

Specialized Transition Program

A Fairmount Rehabilitation Program at Kennedy Krieger Institute

Who We Are

The Specialized Transition Program (STP) at Kennedy Krieger Institute is a comprehensive neurorehabilitation day hospital designed to treat children who are not in need of hospitalization but still require intensive, coordinated therapeutic care.

In the STP, patients receive a full range of physical and cognitive rehabilitation services for neurological and orthopedic conditions as well as educational programming—a natural environment for children. Our goal is for each patient to successfully transition back to their school, home and community life.

We treat patients year-round, five days a week, during regular school hours. The average length of admission for our patients is 31 days, with some needing more or less time depending on the rehabilitation goals they develop with their family and therapeutic care team members.

The STP is one of Kennedy Krieger's Fairmount Rehabilitation Programs, an array of interdisciplinary therapy programs for patients with disorders and diseases of the nervous system.

Who We Serve

Our patients range in age from 2 to 23 years old, with an average age of 9 years. Collectively, they come to us with a variety of diagnoses, including:

- Traumatic brain injury
- Acquired central nervous system injury
- Spinal cord dysfunction
- Persistent pain or other health symptoms
- Developmental disabilities

We also serve patients with rehabilitation needs following orthopedic procedures, with a particular focus on individuals with developmental disabilities.

We provide our patients and their families with:

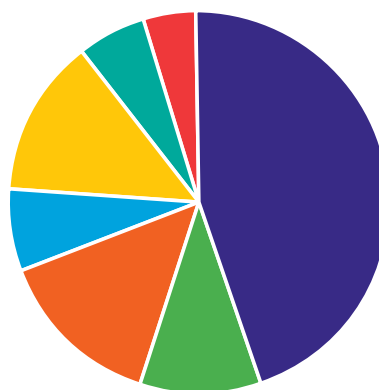
- Intensive rehabilitative therapy targeting the full spectrum of daily life—from mobility to life skills
- Assistance in managing medications and medical care



Our goal is to improve patients':

- Quality of life
- Independent functioning
- Participation in daily activities

Patient Diagnoses



- Cerebral palsy: 44.8%
- Neurological conditions: 10.5%
- Chronic pain: 14.2%
- Stroke: 6.7%
- Acquired brain injury: 13.4%
- Long COVID-19: 6.0%
- Other congenital disorders: 4.5%

Our Team

At the STP, patient care is provided by an interdisciplinary team of:

- Pediatric rehabilitation medical provider
- Physical therapists
- Occupational therapists
- Speech-language pathologists
- Neuropsychologists
- Nurses
- Special educators
- Psychologists
- Social workers
- Psychiatrists

Additional consultative services are provided, as needed, in the following areas:

- Orthopedics
- Neurology
- Adaptive equipment
- Assistive technology
- Behavioral psychology
- Nutrition

Our Treatment Approach

Each patient receives an individualized rehabilitation plan tailored specifically to their needs and developed under the direction of our pediatric rehabilitation providers. During rehabilitation, patients may spend up to four hours a day in therapy addressing physical, communication, cognitive, medical, equipment and daily living goals.

Our Success

Our program has a proven record of treatment success and patient satisfaction:

- 98% of patients surveyed have maintained or improved functional independence
- 97% of family members surveyed report overall satisfaction with our care

Benefits of Day Rehabilitation

Our setting is more natural and comfortable than continued inpatient hospital care. If appropriate, a patient may be discharged from an inpatient hospital

more quickly if their care team knows the patient is going to the STP instead of going home without intensive daily rehabilitation. And depending on the needs of the patient, treatment at the STP can cost 30% to 60% less than inpatient care.

“The staff at the STP is amazing, caring and very professional. We felt blessed to work with them and are extremely grateful for all they did to assist our son in achieving his goals. We would highly recommend this program to anyone who would benefit from it.”

– Parent

CONTACT US

Specialized Transition Program at Kennedy Krieger Institute

For more information or to schedule an appointment, please email STPReferrals@KennedyKrieger.org or call **443-923-4587**, or call toll-free at **888-554-2020**. TTY users, please contact us at **443-923-2645**, or dial **711** to make a Maryland Relay call.

[KennedyKrieger.org/Rehabilitation](https://www.KennedyKrieger.org/Rehabilitation)

Physicians and Healthcare Professionals

To make a referral, email us at FindASpecialist@KennedyKrieger.org or call our Physician Referral Line at **443-923-9403**.

Program Location

1750 East Fairmount Avenue
Baltimore, MD 21231

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