

## USING A VISUAL SCHEDULE

GOAL:

# To create and implement a visual schedule

1. **Choose** one routine or task.
2. **Write** down the steps for your child to follow.
3. **Use pictures** to create a visual of the steps.
4. **Show** your child the schedule and practice how to use it.
5. **Praise** your child when they start using it on their own.

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➤ *Stay calm and parent on*