Who We Are
The Specialized Transition Program (STP), one of the Fairmount Rehabilitation Programs, is a comprehensive rehabilitation day hospital for patients who are not in need of hospitalization but still need intensive, coordinated care. STP was developed to treat children and adolescents with intensive therapeutic needs. In our program, patients receive a full range of physical and cognitive rehabilitation services for neurological and orthopedic conditions, while also receiving educational programming—a natural environment for children. It is our goal that patients successfully transition back into their school system, home, and community life.

Who We Serve
We treat children and adolescents with a variety of needs, including patients with:

- A traumatic brain injury or acquired central nervous system injury requiring rehabilitation
- Orthopedic procedures requiring rehabilitation, focusing on those with developmental disabilities
- Spinal cord dysfunction, who need medical management or rehabilitation of life skills required for independent functioning
- Developmental disabilities, who can benefit from a period of intensive multidisciplinary therapy to achieve functional goals
- Chronic pain, who can benefit from rehabilitation

Our Team
Patient care is provided by an interdisciplinary team of:

- Pediatric rehabilitation physicians
- Physical therapists
- Occupational therapists
- Speech and language pathologists
- Neuropsychologists
- Nurses
- Special educators
- Psychologists
- Social workers
- Psychiatrists

Our patients range in age from 2 years to 20, with an average age of 10.
Additional consultative services are provided, as needed, in the following areas:
- Orthopedics
- Neurology
- Adaptive equipment
- Assistive technology
- Behavioral psychology
- Nutrition

Our Treatment Approach
Rehabilitation plans are developed under the direction of the pediatric rehabilitation physician. During rehabilitation, patients generally spend four hours a day in therapy addressing physical, daily living, communication, cognitive, medical, and equipment goals. STP is a year-round, five-days-a-week program that takes place during regular school hours. The typical length of time that patients participate in our program is 20 to 40 days.

Our Success
Our program has a proven record of treatment success and patient satisfaction:
- 100 percent of family members reported overall satisfaction with our care.
- 91 percent of children met or exceeded the goals set at their admission.

Cost Benefits
Patients are discharged from the hospital more quickly when being discharged to the STP program. Our setting is more natural and comfortable than continued inpatient hospital care, and depending on the needs of the patient, can typically cost between 30%-60% less.

“I don’t think you could find a better rehabilitation program, especially geared toward children. Everybody truly has your child’s best interests at heart.”

– Debbie Opiekun, parent

Contact Information
Specialized Transition Program at Kennedy Krieger Institute
For more information or to schedule an appointment, please call 443-923-4587 or toll-free at 888-554-2080.
TTY: 443-923-2645 or Maryland Relay 711
KennedyKrieger.org/Rehabilitation

Physicians & Healthcare Professionals
To make a referral, call our Physician Referral Line at 443-923-9403.

Program Location:
1750 East Fairmount Avenue
Baltimore, MD 21231

Mailing Address:
707 North Broadway
Baltimore, MD 21205

Kennedy Krieger Institute recognizes and respects the rights of patients and their families and treats them with courtesy and dignity. Kennedy Krieger Institute provides care that preserves cultural, psychosocial, spiritual, and personal values, beliefs, and preferences. Care is free from discrimination based on age, race, ethnicity, religion, culture, language, physical or mental disability, socioeconomic status, sex, sexual orientation, and gender identity or expression including transgender. We encourage patients and families to become active partners in their care by asking questions, seeking resources, and advocating for the services and support they need.