



Procedure: Bolus feed, Open or Push Syringe

Trainee Name: _____ Title: _____ Date: _____

| Procedure steps | Rationale | Evaluator Initials/Date | Evaluator Initials/Date | Evaluator Initials/Date |
|---|---|-------------------------|-------------------------|-------------------------|
| 1. Check orders. | Verify orders are current. Note type of formula/feed, volume, flush, etc. | | | |
| 2. Wash hands. | | | | |
| 3. Prepare supplies a. Formula/feed b. Extension tube c. Syringe (60mL) d. Water flush e. Gloves | Encourage participation by involving the student in checking and gathering necessary supplies. | | | |
| 4. Explain procedure at student's level of understanding. | | | | |
| 5. Position student | Student may be seated, standing, or supine with HOB elevated at least 30-45° during and after feed. | | | |
| 6. Put on gloves. | | | | |
| 7. Attach primed extension tube to the low-profile balloon "button" enteral feeding device. (Commonly referred to as Mic-Key or MiniOne button.) | Priming the extension tube will prevent air from entering the stomach. The extension tube should "lock" into the button device. | | | |
| 8. <i>For open syringe</i> | Formula/feed will not begin to flow until tubing has been unclamped. Syringe should | | | |

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| <p>Remove syringe plunger. Attach empty syringe to primed extension tube. Unclamp extension tubing and pour formula/feed into syringe. Adjust elevation of syringe to control the flow of formula/feed.</p>  | <p>be held at least 6 inches above level of stomach. Student can assist, as able. Adjust level of syringe (raise/lower) to control flow (faster/slower). Monitor student's tolerance.</p> | | | |
| <p>9. <i>For push syringe</i></p> <p>Draw formula/feed into syringe using plunger. Attach to extension tubing and unclamp. Gently push syringe plunger to administer formula/feed.</p>  | | | | |
| <p>10. Flush tubing with</p> | <p>Water will clear the feeding tube and prevent it from</p> | | | |

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| water. | clogging. A water flash amount may be a prescribed order if the student requires a specific amount. | | | |
| 11. Clamp extension tube and detach from feeding port. Close plug on the skin-level feeding tube device. | Remove the extension tubing to prevent tube from accidental dislodging if pulled or caught. Close the plug to prevent formula/feed or stomach contents from leaking out of the button. | | | |
| 12. Clean supplies. Dry and properly store. | Rinse supplies using warm water and mild soap, as appropriate. Air dry to prevent residue or bacteria. Store in clean area or refrigerate. | | | |
| 13. Remove gloves and wash hands. | | | | |
| 14. Document. | Note feeding volume, student's tolerance of feed, and stoma skin assessment. | | | |

Evaluator Initials

Evaluator signature

