

# Resources from Project HEAL

## Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI)

### General Resources and Videos

- Social Security Disability Benefits: What You Need to Know: [English](#); [Spanish](#)
- Eight Common Myths About Social Security Benefits Video Series: [English and Spanish](#)

### Fact Sheets

- Age-18 Redeterminations – [English](#)
- Benefit Amounts – [English](#)
- Benefits and Past-Due Benefits – [English](#)
- Benefits for Older Adults – [English](#)
- Continuing Disability Reviews – [English](#)
- Documenting Expenses – [English](#)
- Family and Survivor Benefits – [English](#)
- Overpayments – [English](#)
- Representative Payees – [English](#)
- Resources – [English](#)
- Saving Money – [English](#)
- Updating the SSA – [English](#)
- Work and Disability Benefits – [English](#)

### Application Toolkits and Sample Documents

- Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI): Benefits and Application Process – A Toolkit for Adults – [English](#)
- Supplemental Security Income (SSI): Benefits and Application Process – A Toolkit for Child Applications – [English](#)
- Rental Agreement – [English](#)

### Resources for Clinicians

- Frequently Asked Questions About Disability Benefits from SSA: A Guide for Social Workers – [English](#)

### Project HEAL

Project HEAL (Health, Education, Advocacy, and Law), a community-based program of the Maryland Center for Developmental Disabilities at Kennedy Krieger Institute, can help answer specific questions about SSI and SSDI benefits.

To connect with Project HEAL, call **443-923-4414** or complete an [online intake form](#).



For more information on Project HEAL, please scan the QR code or visit: [KennedyKrieger.org/ProjectHEAL](https://KennedyKrieger.org/ProjectHEAL)

