

KENNEDY KRIEGER INSTITUTE: PEDIATRIC OUTPATIENT SPINAL CORD INJURY PROGRAM OUTCOME DATA

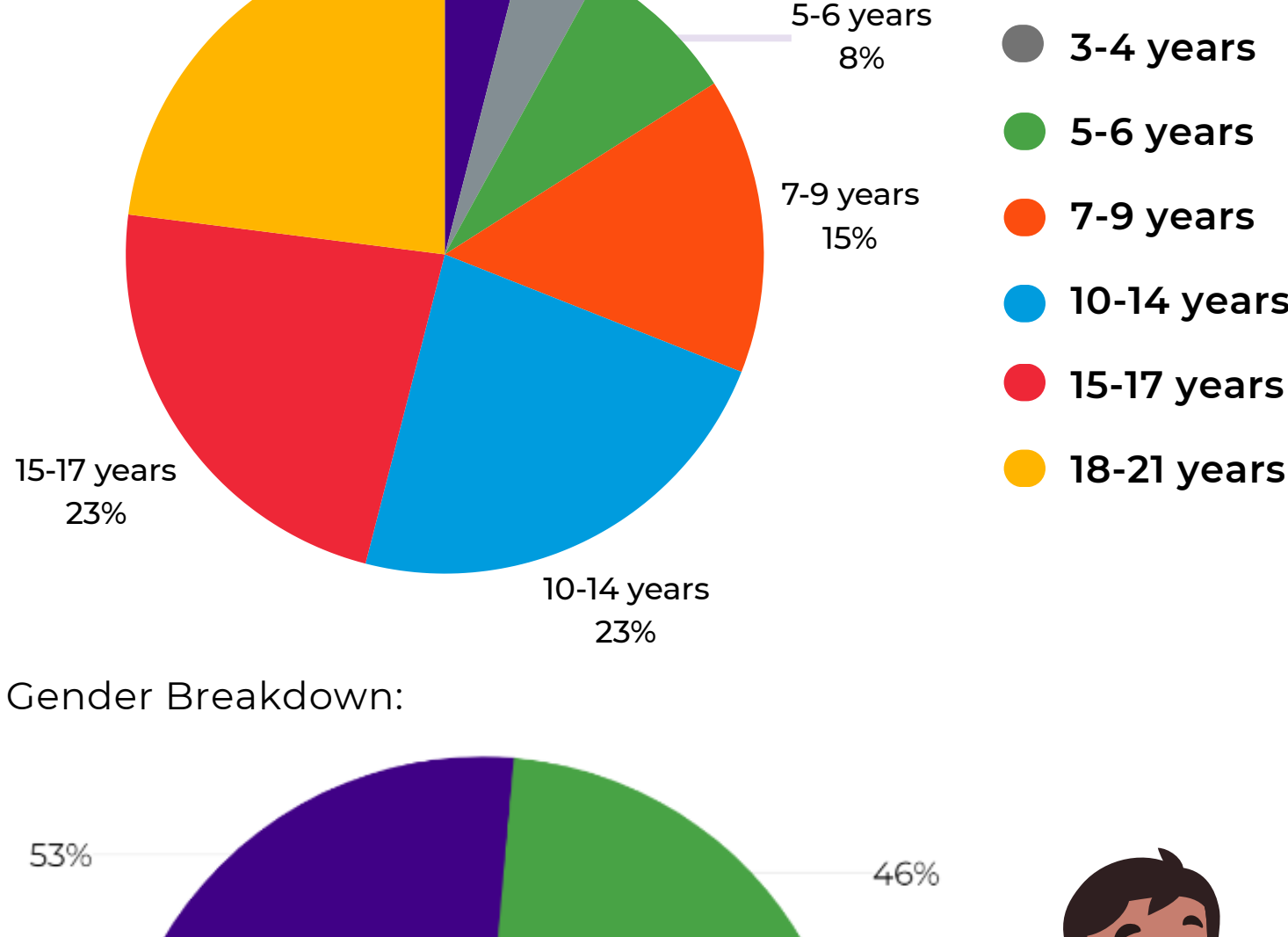


FY 23

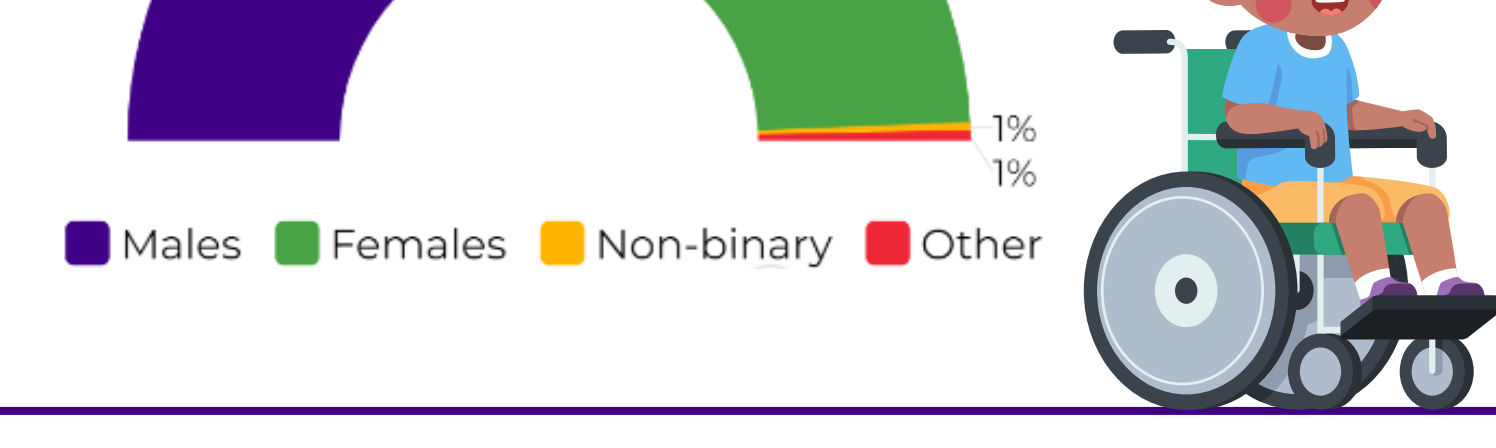
Who is treated in the Pediatric Outpatient Spinal Cord Injury Program at Kennedy Krieger?

During fiscal year 2023*, 161 children and adolescents with spinal cord injury/dysfunction were treated in the Outpatient Spinal Cord Injury Program.

Below is the age breakdown of those patients:



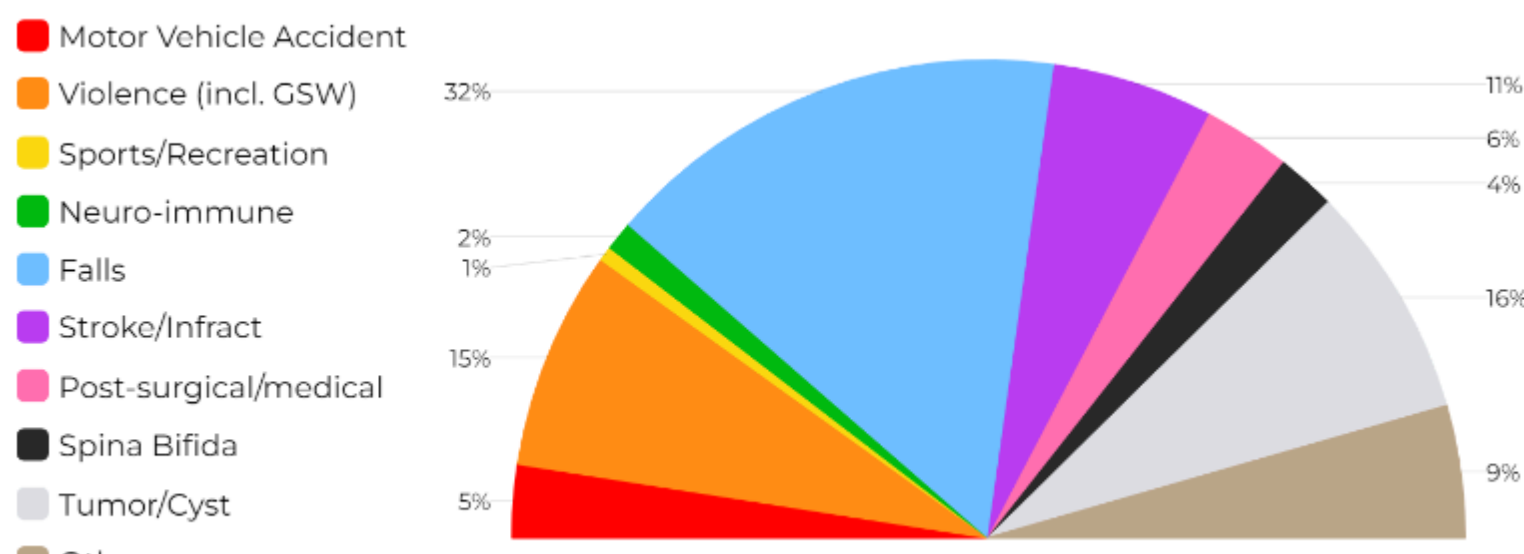
Gender Breakdown:



Diagnoses Treated

The Pediatric Spinal Cord Injury Program treats children and adolescents who have experienced a variety of causes of their spinal cord dysfunction, both traumatic and non-traumatic.

Below is a breakdown of the most common diagnoses treated:



Types of Patients Treated

The patients who come to the Spinal Cord Injury program have functional challenges related to their spinal cord injury.

These challenges may include:



When appropriate, the providers will refer patients to additional medical services at Johns Hopkins Hospital or other hospitals with expertise in the care of individuals with spinal cord injuries.

Interdisciplinary Treatment Team

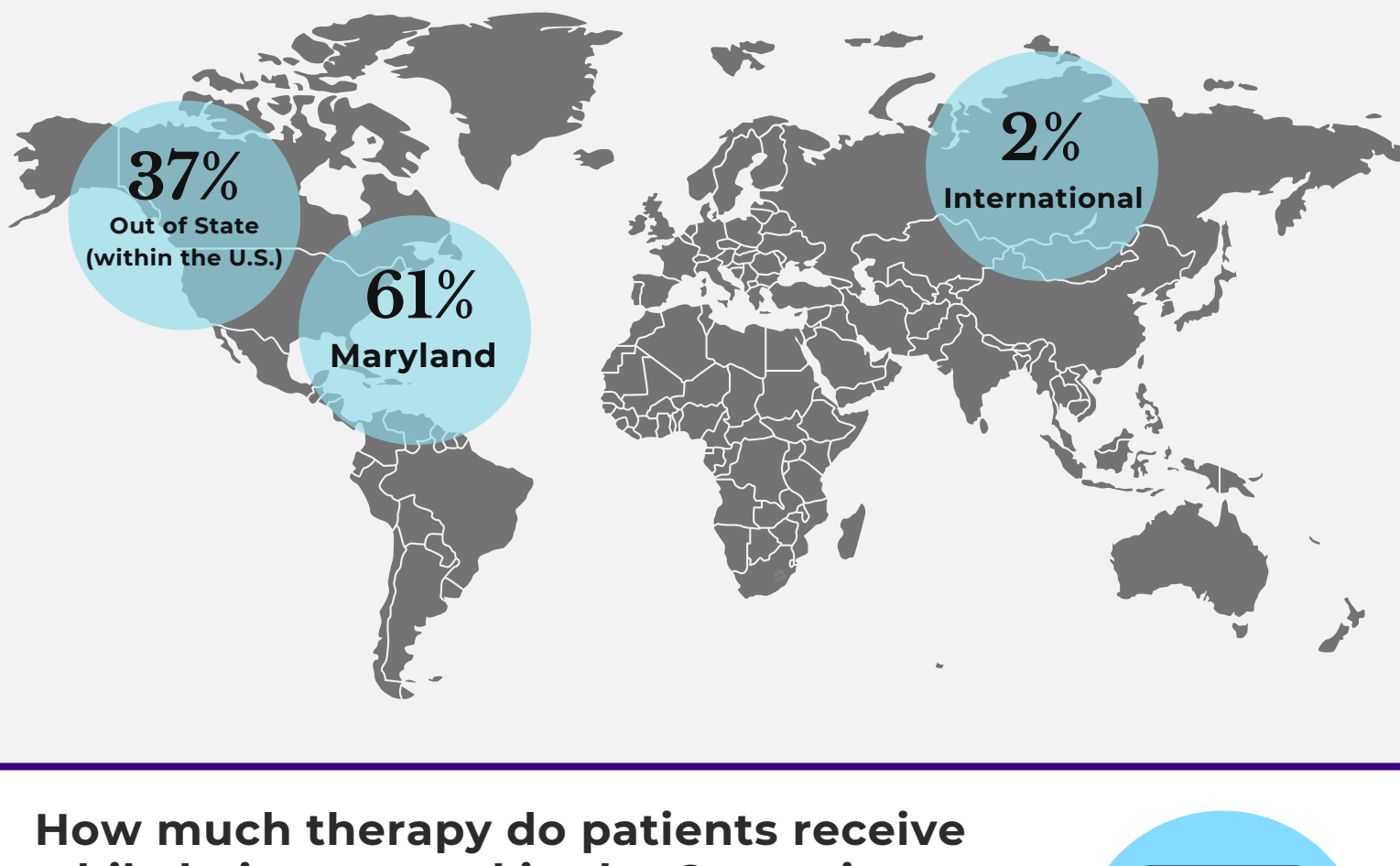
This outpatient team may include:

- Aquatic Specialists
- Assistive Technology Professionals
- Child Life Specialists
- Nurse care managers
- Nurse practitioners / Nurses
- Occupational therapists/ Assistants
- Orthotists
- Personal Trainers Physical Therapists/ Assistants
- Psychologists
- Seating and Mobility
- Specialists
- Social Workers



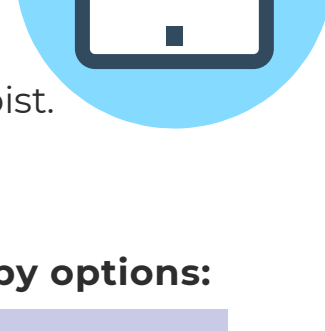
Where do patients live who are seen by the Pediatric Outpatient Spinal Cord Injury Program?

In fiscal year 2023, patients came from the following areas:



How much therapy do patients receive while being treated in the Outpatient Spinal Cord Injury Program?

In the medically supervised outpatient therapy program, therapists work one-on-one with patients, focusing on achievement of goals set by the patient, physician and therapist. Patients who are treated by the Spinal Cord Injury Program must be medically stable and able to participate in therapy.



The Spinal Cord Injury Program offers two unique therapy options:

Short-term intensive therapy:

In this five-day-a-week program, patients attend therapy one to three weeks for two to five hours of therapy per day—depending on medical recommendations.

Extended intensive therapy:

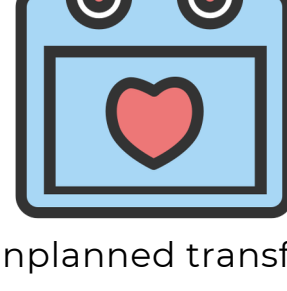
In this program, patients typically attend therapy one to three times per week for six to 12 weeks and receive one to four hours of therapy per day.

The length of therapy is based on the recommendations of your medical provider.

In addition, specialized Aquatic Therapy is available with either therapy option. This specialized therapy features innovative pools with multiple jets, built-in treadmills, video systems, and floors that operate on lifts to allow barrier-free entry and exit for patients in wheelchairs.

What happens if a patient gets acutely sick or has a medical emergency while an outpatient at Kennedy Krieger?

Due to our proximity to and affiliation with The Johns Hopkins Hospital and other community hospitals, we are able to treat patients with intensive, but stable medical needs, such as those requiring a ventilator for breathing.



Occasionally, these more intensive medical needs require unplanned transfers to acute care.

No pediatric patients had medical emergencies requiring transfer to The Johns Hopkins Hospital or other local hospitals in FY23.

How is a patient and their family involved in the care received from the Pediatric Outpatient Spinal Cord Injury Program?

Kennedy Krieger is committed to providing person and family-centered care which is a collaborative approach and delivery of services. Our services reflect the person and family-centered care principles of participation; collaboration; information sharing; dignity and respect; and equity, diversity and inclusion.



Individuals served and their family members are encouraged to participate in treatment planning, goal setting, family meetings, and education and training sessions.

What kinds of improvements might patients receiving treatment from the Pediatric Outpatient Spinal Cord Injury Program be expected to make?

99%

99% of patients* remained living in the community were independent or showed improvement in functional mobility, activities of daily living, or strength during their admission.

100%

100% of patients under 18 are attending school, early intervention, or in a home school program.

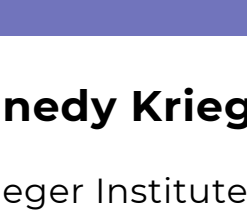
96%

96% of patients* had no interruptions in therapy.

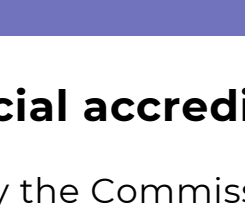
*Based on a scientifically representative sample.



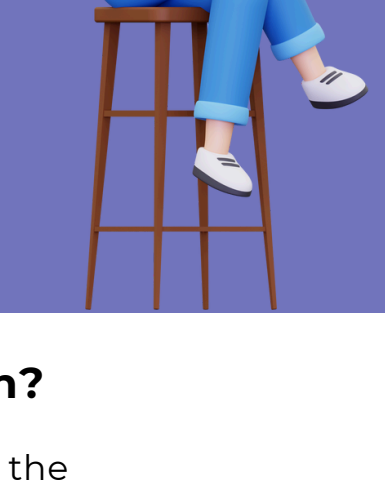
What do patients and their families say about their experience at Kennedy Krieger Institute?



100% of patients surveyed rated the therapy services they received as excellent



100% of patients surveyed rated their medical team as superior



Does Kennedy Krieger have special accreditation?

Kennedy Krieger Institute is accredited by the Commission on the Accreditation of Rehabilitation Facilities (CARF) and The Joint Commission.

Every three years, both organizations review the Institute to ensure all its programs meet or exceed the very high standards it sets for the care of its patients.



*FY 23 represents the dates from July 1, 2022 to June 30, 2023.