

When Trauma and Neurodiversity Intersect: Trauma-Informed Strategies for Individuals with Developmental Disabilities



Dr. Ernestine Briggs-King, PhD, is a licensed psychologist with over 25 years of experience in the fields of child maltreatment and child traumatic stress. She is the vice president of the Department for Family and Community Interventions and a faculty at Johns Hopkins University.



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Date: Thursday, September 17, 2026

Time: 9 a.m. to 12:15 p.m. EDT

Where: Live Interactive Webinar

Registered participants will receive an email with instructions on how to join the session.

Objectives: Participants will be able to:

1. Explain how trauma affects individuals with developmental disabilities and their families.
2. Recognize common signs of trauma and stress responses in this population.
3. Apply trauma-informed strategies to improve communication and support emotional regulation.
4. Identify resources and collaborative approaches for creating safe, supportive environments across home, school, and care settings.

**To register, [click here](#)
or call 443-923-4114.**

Individuals with developmental disabilities are at increased risk for trauma, yet signs often go unnoticed, and care strategies may not meet their unique needs. This session will explore how trauma impacts development and behavior, and provide practical, trauma-informed approaches for both professionals and caregivers. Participants will learn tools to foster safety, trust, and resilience in home, school, and clinical settings. **Instructional level:** Intermediate

Who should attend? Professionals and anyone interested in the topic. 3.0 Continuing Education Credits (Category 1) will be granted to licensed social workers and psychologists for attending the session in full and completing all requirements. A Certificate of Attendance will be made available for all other disciplines.

Kennedy Krieger Institute, Maryland Center for Developmental Disabilities is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education programs, and it maintains full responsibility for this program. Kennedy Krieger Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. Kennedy Krieger Institute maintains responsibility for this program and its content. No conflicts have been identified (this includes commercial support and research grants/funding). The registration fees are: \$90 for professionals seeking CE credit, \$70 for professionals and community members not seeking CE credit, and \$35 for students not seeking CE credit who register with a school email address.

For more information on our Annual Learning Series or to request accommodation or assistance for individuals with disabilities, please contact us by phone at **443-923-4114**, email **Training.MCDD@KennedyKrieger.org** or visit **KennedyKrieger.org/MCDDTraining**. Requests should be made as soon as possible but at least seven days prior to the scheduled meeting.

