

Healing Through Natural Mentoring Relationships: Strategies for Promoting Mental Health and Social Well-being of Marginalized and At-Risk Youth

Date/Time: Friday, June 11, 2021

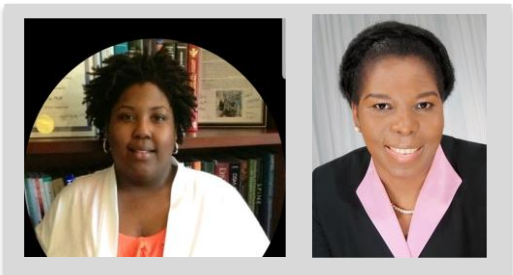
Time: 9 a.m. to 12:15 p.m.

Where: Live Interactive Webinar

Registered participants will receive an e-mail with instructions on how to join the session.

Objectives: Participants will be able to:

1. Identify ways to create and sustain mentoring relationships for at-risk youth.
2. Examine the social and cultural context of supportive natural mentoring relationships for at-risk youth in communities, educational settings, and health care settings.
3. Discuss best practices and the importance of incorporating cultural practices in mentoring at-risk youth from different cultural backgrounds.



Dr. Christi Culpepper, PhD, is a clinical psychologist and the director of the Postdoctoral Fellowship Program, Child and Family Therapy Clinic at Kennedy Krieger Institute. [Click](#) to read presenter's full bio.

Dr. Mirian Ofonedu, PhD, LCSW-C is the Director of Training at the Maryland Center for Developmental Disabilities at Kennedy Krieger Institute. [Click](#) to read presenter's full bio.

*Natural mentoring relationships, those that develop without the auspices of a formal mentoring program and incorporated into typical provision of services, is an important mental and social health intervention for supporting marginalized youth and those deemed as at-risk due to their socioeconomic status, academic performance, or behavior in school. It facilitates the youth's positive connectedness to others and to their communities. Natural mentors (such as coaches, teachers and school nurses, pastors, neighbors, counselors, peers, etc.) provide social, emotional, informational, and other supports to marginalized and at-risk youth. However, at times, providers, parents, and other community members who are in the position to help these youth to establish and to develop natural mentoring relationships have difficulty effectively facilitating these relationships. This session will help to increase participants' knowledge of the cultural and social context of natural mentoring relationships. Participants will learn effective ways to help create, support, and sustain natural mentoring relationships for marginalized and at-risk youth, and increase their efforts to support and promote the optimal social and health outcomes of this population. **Instructional Level:** Intermediate*

Who Should Attend? Psychologists, Social workers, Counselors, Educators, Faith Leaders, Parents and Caregivers, Nurses, Clinical and Medical Staff, Support Staff and other Community Service Providers, Speech/Physical/Occupational therapists, Students/Trainees

To Register, [Click](#) or Call 443-923-9555

3.0 Continuing Education Hours

Maryland Center for Developmental Disabilities at Kennedy Krieger Institute is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education programs and maintains full responsibility for this program. Kennedy Krieger Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. Kennedy Krieger Institute maintains responsibility for this program and its content. 3.0 Continuing Education Credits (Category 1) will be granted to social workers and licensed psychologists. A Certificate of Attendance will be made available for all other disciplines. No conflicts have been identified (this includes commercial support and research grants/funding). The registration fees include: \$55 registration fee will be charged for professionals, \$15 registration for parents/caregivers/individuals with disabilities, and \$10 for students/trainees workshop registrations.

For more information on our Summer Learning Series or to request accommodations or assistance for individuals with disabilities, please contact us by phone at 443-923-9555, email Training.MCDD@KennedyKrieger.org, or visit MCDD.KennedyKrieger.org. Requests should be made as soon as possible but at least seven days prior to the scheduled meeting.



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