

Kennedy Krieger Institute

Promoting Positive Mental Health Outcomes for Black Youth: How School, Home and Community Members Can Help

Date: Thursday, May 18, 2023

Time: 9 a.m. to 12:15 p.m.

Cost: Free but registration is required and space is limited

Where: Live Interactive Webinar

Registered participants will receive an e-mail with instructions on how to join the session.

Objectives: Participants will be able to:

1. Discuss the critical role that providers and community members play in promoting positive mental health outcomes for youth of color.
2. Describe ways in which Black youth are at a disadvantage in various areas of life, including social, legal and health.
3. Demonstrate understanding and knowledge of best practices that produce more equitable experiences and outcomes for Black youth.
4. Identify how to effectively support and involve Black youth in the community health promotion efforts.
5. Discuss cultural differences in the role and function of parental support for Black youth.
6. Utilize effective strategies which promote positive mental health outcomes for Black youth and apply the **"Family as Host" model** for culturally responsive practice.

This training is sponsored by the Maryland Suicide Prevention Office, Office of Minority Health and Health Disparities, and Black Mental Health Alliance in collaboration with the Maryland Center for Developmental Disabilities at Kennedy Krieger Institute.



Dr. Mirian Ofonedu, PhD, LCSW-C, is the director of training at the Maryland Center for Developmental Disabilities. She holds an Associate Faculty position at the Johns Hopkins University Bloomberg School of Public Health, Department of Mental Health and at the University of Maryland Baltimore Graduate School, and an Adjunct Faculty position at the University of Maryland School of Social Work. [Click](#) to read presenter's bio.

Given the goal of Healthy People 2030, to achieve health equity, eliminate disparities and improve the health of all groups, there is the need for coalition building and strategies for promoting positive mental health outcomes for youth of color. Community-, faith- and clinic-based organizations and their professionals play a key role in promoting health among various groups, including racial and ethnic minorities, and therefore need to embed cultural and linguistic competencies into their practice for successful care outcome and in addressing health disparities. This workshop will provide a unique learning opportunity for participants on prevention and effective strategies, which promote positive mental health outcomes for youth of color.

Instructional Level: Intermediate

Who Should Attend? Psychologists, Social workers, Counselors, Educators, Parents and caregivers, Nurses, Clinical/medical staff, Direct support professionals and other community service providers, Speech/Physical/Occupational therapists, Community members, Students/trainees.

To Register, [Click](#) or Call 443-923-9555

3.0 Continuing Education Hours

Maryland Center for Developmental Disabilities at Kennedy Krieger Institute is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education programs and maintains full responsibility for this program. Kennedy Krieger Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. Kennedy Krieger Institute maintains responsibility for this program and its content. 3.0 Continuing Education Credits (Category 1) will be granted to social workers and licensed psychologists. A Certificate of Attendance will be made available for all other disciplines. **This seminar reflects program content and is intended to meet the Maryland license requirement to enhance competence in the provision of psychological services to culturally diverse populations.** No conflicts have been identified (this includes commercial support and research grants/funding).

For more information on our trainings or to request accommodation or assistance for individuals with disabilities, please contact us by phone at 443-923-9555, email Training.MCDD@KennedyKrieger.org, or visit MCDD.KennedyKrieger.org. Requests should be made as soon as possible but at least 7 days prior to the scheduled meeting.



Maryland Center for Developmental Disabilities
at Kennedy Krieger Institute
Building Partnerships. Changing Lives.