

# Resources from Project HEAL

## Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI)

### General Resources and Videos

- [Social Security Disability Benefits: What You Need to Know](#)
- [Eight Common Myths About Social Security Benefits Video Series](#)

### Fact Sheets

- [Age-18 Redeterminations](#)
- [Benefit Amounts](#)
- [Benefits and Past-Due Benefits](#)
- [Benefits for Older Adults](#)
- [Continuing Disability Reviews](#)
- [Documenting Expenses](#)
- [Family and Survivor Benefits](#)
- [Overpayments](#)
- [Representative Payees](#)
- [Resources](#)
- [Saving Money](#)
- [Updating the SSA](#)
- [Work and Disability Benefits](#)

### Application Toolkits and Sample Documents

- [Supplemental Security Income \(SSI\) and Social Security Disability Insurance \(SSDI\): Benefits and Application Process – A Toolkit for Adult Applications](#)
- [Supplemental Security Income \(SSI\): Benefits and Application Process – A Toolkit for Child Applications](#)
- [Rental Agreement](#)

### Project HEAL

Project HEAL (Health, Education, Advocacy, and Law), a community-based program of the Maryland Center for Developmental Disabilities at Kennedy Krieger Institute, can help answer specific questions about SSI and SSDI benefits.

To connect with Project HEAL, call **443-923-4414** or complete an [online intake form](#).



For more information on Project HEAL, please scan the QR code or visit: [KennedyKrieger.org/ProjectHEAL](https://KennedyKrieger.org/ProjectHEAL)

