



Center for
Neuropsychological and
Psychological Assessment



My Day with the Doctor at Kennedy Krieger Institute

My Doctor is a Helper

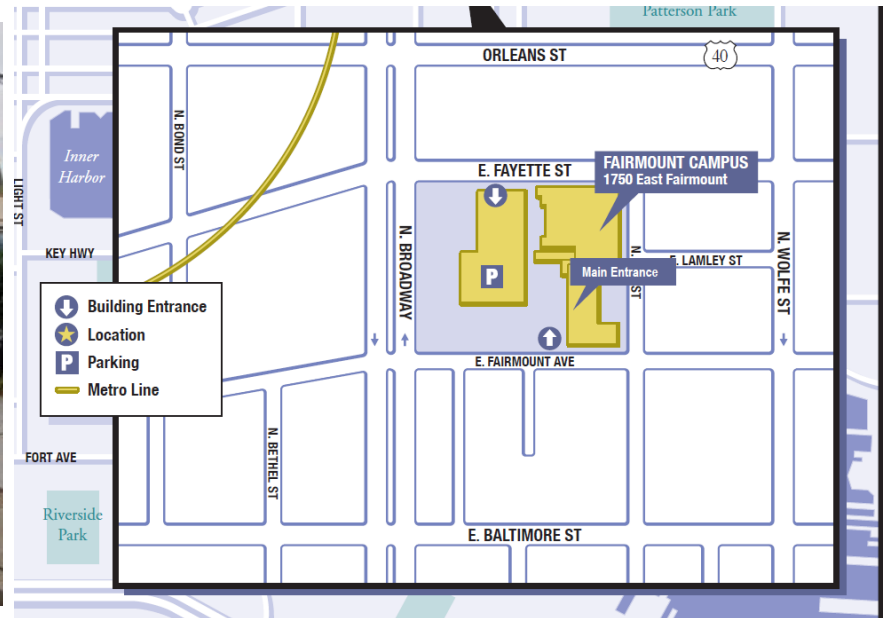
My doctor works with
other children at the
Kennedy Krieger Institute
and will be working with
me soon!

This is the building where
my doctor works!



Parking

If I drive in a car to the visit, I will park on the 2nd floor of the parking garage.

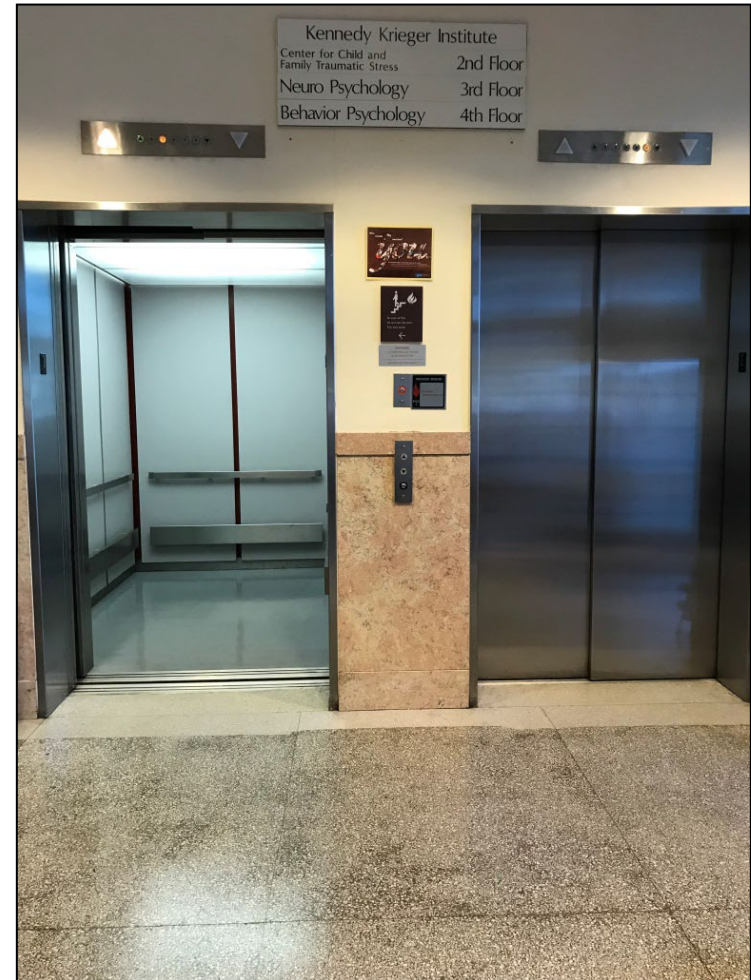


When I come in the entrance, I will check in with the security guard. They will give me a visitor sticker. They can also give me a mask if I don't have one.



We may ask you to wear a face mask to help stop germs. Thank you for helping keep everyone safe!

Then, I can walk up the the stairs or ride in the elevator up to the 3rd floor



I'll come out of the elevator or reach the top of the stairs. Then, I will go through the double doors.



I will check in at the front desk. Then, I can wait in the hallway for my doctor to come meet me.



While I'm here, I will spend the day with a doctor...but this isn't the kind of doctor who gives shots or medicine.

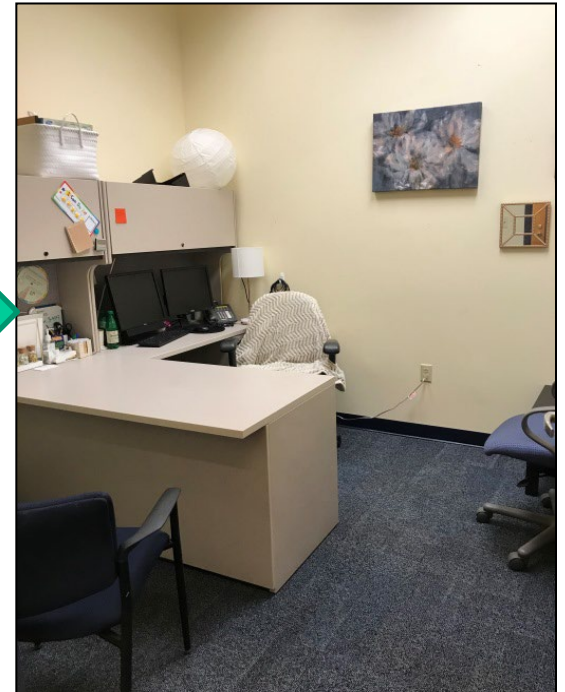
We will talk and do activities to see how I learn.



What Will I Do with My Doctor?

I will go to my doctor's office while my family waits in the waiting room. They have their own work to do! I might answer some questions. I might be asked to look at pictures, make puzzles, follow directions, and point.

Most kids like these activities and think they are fun.



The work that my doctor gives me will not be graded. What is most important is that I try my best.

I will not know ALL the answers and that's okay – I'm not supposed to know! If I don't know an answer I can take a guess.



What Will My Day Be Like?

My doctor will tell me about how long I will be here. Some visits are short and some are long!

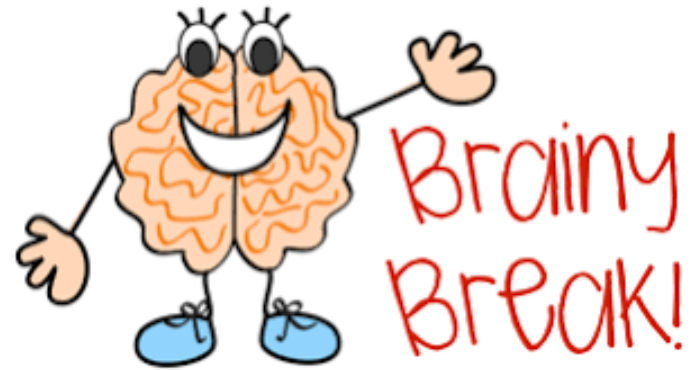


I can bring a drink and snacks in case I get hungry.

I will get a lunch break if my visit is long.

Can I Take Breaks?

Yes, I can take breaks if I need to!



I can ask to use the restroom, grab a quick snack/drink, take time to stretch/move, or see my family to take a break!

Why Am I Working with A Doctor?

The doctor today helps kids figure out how they learn. My doctor helps children figure out what things they are great at, and which things they need help with. All kids are smart in their own way!



<u>Visual</u>  * You prefer using pictures, images, and spatial understanding.	<u>Musical/Auditory</u>  * You prefer using sound and music.	<u>Verbal</u>  * You prefer using words, both in speech and writing.	<u>Physical/Kinesthetic</u>  * You prefer using your body, hands and sense of touch.
<u>Logical/Mathematical</u>  * You prefer using logic, reasoning and systems.	<u>Social</u>  * You prefer to learn in groups or with other people.	<u>Solitary</u>  * You prefer to work alone and use self-study.	What is your learning style?

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Some kids are great at math, but need help with reading. Other kids may be very good at sports, but need help with getting distracted or worried.

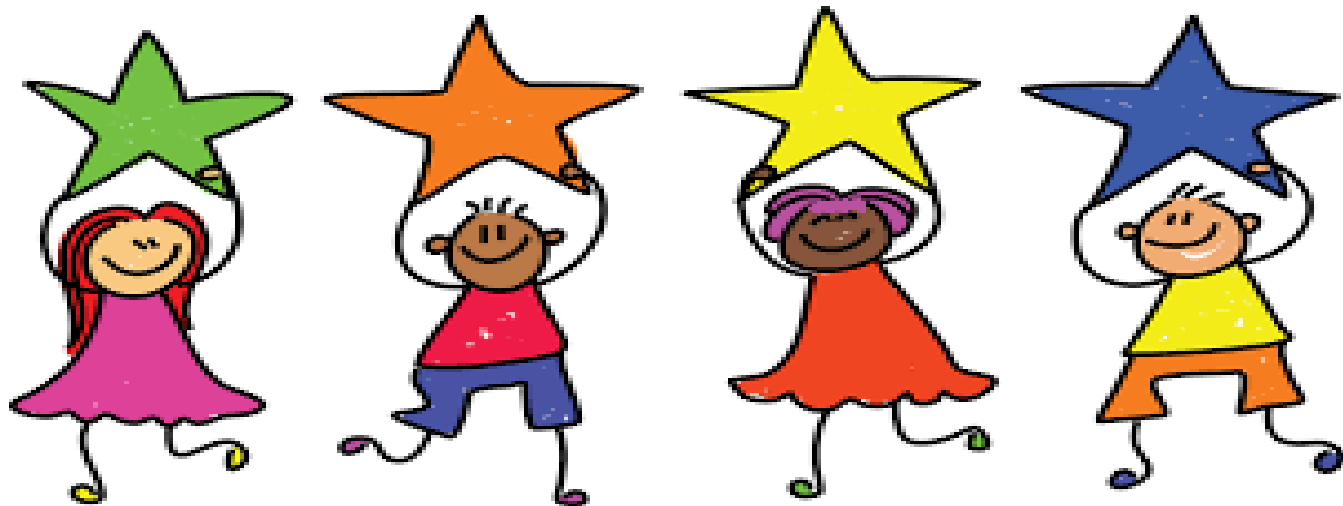
Everyone has strengths and weaknesses! My doctor will help me figure out mine. My doctor will be able to tell my family about the activities we did together and how I learn. My doctor may also have ideas for my family, teachers, and other adults who help me, like counselors or therapists.



Things To Remember

It is okay if the work is hard or if I do not know the answers. All I have to do is try my best.

Everyone will be proud of me for working with my doctor.



We look forward to working with you soon!