# Maryland Center for Developmental Disabilities 2020 Summer Learning Series Training Program Course Catalog

## Registration is now Open. Click each course title to register!

**Course#: 001** 

**Grief and Loss: Guiding and Supporting Individuals with Intellectual, Developmental and** 

Other Disabilities Through the Experience

Presenters: Mirian Ofonedu, PhD, LCSW-C, and Tracee Hutt-Brown, MSW, LCSW-C Date: Tuesday, June 9, 2020; Location: 7000 Tudsbury Road, Baltimore, MD 21244

**Time:** 9 a.m. to 12:15 p.m.

**CEUs/Category:** 3.0 Cat. 1 CEUs

#### **Course Description:**

People with intellectual and developmental disabilities (I/DD) and other disabilities are often excluded from rituals and information about death and loss because of the false assumption that they do not comprehend death or experience grief and loss. Just like people without disabilities, people with I/DD also experience the death of family members, pets, friends and support service staff. They, too, respond to loss and share the same reality of death as the absence of life. This workshop will help providers and families increase their knowledge about grief and loss experiences for individuals with I/DD, and their skills on guiding and supporting them through the process, while accounting for cultural differences.

**Instructional Level:** Introductory

### **Learning Objectives:** This workshop is designed to help participants:

- 1. Gain knowledge about grief and loss experiences for people with and without developmental disabilities.
- 2. Explore their own values and attitudes regarding grief and loss and people with I/DD and other disabilities.
- 3. Discuss factors that facilitate or hinder emotional healing.
- 4. Identify effective strategies for guiding and supporting individuals experiencing grief and loss, including individuals with I/DD and other disabilities.

## **Target Populations:**

- Counselors
- Educators
- Occupational therapists
- Organizational leaders
- Parents/caregivers
- Physical therapists
- Psychologists
- Social workers
- Speech/language therapists
- Students
- Support staff and other community service providers



Course#: 002

**Walking the Red: Working With Urban Native Americans** 

Presenter: <u>Dustin Richardson, LCPC</u>

Date: Friday, June 12, 2020; Location: 1741 Ashland Avenue, Room 812A, Baltimore, MD 21205

**Time:** 9 a.m. to 12:15 p.m.

**CEUs/Category:** 3.0 Cat. 1 CEUs

#### **Course Description:**

The Native American population is often invisible, overlooked by the majority of providers operating in urban settings despite the tremendous needs of the community. This session will discuss the challenges of individuals who are Native American and how providers can ally themselves with community members to overcome these challenges. Historical/intergenerational trauma, relevant history of Native American healthcare, and common cultural practice will be discussed. Models of treatment that are effective with this population and input from community members regarding their experiences living in urban settings will be presented. This seminar reflects program content and is intended to meet the Maryland license requirement to enhance competence in the provision of psychological services to culturally diverse population.

**Instructional Level:** Intermediate

#### **Learning Objectives:** This workshop is designed to help participants:

- 1. Define who is an Urban Native American or Urban Indian and how history has shaped and impacted Native American healthcare.
- 2. Describe the rates of trauma, alcoholism, substance use, and mental health disorders within the community.
- 3. Discuss how models of acculturation can help us understand the sense of identity with which Native American clients struggle, and Two-Spirit and LGBTQ+ roles in the community.
- 4. Utilize effective treatment models and resources in the community when working with Native American clients.

#### **Target Populations:**

- Counselors
- Educators
- Occupational therapists
- Organizational leaders
- Paraprofessionals
- Parents/caregivers
- Physical therapists
- Psychologists
- Social workers
- Speech/language therapists
- Students
- Support staff and other community service providers



Maryland Center for Developmental Disabilities at Kennedy Krieger Institute Building Partnerships. Changing Lives.

**Course#: 003** 

<u>Promoting Positive Mental Health Outcomes for Black Youth: How Providers and Faith</u>

**Community Can Help** 

Presenter: <u>Dr. Mirian Ofonedu, PhD, LCSW-C</u>

Date: Tuesday, June 23, 2020; Location: 7000 Tudsbury Road, Baltimore, MD 21244

**Time:** 9 a.m. to 4:30 p.m.

**CEUs/Category:** 6.0 Cat. 1 CEUs

#### **Course Description:**

Given the goal of Healthy People 2020, to achieve health equity, eliminate disparities, and improve the health of all groups, there is the need for coalition building and strategies for promoting positive mental health outcomes for Black youth. Community, faith and clinic-based organizations and its professionals play a key role in promoting health among various groups, including racial and ethnic minorities, and therefore need to embed cultural and linguistic competencies into their practice for successful care outcome and in addressing health disparities. This workshop will provide a unique learning opportunity for participants on prevention and effective strategies, which promote positive mental health outcomes for Black youth. This seminar reflects program content and is intended to meet the Maryland license requirement to enhance competence in the provision of psychological services to culturally diverse population.

**Instructional Level:** Intermediate

**Learning Objectives:** This workshop is designed to help participants:

- 1. Discuss the critical role that providers, faith community, and others play in promoting positive mental health outcomes for youth of color.
- 2. Describe ways in which Black youth are at a disadvantage in various areas of life including social, legal, and health.
- 3. Demonstrate understanding and knowledge of best practices that produce more equitable experiences and outcomes for Black youth.
- 4. Identify how to effectively support and involve Black youth in the community health promotion efforts.
- 5. Discuss cultural differences in the role and function of parental support for Black youth.
- 6. Utilize effective strategies which promote positive mental health outcomes for Black youth.

- Counselors
- Educators
- Faith leaders/community
- Occupational therapists
- Organizational leaders
- Paraprofessionals
- Parents/caregivers
- Physical therapists
- Psychologists
- Social workers
- Speech/language therapists
- Students
- Support staff and other community service providers



### **Course#: 004**

What is Sexual Health? Understanding Healthy Relationships, Sexual Self-Advocacy and Making Informed Choices: A Workshop for People With Disabilities, Ages 18 Years and Up

**Presenters:** Mat Rice and Bayadir Mohamed-Osman

Date: Thursday, June 25, 2020; Location: 7000 Tudsbury Road, Baltimore, MD 21244

**Time:** 2 to 4 p.m.

**CEUs/Category:** None. Certificates of Attendance will be made available to participants.

### **Course Description:**

People with intellectual and developmental disabilities are often left out of the conversation about sexuality, almost as if they are incapable of having thoughts, feelings and needs. In reality, they, too, are sexual beings who need information and skills for making healthy decisions about sexuality. This workshop is designed to help participants understand what is sexual health, learn how to have healthy relationships, know their rights and the meaning of sexual self-advocacy, and make informed choices.

**Instructional Level:** Introductory

**Learning Objectives:** This workshop is designed to help participants:

- 1. Understand what sexual health is.
- 2. Learn how to have healthy relationships.
- 3. Know their rights and the meaning of sexual self-advocacy.
- 4. Make informed choices.

#### **Target Populations:**

• People with disabilities, ages 18 and up



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**Course#: 005** 

<u>Early Screening of Children for Developmental Delays: How Parents and Providers Can</u>

<u>Help</u>

Presenters: Mirian Ofonedu, PhD, LCSW-C, and Susan Webber, MSW, LMSW

Date: Tuesday, June 30, 2020; Location: 7000 Tudsbury Road, Baltimore, MD 21244

**Time:** 9 a.m. to 12:15 p.m.

CEUs/Category: 3.0 Cat. 1 CEUs

### **Course Description:**

Parents, community providers and clinic-based organizations and professionals play a key role in the early identification of young children with developmental delays and the facilitation of early referrals for further evaluation and intervention. When children are not screened early and routinely, opportunities for early identification, referral and intervention are delayed. This session is designed to expand participants' awareness and knowledge of early screening for developmental delays and the need to use practical, culturally responsive and reliable standardized screens. Participants will gain skills that will increase their confidence and intent to identify and refer children for intervention earlier rather than later.

**Instructional Level:** Intermediate

### **Learning Objectives:** This workshop is designed to help participants:

- 1. Explore their own values and attitudes regarding early screening and developmental disabilities.
- 2. Demonstrate understanding and knowledge about early screening while serving as advocates for prevention and intervention in their local communities and agencies.
- 3. Identify ways to increase their confidence and intent to screen children early using evidence-based screening tools.
- 4. Utilize effective strategies to disseminate avaliable screening materials and messages to parents and caregivers of young children in their practice and/or local communities.

- Counselors
- Educators
- Medical and clinical staff
- Occupational therapists
- Organizational leaders
- Paraprofessionals
- Parents/caregivers
- Physical therapists
- Psychologists
- Social workers
- Speech/language therapists
- Students
- Support staff and other community service providers



Course#: 006

**Beyond Physical Inclusion: Strategies for Supporting Full Participation of People With Disabilities in Schools, Organizations and Communities** 

Presenters: Dr. Amie Lulinski, PhD, FAAIDD, and Dr. Rebecca A. March, EdD

Date: Thursday, July 9, 2020; Location: 1741 Ashland Avenue, Room 812B, Baltimore, MD 21205

**Time:** 9 a.m. to 4:30 p.m.

CEUs/Category: 6.0 Cat. 1 CEUs

### **Course Description:**

People with intellectual and developmental disabilities (I/DD) and other disabilities have valued social roles in communities and organizations. Schools, agencies, recreation programs, congregations and communities all play a unique role in encouraging the full participation of people with disabilities in the community. This workshop will discuss ways in which systems collaboration helps to strategize change in intervention development, implementation and service delivery, and will offer effective strategies for facilitating the social inclusion and full participation of people with I/DD and other disabilities in schools, organizations and the community.

**Instructional Level:** Intermediate

### **Learning Objectives:** This workshop is designed to help participants:

- 1. Demonstrate understanding of the difference between increasing the community presence of people with I/DD and other disabilities
- 2. Identify how to facilitate the social inclusion and participation of people with I/DD within the community.
- 3. Describe system level data outcomes (costs of services, residential and employment services) to inform practice and individual outcomes.
- 4. Discuss the role of school, home and vocational rehabilitation programs in the transition from school to adult life and competitive integrated employment.
- 5. Discuss the valued social roles that people with disabilities hold in the community.
- 6. Utilize effective strategies that work to increase social inclusion, community living, support and full meaningful participation across different groups and cultures.

## **Target Populations:**

- Counselors
- Educators
- Occupational therapists
- Organizational leaders
- **Paraprofessionals**
- Parents/caregivers
- Physical therapists
- **Psychologists**
- Social workers
- Speech/language therapists
- Support staff and other community service providers



Course#: 007

<u>Understanding Neuropsychological Assessment and Developmental Disorders:</u>

**Assessment and Treatment Considerations** 

Presenters: <u>Dr. Natasha Ludwig, PhD</u>, and <u>Dr. Rowena Ng, PhD</u>

Date: Tuesday, July 14, 2020; Location: 7000 Tudsbury Road, Baltimore, MD 21244

**Time:** 9 a.m. to 12:15 p.m.

CEUs/Category: 3.0 Cat. 1 CEUs

### **Course Description:**

Neuropsychological assessment supports understanding of the developmental disorders, level of cognitive and social functioning, and symptoms of each individual and their capacity to engage with services. This session will provide an overview of what neuropsychological assessment is and the principles that guide it. Examples of assessment and their interpretation will be provided. The session will also discuss intellectual, behavioral and social functioning associated with autism spectrum disorder, Williams syndrome, and intellectual and developmental disabilities (I/DD), and will provide practical treatment considerations to use when customizing interventions to address the everyday concerns and questions of individuals and their families across different groups and cultures.

**Instructional Level:** Intermediate

### **Learning Objectives:** This workshop is designed to help participants:

- 1. Demonstrate understanding of what neuropsychological assessment is and appropriate referral questions to ask.
- 2. Describe commonly used neuropsychological tests and how to understand the scores.
- 3. Describe the intellectual, behavioral and social functioning associated with autism spectrum disorder, Williams syndrome and I/DD.
- 4. Utilize practical treatment considerations when customizing interventions to address the everyday concerns and questions of individuals and their families.

- Counselors
- Educators
- Paraprofessionals
- Occupational therapists
- Organizational leaders
- Parents/caregivers
- Physical therapists
- Psychologists
- Social workers
- Speech/language therapists
- Students
- Support staff and other community service providers



**Course#: 008** 

**Preparing for the Unexpected: Helping Vulnerable Children in Disasters** 

Presenter: Daniel Dodgen, PhD

Date: Thursday, July 16, 2020; Location: 1741 Ashland Avenue, Room 812B, Baltimore, MD 21205

**Time:** 12 p.m. to 3:15 p.m.

**CEUs/Category:** 3.0 Cat. 1 CEUs

### **Course Description:**

The 21st Century has seen significant increases in the type and frequency of events that impact our health and welfare. These range from public health emergencies like Ebola and measles to acts of violence like terrorism and school shootings to ever-increasing climate related disasters such as hurricanes and wildfires. Children, especially those with special health care needs and disabilities, are among the most vulnerable people in these events. This talk will describe some of these threats with an emphasis on their impact on children and strategies to improve preparedness, response, and recovery for the whole community.

**Instructional Level:** Intermediate

**Learning Objectives:** This workshop is designed to help participants:

- 1. Recognize potential threats and their impact on children.
- 2. Describe how service providers and community can mitigate the impact of these events on children.
- 3. Apply community-based strategies to improve preparedness, response, and recovery.

- Counselors
- Educators
- Paraprofessionals
- Parents/caregivers
- Occupational therapists
- Organizational leaders
- Physical therapists
- Psychologists
- Social workers
- Speech/language therapists
- Students
- Support staff and other community service providers



Course#: 009

On the Road With MCDD: Join Us for a Tour of the Maryland Technology Assistance Program (MD TAP) Library

**Tour Contacts:** Mirian Ofonedu, MCDD Training Director, Lori Markland, MD TAP Executive Director and Denise Barton Schuler, MD TAP Assistive Technology Specialist

Date: Thursday, July 23, 2020; Location: Maryland Technology Assistance Program (MD TAP), 2301

Argonne Drive, Baltimore, MD 21218

**Time:** 10 a.m. to 12 p.m.

No cost to participants but registration is required. (Register early as space is limited.)

### **Tour Description:**

Technologies play an essential role in our everyday life, and for individuals with disabilities, they help increase their independence and capacity to engage fully in daily activities, and in academic and vocational programs. With technological advances, many assistive technology (AT) devices and services are now available to assist individuals with disabilities in overcoming the challenges that largely result from difficulties in acquiring the requisite skills needed to perform a particular task. This tour of the Maryland Technology Assistance Program Library will offer participants the opportunity to see and learn about some of the newest AT on the market, and how AT can best help them, their friends and families, and individuals with disabilities remove barriers associated with task performance. Participants will also learn about AT services, financial loan programs and the loan application process, and how to advocate for AT use at home, school and agencies, and in the community.

**Instructional Level:** Introductory

**Learning Objectives:** This tour is designed to help participants:

- 1. See and learn about some of the newest AT on the market from an AT specialist.
- 2. Learn about how AT can best help them and their friends and family, or the people with whom they work.
- 3. Learn about AT services, financial loan programs and the loan application process.
- 4. Learn about available AT program resources and how to best advocate for their use at home, school and agencies, and in the community.

### **Target Populations:**

- Community living providers
- Educators
- Employment providers
- Health, allied health or rehabilitation professionals
- Individuals with disabilities
- Occupational therapists
- Parents/caregivers
- Physical therapists
- Speech/language therapists
- Students
- Support staff and other community service providers
- Technology service providers



Maryland Center for Developmental Disabilities at Kennedy Krieger Institute

Course#: 010

**Applied Behavior Analysis in the Classroom: An Introduction for Interdisciplinary Staff** 

Members

Presenter: Dr. Aila Dommestrup, PhD, BCBA-D and Dr. Ashley Murphy, PhD, BCBA Date: Tuesday, July 28, 2020; Location: 7000 Tudsbury Road, Baltimore, MD 21244

**Time:** 9 a.m. to 4:30 p.m.

CEUs/Category: 6.0 Cat. 1 CEUs

#### **Course Description:**

This one-day workshop provides participants with an introductory overview of the basic theory of applied behavior analysis (ABA) as it pertains to teaching new behavior and reducing problem behavior for children with intellectual and developmental disabilities (I/DD). This training is for people who are or will be working with children with disabilities, but who do not have a strong behavioral background and wish to learn more about the theoretical foundations of ABA.

**Instructional Level:** Introductory

**Learning Objectives:** This workshop is designed to help participants:

- 1. Describe the history of ABA and its basic theoretical foundations.
- 2. Identify the basic principles of ABA and how it applies to a variety of settings and contexts.
- 3. Apply the basic principles to change behavior, whether in an educational, community, or home setting or situation.
- 4. Discuss using ABA to increase academic behavior.
- 5. Identify some key educational strategies for working with children with disabilities.
- 6. Discuss using ABA to understand problem behavior and how behavior is affected by the environment.

#### **Target Populations:**

- Counselors
- Educators
- **Paraprofessionals**
- Occupational therapists
- Organizational leaders
- Parents/caregivers
- Physical therapists
- **Psychologists**
- Social workers
- Speech/language therapists
- Students
- Support staff and other community service providers



at Kennedy Krieger Institute

**Course#: 011** 

Parent Workshop: Being the Best Advocate for Your Child at, Home, School and in the

**Community** 

Presenters: Mirian Ofonedu, PhD, LCSW-C and Matthew Plantz, Self-Advocate

Date: Thursday, July 30, 2020; Location: Enoch Pratt Free Library (Orleans Street Branch),

1303 Orleans Street, Baltimore, MD 21231

**Time:** 4 to 6 p.m.

No cost to participants but registration is required. (Register early as space is limited.)

### **Course Description:**

Parents and families play an important role in how well children do in school and in the community. They are the first agents for identifying children's strengths and challenges, opening doors to support and services and ensuring that those doors remain open to meet their children's needs.

**Instructional Level:** Introductory

**Learning objectives:** This workshop is designed to help participants:

- 1. Learn strategies for effectively working with school staff members to meet their child's support needs.
- 2. Understand children's social, emotional and behavioral health, and when to be concerned.
- 3. Recognize and understand the need for early screening, evaluation, and intervention.
- 4. Learn about available intervention resources at school and in the community.

### **Target Populations:**

- Parents/caregivers
- Guardians of school-age children
- Community Services providers

### Note:

Maryland Center for Developmental Disabilities at Kennedy Krieger Institute is authorized by the Board of Social Work Examiners in Maryland to sponsor social work continuing education programs and maintains full responsibility for this program. This training qualifies for Category I continuing education units. Kennedy Krieger Institute is approved by the American Psychological Association to sponsor continuing education for psychologists. Kennedy Krieger Institute maintains responsibility for this program and its content. 3.0 to 6.0 Continuing Education Credits (Category 1) will be granted to social workers and licensed psychologists. A Certificate of Attendance will be made available for all other disciplines. Courses 002 and 003 reflect program content and are intended to meet the



Maryland license requirement to enhance competence in the provision of psychological services to culturally diverse populations. No conflicts have been identified (this includes commercial support and research grants/funding). The registration fees include: \$55 for half-day and \$105 for full-day workshop registrations for professionals, \$15 for half-day and \$25 for full-day workshop registrations for parents/caregivers/individuals with disabilities, and \$10 for students/trainees workshop registrations.

For more information about our Summer Learning Series or to request an accommodation or assistance for individuals with disabilities, please contact us by phone at 443-923-9555 or email at Training.MCDD@KennedyKrieger.org or visit MCDD.KennedyKrieger.org; requests should be made as soon as possible but at least seven days prior to the scheduled meeting.

