# Therapeutic Recreation Internship at Kennedy Krieger Institute

**Hours:** 560 hours total- 40 hours a week for 14 weeks **Days:** Monday-Friday

\*Please note: candidates will be required to develop 2 evening and 2 weekend programs which need to be completed during their 14-week internship period \*Specific dates to be determined once candidate(s) are selected

## RECREATIONAL THERAPY AT KENNEDY KRIEGER INSTITUTE

- Serves children to young adults on the inpatient rehabilitation unit with traumatic brain injuries, spinal cord injuries, chronic pain, feeding disorders, individuals recovering from orthopedic surgeries, and other complex medical conditions
- Provides leisure interventions to promote social, physical, cognitive, and emotional functioning
- Works closely with a multidisciplinary team (CL, PT, OT, SLP, NP, BP) to increase independence for each patient

## RECREATIONAL THERAPY INTERVENTIONS

Leisure education and exploration
Adaptive recreation education
Socialization
Gross motor & fine motor activities
Cognitive skill development
Sensory stimulation
Coping and adjustment to injury or illness
Self-expression
Community reintegration outings
Co-treatments with interdisciplinary treatment team
Special Events

### INTERNSHIP SCHEDULE BREAKDOWN

#### Weeks 1-2:

Department and Inpatient orientation

#### Weeks 3-4:

Recreational
Therapy/Inpatient Rehab
observations

#### Weeks 5-9:

Co-facilitation of Recreational Therapy responsibilities

#### Weeks 9-14:

Independent facilitation of Recreational Therapy responsibilities