

KENNEDY KRIEGER INSTITUTE: COMMUNITY REHABILITATION PROGRAM OUTCOME DATA

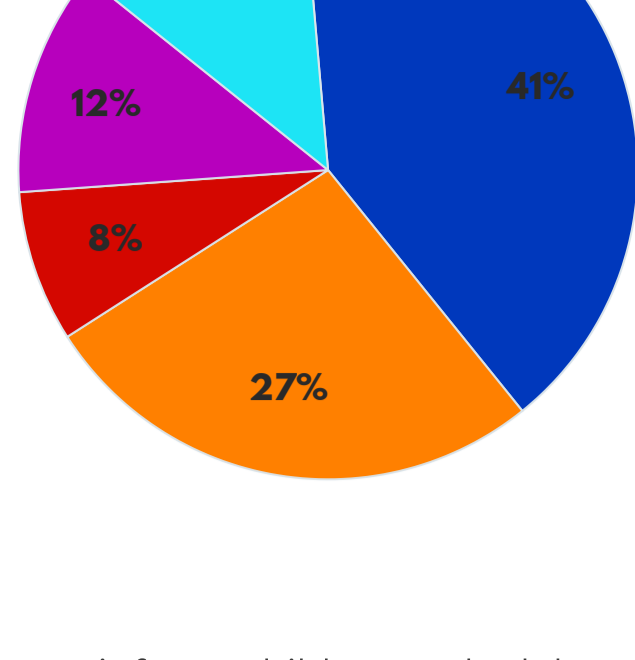
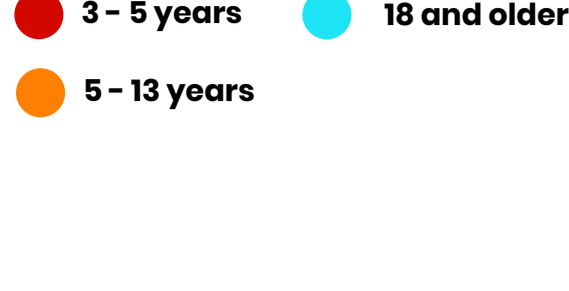
FY 21



Who is treated in the Community Rehabilitation Program at Kennedy Krieger?

During fiscal year 2021*, 101 patients were treated in the Community Rehabilitation program at Kennedy Krieger.

Age breakdown of patients:



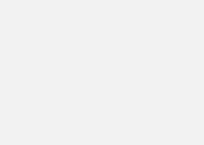
Protocols seen

The Community Rehabilitation Program treats infants, children and adolescents who, collectively, have a variety of protocols.

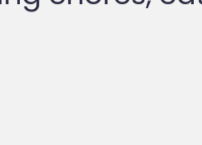


Types of Patients Treated

The patients who participate in the Community Rehabilitation program have limitations in at least one of the following areas:

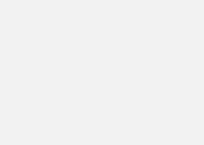


MOBILITY

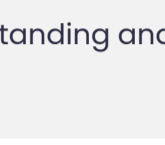


ENGAGING IN ACTIVITIES OF DAILY LIVING

(Doing chores, eating)

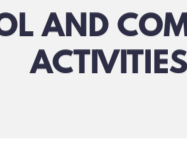


PERFORMING DAILY SELF-CARE ACTIVITIES



COMMUNICATION

(Understanding and speaking)



PARTICIPATING IN HOME, SCHOOL AND COMMUNITY ACTIVITIES

Interdisciplinary Treatment Team

Patients served in the Community Rehabilitation Program may have complex needs. An experienced interdisciplinary treatment team works with every patient and the family to address individual needs.

This team may include:

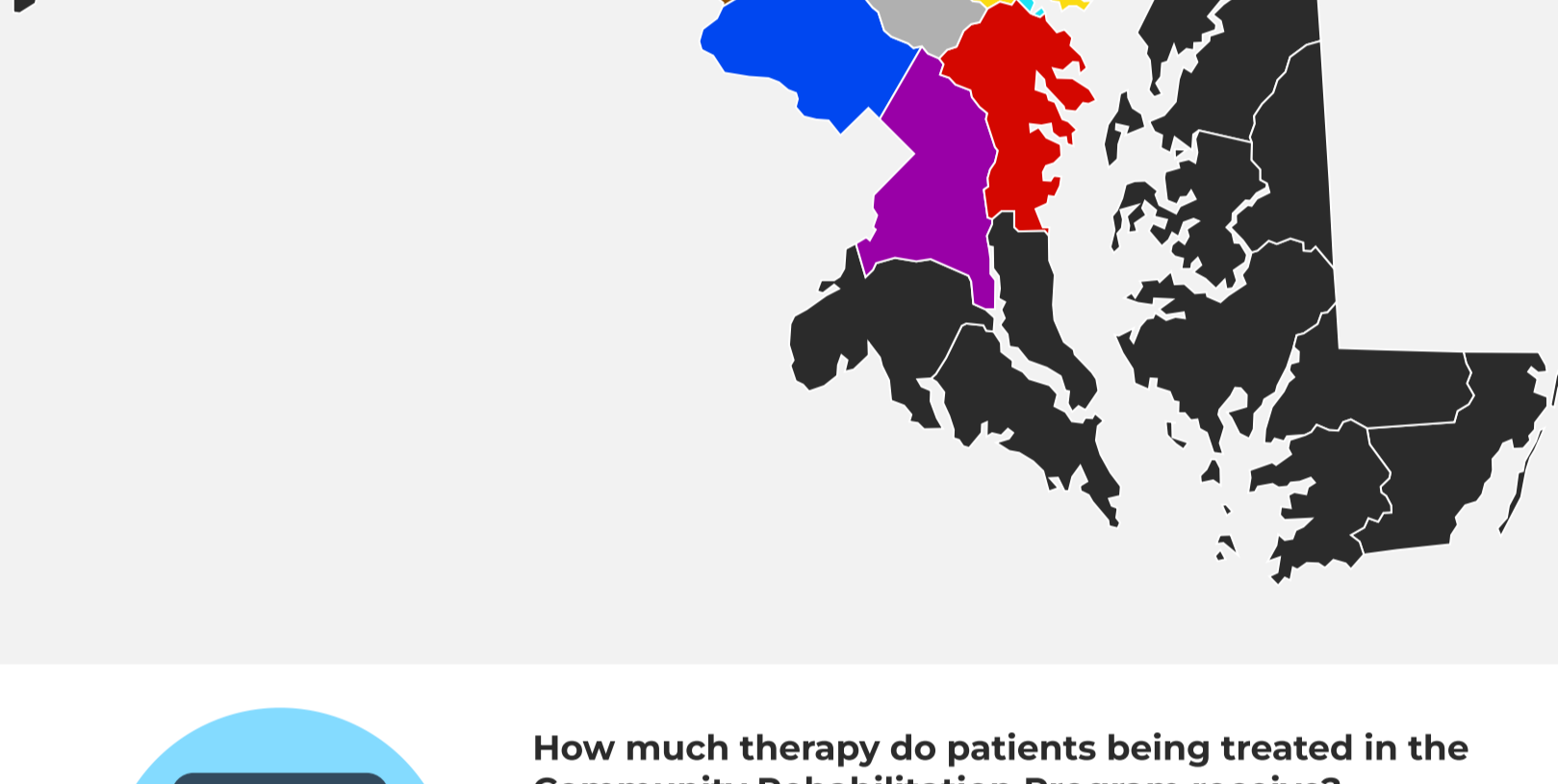
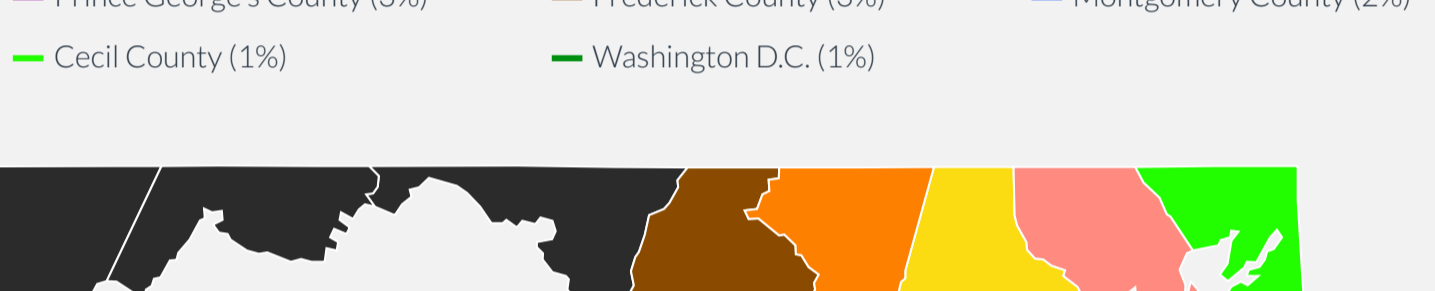
- Adaptive aquatic specialists
- Neuropsychologist
- Nurse case managers
- Occupational therapists
- Physiatrists
- Physical therapists
- Seating and mobility specialists
- Social Worker
- Special educators
- Speech/language pathologists



Where do patients live who are seen by the Community Rehabilitation Program?

All of the patients treated in the Community Rehabilitation program in FY 21 were from Maryland.

Here is a breakdown of the counties in which we serve:



How much therapy do patients being treated in the Community Rehabilitation Program receive?

Depending on the needs of the individual, patients in the Community Rehabilitation program receive an average of 2.5 hours of therapy per week.

The treatment team evaluates each individual. Based on the results of these evaluations, the treatment team and the family develop a plan for community-based treatment.

Each treatment plan falls within one of five therapy models, as follows:

Intensive Model:

For patients needing intense therapeutic intervention to guide rapid recovery following a medical intervention or newly acquired neurological or orthopedic issue.

This model offers three or more visits each week, for three to four weeks.

Frequent Model:

For patients who are continuously progressing but still need specific therapeutic interventions.

This model offers one to two visits each week, for three to four weeks.

Transitional Model:

For patients who can work independently on their therapy goals but may still need monitoring to ensure their progress continues.

This model offers visits every other week for approximately four weeks.

Periodic Model:

For patients making slower progress, who need practice, but not intensive therapy, to continue toward their goals.

This model offers monthly or quarterly visits.

Consultative Model:

After patients are discharged from the Community Rehabilitation Program, follow-up and consultation can be provided for when a need or when a question arises.

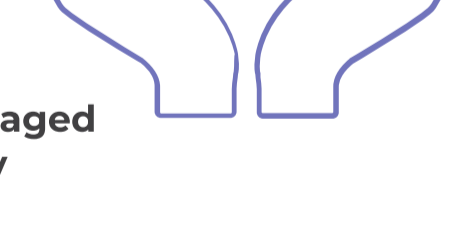
This model is offered on an as-needed basis.



*Please note that not all patients will go through each therapy model; for example, a patient might start with the Transitional Model.

How is a patient and their family involved in the care received from the Community Rehabilitation Program?

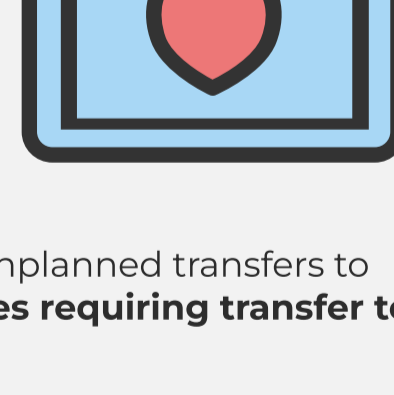
Kennedy Krieger is committed to providing person and family-centered care which is a collaborative approach to the planning and delivery of services. Our services reflect the person and family-centered care principles of participation; collaboration; information sharing; dignity and respect; and equity, diversity and inclusion.



Individuals served and their family members are encouraged to participate in treatment planning, goal setting, family meetings, and education and training sessions.

What happens if a patient gets acutely sick or has a medical emergency while at Kennedy Krieger?

Kennedy Krieger has **Advanced Life Support-certified medical staff members and nurses on-site 24 hours a day, seven days a week**, with the equipment and processes in place to respond to medical emergencies.



Due to our proximity to and affiliation with The Johns Hopkins Hospital, we are able to admit patients with intensive, but stable medical needs, such as those requiring a ventilator for breathing.

Occasionally, these more intensive medical needs require unplanned transfers to acute care. However, **no patients had medical emergencies requiring transfer to The Johns Hopkins Hospital in FY 21.**

What kinds of improvements might patients receiving treatment from the Community Rehabilitation Program be expected to make?

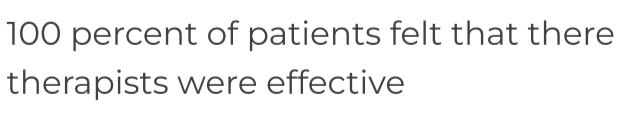
During fiscal year 2021*:



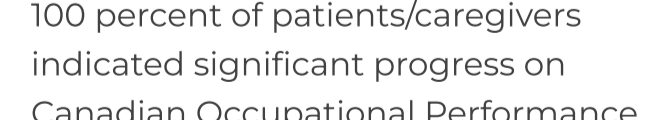
100 percent of patients sustained or improved their functional status



92 percent of primary admission goals were achieved by discharge



100 percent of patients felt that their therapists were effective

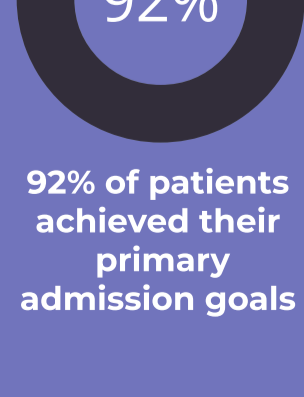


100 percent of patients/caregivers indicated significant progress on Canadian Occupational Performance Measure (COPM) goals for admission.

What do patients and their families say about their experience with the Community Rehabilitation Program?



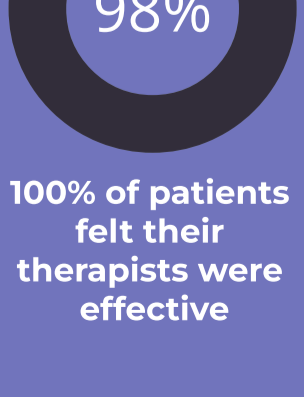
During fiscal year 2021*:



92% of patients achieved their primary admission goals



100% of caregivers indicated significant satisfaction with program on COPM goals



100% of patients felt their therapists were effective



100% of caregivers were satisfied with the program

Does Kennedy Krieger have special accreditation?

Kennedy Krieger Institute is accredited by the Commission on the Accreditation of Rehabilitation Facilities (CARF) and The Joint Commission.

Every three years, both organizations review the Institute to ensure all its programs meet or exceed the very high standards it sets for the care of its patients.



*FY 21 represents the dates from July 1, 2020 to June 30, 2021.