

# Vagus Nerve Stimulation Magnet

## PROCEDURAL GUIDANCE

1. Review the student-specific emergency plan or seizure action plan.
2. Locate the magnet.
3. Explain procedure using developmentally appropriate teaching strategies. Consider self-management goals and encourage participation as appropriate.
4. Pass the magnet over the generator for 1–2 seconds, swiping from mid-chest at the left clavicle towards the left armpit. If difficulty is encountered with a single pass of the magnet, an optional cross-pattern may be used. Stimulation will start immediately after the magnet passes over the generator.
5. Do not continuously hold the magnet over the generator.
6. If seizure continues after the first swipe (1 minute), may repeat additional magnet swipes every 1 minute for up to 3 additional swipes or per student plan.
7. If seizure continues, proceed with the next step of the student plan.

## OTHER CONSIDERATIONS FOR CARE

- Document the seizure type, length, characteristics, and use of VNS.
- The magnet may be located on the student's belt clip, wristband, or attached to the student's wheelchair. It should be easily accessible for use by trained school personnel.
- Stimulation triggered by the magnet will last about 1 minute.
- Clothes do not need to be removed, but a heavy jacket should be opened when using the magnet.
- Storage and magnet safety may also need to be considered, specific to device brand/model.