

STRENGTHENING YOUR BOND THROUGH PLAY

GOAL:

To create connections during play

1. **Choose** toys that promote creativity.
2. **Schedule** a block of time to play each day.
3. **Follow** your child's lead. You can describe or imitate play.
4. **Be mindful** of your interactions. Avoid creating your own rules.
5. **Praise** behaviors you want to see.
6. **Minimize** attention when misbehavior occurs.

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➤ *Play is the one of the best spaces to learn*