

Procedure for Ostomy

Trainee Name: _____

Procedure	Rationale	Date	Evaluator Initials	Date	Evaluator Initials	Date	Evaluator Initials
1. Check orders.	Orders are current and up to date.						
2. Wash hands.							
3. Prepare supplies a. Clean pouch b. Clean skin barrier/wafer (if 2 piece system) c. Measuring guide d. Scissors e. Protective powder, paste or ordered skin care topical f. Gloves	Encourage participation by allowing the student to be involved as much as possible.						
4. Explain procedure at student's level of understanding. Position as needed.	Will help student to achieve self-care skills. Encourage participation, with supervision.						
5. Put on gloves.	Standard precautions.						
6. Empty contents of used pouch into container or toilet.							
7. Remove old pouch and skin barrier.	Carefully remove by gently pushing skin way from pouch. Do not rip off of skin.						
8. Wash stoma with soap and water. Assess skin.	Do not use soap with lotions or fragrances. They may irritate the skin or leave an oily residue.						

9. Measure stoma using guide, if necessary.	Measurement should be closest to stoma size, without touching or restricting edges.						
10. Follow orders for skin care preparation.	Sometimes a wipe or powder is ordered.						
11. Prepare new pouching system.	Cut to stoma size. Be sure to smooth edges so it does not irritate stoma when applied.						
12. Center new pouch or wafer directly over stoma. Firmly seal without leaks or wrinkles.	A smooth surface prevents skin breakdown.						
13. Apply new bag, if necessary. Be sure end of bag is clamped or valve closed.	For 2 piece systems, the bag is attached using a “Tupper Ware” type lock. Be sure bag is sealed/closed to prevent leaking of contents.						

Trainer’s signature_____ Date_____

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Porter, S.M., Branowicki, P.A., & Palfrey, J.S. (2014). *Supporting students with special health care needs: guidelines and procedures for schools*. Baltimore: Paul H. Brookes Publishing Co., Inc.