

SHARE WITH HCPSS PARENTS OF
CHILDREN WITH DISABILITIES AND OTHERS

Programs and Activities Resource Guide

Family-to-Family Support

Family Ambassador Resource Program

A family-to-family support network where families of children with disabilities can find community among themselves and connect to share their experiences, strategies and resources as they navigate the special education process.

List of Family Ambassadors (ENG)

List of Family Ambassadors (ESP)

Howard County Public School System Family Support and Resource Center

Themed lists linked below:

Childcare Resources

Camps

Therapeutic Recreation

Organizations that Support Families

MSDE Parent Information Series

A series of booklets that provide information for families of students with disabilities ages 3 to 21.

Kennedy Krieger's Resource Finder

The Resource Finder is a project of the Maryland Center for Developmental Disabilities, helping people locate resources based on their individual needs.

Inquiry Form

[800-390-3372](tel:800-390-3372)

ResourceFinder@KennedyKrieger.org

Learning and Enrichment

Casey's Special Education Services – At Home Support (Ages 2-28)

In-home tutor; for neurodiverse students

[561-353-8336](tel:561-353-8336)

CaseyTheSpeducator@Gmail.com

Help Me Speak

Offers reading instruction for children with developmental language delays.

10260 Baltimore National Pike
Ellicott City, MD 21042

[410-442-9791](tel:410-442-9791)

Barbara@HelpMeSpeak.com

Resilience Unlimited (K-12 Students)

Provides literacy intervention

Exact address not listed
Ellicott City, MD

[443-364-8851](tel:443-364-8851)

Hello@ResilienceUnlimited.us

Howard County Public Schools Comprehensive Summer School

Offers a number of learning experiences and educational opportunities. Applications for financial assistance are available.

[410-313-6627](tel:410-313-6627)

HCC Kids on Campus

Howard Community College's summer program provides enrichment education for youth ages 6 to 17.

10901 Little Patuxent Parkway
Columbia, MD 21044

[443-518-4110](tel:443-518-4110)

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Camps and Recreation: Inclusive Camps, Sports, and Art Programs

Columbia Center for Theatrical Arts – Expanding Horizons (Ages 6+)

Programs for theater, including dancing and singing for children and adults with special needs.

6655 Dobbin Rd. Suite 4
Columbia, MD 20145

410-381-0700
Admin@CCTArts.org

Ellicott City Soccer Club (Ages 5-18)

Free program for children with physical, intellectual and emotional disabilities to learn soccer skills.

2600 Marriottsville Rd.
Marriottsville, MD 21104

443-452-8356

Howard County Therapeutic Recreation

Activities throughout Howard County.

410-313-4628

Kinetics Dance Theatre (Ages 11+)

The website says they offer classes designed specifically for students with special needs.

3280 Pine Orchard Ln.
Ellicott City, MD 21042

410-480-1686
School@KineticsDance.org

Camp Fairlee

Camp Fairlee provides a safe and accessible camp experience where campers are challenged to discover their full potential, acquire new skills, and make new and lasting friendships while under the guidance of trained and qualified staff.

22242 Bay Shore Rd
Chestertown, MD 21620

410-778-0566
Fairlee@Esdel.org

Sensory Trail Loop at Centennial Park North

howardcountymd.gov/News111723

9801 Old Annapolis Rd.
Ellicott City, MD 21042

410-313-4700

MyGym

Children participate in energizing fitness games, noncompetitive gymnastics, obstacle courses, music and so much more. Each program is uniquely designed to keep your children moving and active, as we emphasize physical development and personal success.

6905-C Oakland Mills Road
Columbia, MD 21045

410-290-7008

Macgill's Common Pool

Sensory-friendly pool

10025 Shaker Dr.
Columbia, MA 21046

410-730-5995
Aquatics@ColumbiaAssociation.org

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We Rock the Spectrum in Harford County

Provides children with a fun and motivational environment to help them in the areas of strength, movement, sensory processing, communication, positive behavior modification, social interactions, and self-care skills.

1998 Rock Spring Rd., Suite D
Forest Hill, MD 21050

[410-891-4600](tel:410-891-4600)

Camp PALS

PALS also offers a modified 5-day and 4-night program for participants during the off-season and for adults 21+ during the summer.

[267-477-7257](tel:267-477-7257)

Support@PALSPROGRAMS.ORG

Goldfish Swim School (Ages 4 months-12 years)

9315 Snowden River Pkwy.
Columbia, MD 21046

[410-421-7185](tel:410-421-7185)

Pearl Krongard – Swim Lessons (Ages 6 months+)

8910 Stanford Blvd.
Columbia, MD 21045

[443-845-4200](tel:443-845-4200)

Pearl@PKSwim.com

Safe Splash Swim School

7351 Assateague Dr. Suite 394
Jessup, MD 20794

[443-776-8422](tel:443-776-8422)

MoreInfo@SafeSplash.com

Athelas Institute, Inc. – Behavior and Communication Resource Services (BCRS) Center (Adults)

Communication and social skills training is listed under their description

9104 Red Branch Rd.

Columbia, MD 21045

[410-964-1241](tel:410-964-1241)

Questions@AthelasInstitute.org

CARAFAP Foundation (Adults)

Their service lists peer and social skills group

10290 Old Columbia Rd. Suite 340

Columbia, MD 21046

[443-542-9177](tel:443-542-9177)

Info@CARAFAPFoundationInc.org

Collaborative Counseling Center (Children and Young Adults)

5560 Sterrett Place Suite 201

Columbia, MD 21044

[443-546-4000](tel:443-546-4000)

Info@CollaborativeCounselingCenter.com

Continuum Behavioral Health – Social Groups (Ages 7-22)

Variety of groups for individuals with autism

8950 Route 108 Suite 123

Columbia, MD 21045

[703-775-1448](tel:703-775-1448)

Rachel.Voigt@ContinuumGroup.net

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Imagine Wellness

Social skills info is listed under their speech therapy section

9194 Red Branch Rd.
Columbia, MD 21045

443-741-2249

Crystal@ImagineWellnessLLC.com

Kids' Village Therapy

9650 Santiago Rd.
Columbia, MD 21045

443-283-0618

Language Building Blocks (Birth-8)

3231B Corporate Court (third floor)
Ellicott City, MD 21042

301-388-5638

Info@LanguageBuildingBlocks.com

Thrive Emerge (Young Adults)

6925 Oakland Mills Rd. Suite 357
Columbia, MD 21045

410-740-3240

Verbal Beginnings (Children)

Scroll down on the website to read about the after-school program

7090 Samuel Morse Dr. Suite 100
Columbia, MD 21046

855-866-9893

Begin@VerbalBeginnings.com

Camp Attaway (Ages 7-13)

Therapeutic recreation program for children with complex emotional and behavioral disorders

9770 Patuxent Woods Dr.
Columbia, MD 21046

443-518-7671

AttawayPrograms@Gmail.com

Camp Inclusion (Ages 5-21)

For students with and without social, developmental, and physical disabilities

2690 MD-97
Glenwood, MD 21738

443-398-8537

Info@CampInclusion.org

Summer Sensations Day Camp (Ages 4-16)

Therapeutic camp for children with learning differences and sensory processing challenges

7172 Columbia Gateway Dr. Suite B
Columbia, MD 21045

410-997-8081

SummerSensationsCamp@Yahoo.com

Verbal Beginnings – Summertime at Social Beginnings (Children)

For children diagnosed with autism

7090 Samuel Morse Dr.
Columbia, MD 21046

855-910-6147

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Practical Tools

Accessible Go

Searchable database for accessible hotels and accessible city travel guides

Maryland Relay

Provides equipment and services for Marylanders who have difficulty using a telephone

1-800-552-7724

The Image Center – Volunteer for Medical Engineering (VME)

Accessible solutions designed by volunteers

300 E Joppa Rd. Suite 312

Towson, MD 21286

443-320-4007

Info@ImageMD.org

Family Support (Parents/Caregivers)

Thrive Emerge

Virtual only; for parents of neurodiverse teens and young adults

6925 Oakland Mills Rd. Suite 357

Columbia, MD 21045

410-740-3240

Directories/General Maryland Resources

Association for Autism and Neurodiversity (AANE)

Online only; for parents and family members

617-393-3824

Autism Society Baltimore-Chesapeake – Meetings and Groups

Offers a monthly, virtual parent/caregiver discussion group

410-655-7933

Info@BaltimoreAutismSociety.org

Autism Society Maryland – Support and Social Groups

Offers a variety of free, virtual support and social groups

410-290-3466

Info@AutismSocietyMD.org

Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD) – Parents of ADD Support Group

Virtual and in-person support groups throughout Maryland

Contact form

Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD)

Online course for parenting children with ADHD

1-866-200-8098

Parents of Adults with Developmental Disabilities and Other Support Needs

Facebook group

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Give an Hour – Rare Caregivers

Virtual support groups for caregivers of individuals with rare diseases.

Down Syndrome Association of Maryland

Empowers individuals with Down syndrome and their communities through education, resources, outreach and advocacy. We are committed to amplifying our collective voices and broader needs to drive meaningful change.

DSA MD Events Calendar

Maryland Coalition of Families – Early Childhood

Specialists can provide support, guidance, and information to caregivers who have children with developmental delays or behavioral health differences

410-730-8267

Help@MDCoalition.org

Maryland Coalition of Families – Support Groups

Variety of support groups, mostly virtual

410-730-8267

Maryland Coalition of Families – “We Got This” Virtual Autism Support Group

Online only

443-539-6410

JBruce@MDCoalition.org

Pathfinders for Autism

Lists virtual support sessions and Facebook groups for autistic individuals and caregivers

Helpline: 443-330-5370

Playful Therapy Connections

Virtual only; Offers a caregiver support group for neurodivergent individuals

202-750-1028

[Hello@PlayfulTherapy.net](mailto>Hello@PlayfulTherapy.net)

The Arc Maryland – Parent to Parent Program

Through a one-to-one “match,” experienced support parents provide emotional support to families and assist them in finding information and resources

410-571-9320

The Parents’ Place of Maryland

Specialists can help with navigating the special education process, healthcare, and benefits process. They offer a variety of support groups for parents of children with disabilities.

Event Calendar

410-768-9100

Maryland 211

Search this site for different resources or call 2-1-1 to speak with a referral specialist

Maryland Access Point (MAP) (Adults)

Single entry point for individuals seeking long-term support services and a range of community supports

1-844-627-5465

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Disclaimer Statement

The organizations, programs, facilities, and clinicians listed in this resource guide are provided for convenience and informational purposes only. Inclusion in this guide does not constitute an endorsement or recommendation by the project team, participating school systems, or affiliated partners. We do not represent or warrant the quality, adequacy, or competence of any organization, facility, or provider listed.

No guarantees are made regarding the availability, accuracy, or outcomes of services provided by these resources. Individuals and families are encouraged to independently verify all information and determine the suitability of any service for their specific needs.

Use of any listed resource is voluntary and at the discretion of the individual. It is strongly recommended that families verify credentials, licensing, and qualifications of organizations and providers through appropriate state or regulatory agencies (such as the State Department of Health) and through personal inquiry before engaging in services.

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