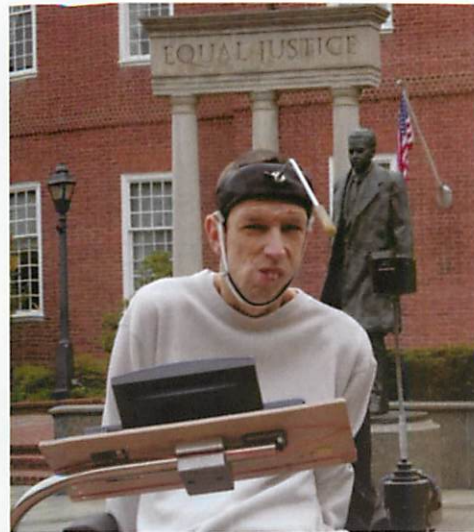


Self advocacy is about speaking up for yourself.

People on the Go is a statewide self advocacy group in Maryland with the membership consisting of local self advocacy groups from around the state.

Self advocacy groups help people stand up for what is important to them and bring people together to advocate for common issues. There is always power in numbers.



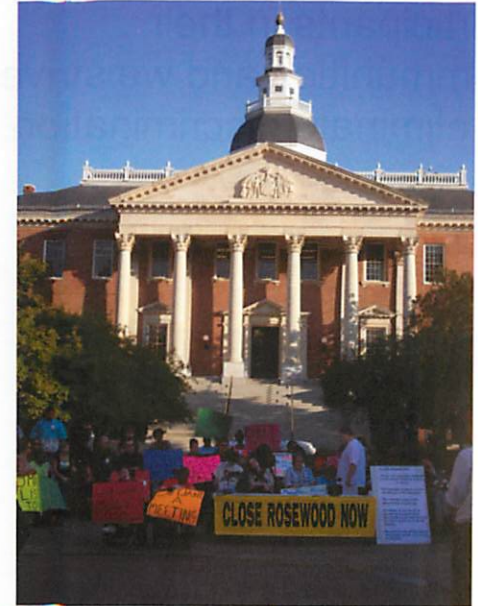
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People **On The** 

Moving Forwards & Advocating For Change



*Advocating*

*Moving Forward*

*Leading*

*Making Connections*

*Taking Action*



People On the Go (P.O.G) of Maryland is a group of advocates with intellectual and developmental challenges who use our voices to be heard and recognized. We believe all people should be active participants in their communities and we strive to eliminate discrimination.

P.O.G. holds quarterly meetings in different regions of Maryland for their membership.

## Making Connections

Trainings about issues of interest are presented to the membership.



## Taking Action

Additionally, from a developed legislative platform P.O.G is present and active throughout the Legislative session

## Advocating



Suggested activities for local and/or statewide involvement are decided on during meetings.

## Moving Forward



At the meetings current statewide legislative issues, proposed policy changes, and local concerns are discussed.

## Leading

**Community  
For  
All!**

