

# Specialized Transition Program

A Fairmount Rehabilitation Program at Kennedy Krieger Institute

## Who We Are

The Specialized Transition Program (STP), one of the Fairmount Rehabilitation Programs, is a comprehensive rehabilitation day hospital for patients who are not in need of hospitalization but still need intensive, coordinated care. STP was developed to treat children and adolescents with intensive therapeutic needs. In our program, patients receive a full range of physical and cognitive rehabilitation services for neurological and orthopedic conditions, while also receiving educational programming—a natural environment for children. It is our goal that patients successfully transition back into their school system, home, and community life.

## Who We Serve

We treat children and adolescents with a variety of needs, including patients with:

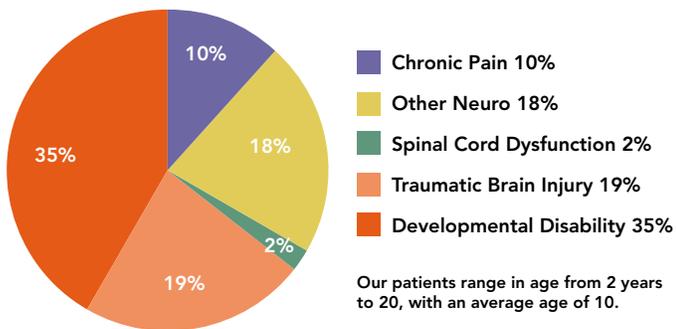
- A traumatic brain injury or acquired central nervous system injury requiring rehabilitation
- Orthopedic procedures requiring rehabilitation, focusing on those with developmental disabilities
- Spinal cord dysfunction, who need medical management or rehabilitation of life skills required for independent functioning
- Developmental disabilities, who can benefit from a period of intensive multidisciplinary therapy to achieve functional goals
- Chronic pain, who can benefit from rehabilitation



## Our Team

Patient care is provided by an interdisciplinary team of:

- Pediatric rehabilitation physicians
- Physical therapists
- Occupational therapists
- Speech and language pathologists
- Neuropsychologists
- Nurses
- Special educators
- Psychologists
- Social workers
- Psychiatrists



We are all born with great potential.  
Shouldn't we all have the chance to achieve it?



## Our Success

Our program has a proven record of treatment success and patient satisfaction:

- 100 percent of family members reported overall satisfaction with our care.
- 91 percent of children met or exceeded the goals set at their admission.

## Cost Benefits

Patients are discharged from the hospital more quickly when being discharged to the STP program. Our setting is more natural and comfortable than continued inpatient hospital care, and depending on the needs of the patient, can typically cost between 30%-60% less.

*"I don't think you could find a better rehabilitation program, especially geared toward children. Everybody truly has your child's best interests at heart."*

– Debbie Opiekun, parent

Additional consultative services are provided, as needed, in the following areas:

- Orthopedics
- Neurology
- Adaptive equipment
- Assistive technology
- Behavioral psychology
- Nutrition

## Our Treatment Approach

Rehabilitation plans are developed under the direction of the pediatric rehabilitation physician. During rehabilitation, patients generally spend four hours a day in therapy addressing physical, daily living, communication, cognitive, medical, and equipment goals. STP is a year-round, five-days-a-week program that takes place during regular school hours. The typical length of time that patients participate in our program is 20 to 40 days.

## Contact Information

### Specialized Transition Program at Kennedy Krieger Institute

For more information or to schedule an appointment, please call **443-923-4587** or toll-free at **888-554-2080**.

TTY: **443-923-2645** or Maryland Relay **711**

### [KennedyKrieger.org/Rehabilitation](http://KennedyKrieger.org/Rehabilitation)

### Physicians & Healthcare Professionals

To make a referral, call our Physician Referral Line at **443-923-9403**.

### Program Location:

1750 East Fairmount Avenue  
Baltimore, MD 21231

### Mailing Address:

707 North Broadway  
Baltimore, MD 21205

Kennedy Krieger Institute recognizes and respects the rights of patients and their families and treats them with courtesy and dignity. Kennedy Krieger Institute provides care that preserves cultural, psychosocial, spiritual, and personal values, beliefs, and preferences. Care is free from discrimination based on age, race, ethnicity, religion, culture, language, physical or mental disability, socioeconomic status, sex, sexual orientation, and gender identity or expression including transgender. We encourage patients and families to become active partners in their care by asking questions, seeking resources, and advocating for the services and support they need.



Learn More. Get Involved. Stay Connected. Visit [KennedyKrieger.org/Connect](http://KennedyKrieger.org/Connect).