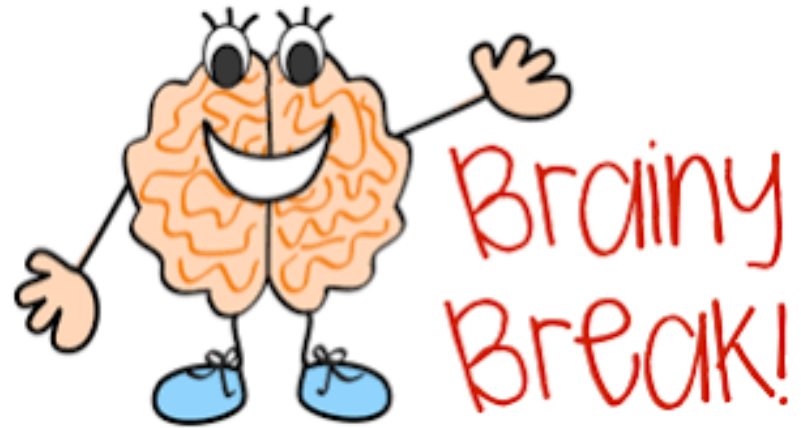
What is most important is that I try your best!



Can I Take Breaks?

Yes, I can take breaks if I need to!

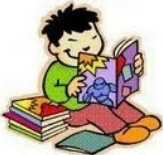
I can ask to take a break or say “yes” when the doctor asks me if I need a break.



Why Am I Working with A Doctor?

The doctor today helps kids figure out how they learn. My doctor helps children figure out what things they are great at, and which things they need help with. All kids are smart in their own way!



<u>Visual</u>  * You prefer using pictures, images, and spatial understanding.	<u>Musical/Auditory</u>  * You prefer using sound and music.	<u>Verbal</u>  * You prefer using words, both in speech and writing.	<u>Physical/Kinesthetic</u>  * You prefer using your body, hands and sense of touch.
<u>Logical/Mathematical</u>  * You prefer using logic, reasoning and systems.	<u>Social</u>  * You prefer to learn in groups or with other people.	<u>Solitary</u>  * You prefer to work alone and use self-study.	What is your learning style?

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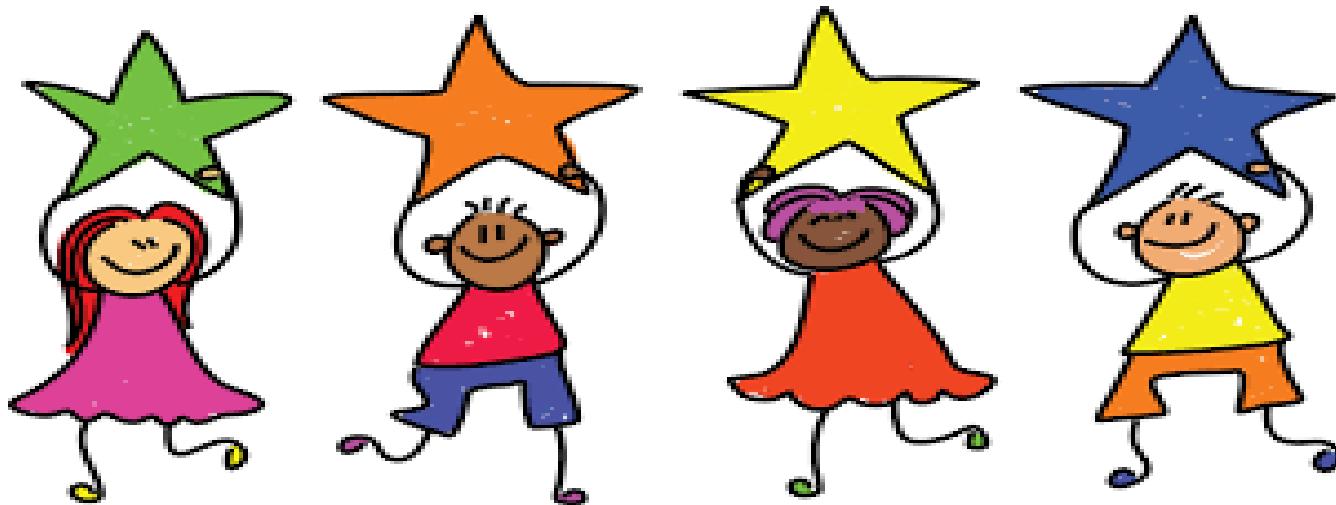


Some kids are great at math, but need help with reading. Other kids may be very good at sports, but need help with getting distracted or worried.

Everyone has strengths and weaknesses! My doctor will help me figure out mine. My doctor may also have ideas for my family, teachers, and other adults who help me, like counselors or therapists. My doctor may decide that my family and I need to come to Kennedy Krieger Institute to have an in-person appointment.



**We look forward to meeting
you soon!**



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