







# About Me!

- Senior Public Health and Psychology double-major at UMBC
- Dream job: Program consultant for institutions that address health issues among minority populations
- Fun fact: I love nature!



## My Role



## Developing Useful Skillsets

Helping community members develop skills that are applicable in the workplace.



## **Emotional Support**

Managing behavior in public settings and helping community members control heightened emotions



#### Service Notes

Completed after each service communicating detailed reports about how the service went.





## New Skills

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#### Communication

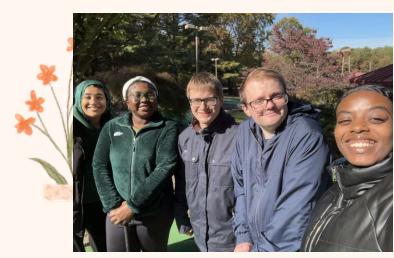
Clear and empathetic, verbal and non-verbal

## Flexibility

Adapting to unexpected changes and individuals needs

## **Program Planning**

Practicing how to set up and deliver structured and impactful programs





## Key Takeaways





## Each individual is different.

Each community member has different strengths and weaknesses and should be handled in ways that cater to their needs.

# Community members want to be understood.

Community members want to be recognized as human, and not always an individual with a disability.

# My Groups





