Maryland Center for Developmental Disabilities 2019 Summer Learning Series Training Program Course Catalog

Click each course title to register

Course#: 001

<u>Universal Design for Learning (UDL): Addressing Learner Variability through Inclusive</u>

Instructional Design

Presenters: Lisa Carey, MA

Date: Thursday, June 6, 2019; Location: 1741 Ashland Avenue, Room 812A, Baltimore, MD 21205

Time: 9:00am to 12:15pm

CEUs/Category: 3.0 Cat. 1 CEUs)

Course Description

This session offers an introduction to the Universal Design for Learning (UDL) framework as a method for designing inclusive learning environments. UDL is cited as a means for improving inclusive instruction in multiple laws and policies at both the national and state levels. By offering students flexible means of learning, schools can be more responsive to individual student needs and help unlock every student's potential

Instructional Level: Introductory.

Learning Objectives: This workshop is designed to help you:

- 1. Discuss the theory and principles of the UDL framework.
- 2. Apply the UDL framework to instructional design.
- 3. Select helpful resources for continuing to learn and implement UDL.

- Counselors
- Educators
- Paraprofessionals
- Occupational therapists
- Organizational leaders
- Physical therapists
- Psychologists
- Social workers
- Speech/language therapists
- Students
- Support and other school staff



Course#: 002

From Screening to Services: Improving Care Coordination and Engagement for People with Intellectual, Developmental, and other Disabilities in Our Community

Presenters: Lydia Stewart, Ph.D., and Dr. Mirian Ofonedu, Ph.D., LCSW-C

Date: Tuesday, June 11, 2019; Location: 1741 Ashland Avenue, Room 812A, Baltimore, MD 21205

Time: 9:00am to 12:15pm

CEUs/Category: 3.0 Cat. I CEUs

Course description

This training focuses on the screening to services pathway for people with intellectual, developmental, and other disabilities. Current research on common barriers and inequalities along this pathway will be discussed and placed in the context of Maryland populations. We will analyze best practices for care coordination and reducing barriers to accessing care as well as examine case study examples. We will also discuss practice elements associated with effective engagement outcomes. After this seminar, participants will be able to analyze their own work flows and utilize some of these strategies to improve care coordination in their own communities and target engagement early and throughout treatment process.

Instructional Level: Intermediate.

Learning objectives: This workshop is designed to help participants:

- 1. Discuss common obstacles and inequalities along the screening to services pathway for individuals with developmental disabilities in Maryland.
- 2. Compare different workflow and technological strategies for improving care-coordination between community providers
- 3. Apply different strategies for improving care-coordination in a small group critical thinking exercise
- 4. Utilize practical strategies for targeting engagement early and throughout treatment process

Target Populations:

- Counselors
- Educators
- Paraprofessionals
- Occupational therapists
- Organizational leaders
- Physical therapists
- Psychologists
- Social workers
- Speech/language therapists
- Students
- Support and other school staff



Maryland Center for Developmental Disabilities at Kennedy Krieger Institute

Building Partnerships. Changing Lives.

Course#: 003

Part 1: Transition Planning for Students with Disabilities

Presenter: Alyssa Navarrete, Esq, and Mallory Finn, Esq

Part 2: Supported Decision-making as an Alternative to Guardianship

Presenter: Megan Rusciano, Esq

Date: Thursday, June 20, 2019; Location: 7000 Tudsbury Road, Baltimore, MD 21244

Time: 9:00am to 12:15pm

CEUs/Category: 3.0 Cat. 1 CEUs)

Part 1: Transition Planning for Students with Disabilities

Course description

This session will provide an overview of transition planning, including This applicable federal and state laws and regulations. The presenters will discuss elements and goals of transition planning, including examples of quality and poor transition planning. The presenters will provide an overview of transition planning resources, including state and nonprofit resources.

Instructional Level: Intermediate

Learning Objectives: This workshop is designed to help participants

- 1. Discuss laws relevant to transition.
- 2. Describe elements of effective transition planning
- 3. Create the transition planning section of an IEP
- 4. Explain the recent MSDE technical assistance bulletins developed around transition planning.
- 5. List the resources for transition planning

Part 2: Supported Decision-making as an Alternative to Guardianship Course description

This session will provide an overview of supported decision-making as an alternative to Guardianship. Supported decision-making is gaining national and international recognition as a best practice and legal tool that can preserve the civil rights of people with disabilities and eliminate the need for a guardian in certain situations. The presenter will discuss competency and the grounds for pursuing guardianship of the person, and guardianship of the property. They will also discuss other alternatives to guardianship; including: advance directives, advance directives for mental health, surrogate decision makers, representative payees, and powers of attorneys. Resources and referrals on alternatives to guardianship will be provided.

Instructional Level: Intermediate

Learning objectives: This workshop is designed to help participants

- 1. Identify resources and referral sources for family and community members regarding guardianship.
- 2. Recognize when there are issues related to capability.
- 3. Select less restrictive alternatives and provide resources for implementation

- Counselors
- Educators
- Family members
- Fellows and Students
- General community members

- Law professionals
- Organizational leaders
- Paraprofessionals
- Psychologists
- Social workers
- Support and other school staff



Course#: 004

Part 1: Early Biomarkers of ADHD: What Goes Wrong and What We Can Do

Presenter: Dr. E. Mark Mahone, Ph.D., ABPP

Part 2: Epidemiology of Psychiatric Disorders and Mental Health Crises in Youth with

<u>Autism Spectrum Disorders</u> Presenter: <u>Dr. Luther Kalb, Ph.D.</u>

Date: Thursday, June 27, 2019; Location: 707 North Broadway, Room 510, Baltimore, MD 21205

Time: 9:00am to 12:15pm

CEUs/Category: 3.0 Cat. 1 CEUs)

Part 1: Early Biomarkers of ADHD: What Goes Wrong and What We Can Do Course description

This session will highlight research on the developmental neurobiology of ADHD, emphasizing neuroimaging studies, and sexually dimorphic biomarkers. The presentation will also address strategies to enhance brain health in children with ADHD.

Instructional Level: Intermediate.

Learning Objectives: This workshop is designed to help participants

- 1. Describe the anomalous patterns of brain differences associated with ADHD that can be identified in the preschool years.
- 2. Explain salient differences in early symptom presentation and developmental course between boys and girls with ADHD.
- 3. Discuss behavioral and cognitive risks associated with sleep disturbance in young children with ADHD, and how improvement in early sleep habits can lead to improved cognitive function and reduced symptomatology.

Part 2: Epidemiology of Psychiatric Disorders and Mental Health Crises in Youth with Autism Spectrum Disorders

Course description

This session will provide up-to-date research on the epidemiology of psychiatric disorders and behavioral health conditions among youth with ASD. A particular focus will be mental health crises, including very recent research on crisis measurement, prevalence and risk factors for crises, and psychiatric management of crises.

Instructional Level: Intermediate.

Learning objectives: This workshop is designed to help participants

- 1. Describe the prevalence and characteristics of psychiatric disorders and behavioral problems among youth in the general population as well as in clinical settings.
- 2. Recognize the theory and definition behind crisis instruments, including ways to directly and indirectly measure this phenomenon.
- 3. List the characteristics of as well as factors related to mental health crises in youth with ASD.
- 4. Discuss the systems of care involved in mental health crises.

Target Populations:

- Counselors
- Educators
- Occupational/physical therapists
- Paraprofessionals

- Psychologists
- Social workers
- Speech/language therapists
- Students and Fellows
- Support and other school staff



Maryland Center for Developmental Disabilities at Kennedy Krieger Institute

Building Partnerships. Changing Lives.

Course#: 005

Sexual Health and Intellectual and Developmental Disabilities 101: A Workshop for

Providers

Presenters: Dr. Mirian Ofonedu, Ph.D., LCSW-C

Date: Thursday, July 11, 2019; Location: 7000 Tudsbury Road, Baltimore, MD 21244

Time: 9:00am to 4:30pm

CEUs/Category: 6.0 Cat. 1 CEUs)

Course description

For sexual health to be attained and maintained, the sexual rights of all persons must be respected, protected and fulfilled (WHO, 2006a). People with intellectual and developmental disabilities (IDD) are often left out of the conversation about sexuality, almost as if they are incapable of having thoughts, feelings, and needs. In reality, they, too, are sexual beings that need information and skills for making healthy decisions about sexuality. This workshop will help providers who work with people with developmental disabilities and their families become more comfortable talking about this topic with people with developmental disabilities and their parents/caregivers and how to help people IDD have safe and satisfying relationships.

Instructional Level: Intermediate

Learning objectives: This workshop is designed to help participants:

- 1. Describe specific issues about sexuality for people with developmental disabilities
- 2. Discuss own values and attitudes regarding sexuality and people with developmental disabilities
- 3. Utilize effective strategies in communicating about sexuality with people with developmental disabilities and their parents/caregivers.
- 4. Demonstrate understanding and knowledge about this topic while communicating with people with IDD and their families.
- 5. Utilize effective strategies in helping people with IDD have safe and satisfying relationships.

Target Populations:

- Counselors
- Educators
- Paraprofessionals
- Occupational therapists
- Organizational leaders
- Physical therapists
- Psychologists
- Social workers
- Speech/language therapists
- Students
- Support and other school staff



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Course#: 006

Inclusion at Work: Charting Your Course and Applying Inclusion Principles

Presenters: Tanisha Clarke, MPH, and Daphnee Guillaume, MPH, CHES

Date: Thursday, July 18, 2019; Location: 1741 Ashland Avenue, Room 812B, Baltimore, MD 21205

Time: 9:00am to 12:15pm

CEUs/Category: 3.0 Cat. 1 CEUs)

Course description

How do you define inclusion? Inclusion is not a 'one size fits all' process. In fact, it takes time, planning, and intentionality. Disability inclusion is understanding the relationship between the way people function and their involvement in society and making sure everyone has the same opportunities to participate in every aspect of life to the best of their abilities and needs. The topic of inclusion requires addressing policies and practices designed to identify and remove potential barriers. This interactive training is intended to be personalized to the needs of participants. The training will encourage participants to explore key issues regarding disability culture, inclusion practices, and sustainability.

Instructional Level: Intermediate

Learning objectives: This workshop is designed to help participants:

1. Discuss the benefits of inclusion

- 2. Recognize the organizational practices and policies designed to support inclusion and remove the existing and/or potential challenges.
- 3. Design strategies and resources to address inclusion challenges

- Administrators
- Counselors
- · Educators and other school staff
- Faith-based and other community leaders
- Fellows and students
- Organizational leaders
- Medical and clinical staff
- Psychologists
- Social workers



Course#: 007

Part 1: Special Education Law

Presenters: Alyssa Navarrete, Esq, and Mallory Finn, Esq

Part 2: Discipline of Students with Disabilities in Maryland Public Schools

Presenters: Mark B. Martin, P.A.

Date: Thursday, July 25, 2019; Location: 1741 Ashland Avenue, Room 812B, Baltimore, MD 21205

Time: 9:00am to 12:15pm

CEUs/Category: 3.0 Cat. 1 CEUs)

Part 1: Special Education Law

Course description

This session will cover an overview of special education law and additional protections provided to students under Maryland law. The presenters will provide an overview of Maryland State Department of Education guidance and technical assistance bulletins and share online special education law resources.

Instructional Level: Intermediate

Learning objectives: This workshop is designed to help you:

- 1. Describe laws relevant to special education.
- 2. Discuss eligibility for special education and the special education evaluation process.
- 3. Create goals for extended school year services and transition planning.
- 4. Summarize available dispute resolution methods.

Part 2: Discipline of Students with Disabilities in Maryland Public Schools Course description

This session will provide an overview of school discipline in Maryland, including the laws governing school discipline. The presenters will discuss the types of suspensions and expulsions and the process to appeal a suspension or expulsion. They will provide information about additional protections for students with disabilities and recent Maryland legislation related to school discipline.

Instructional Level: Intermediate

Learning objectives: This workshop is designed to help participants:

- 1. Identify school discipline regulations that apply to all students.
- 2. Describe additional protections for students with disabilities.
- 3. Analyze school discipline data in Maryland recent Maryland legislation related to school discipline.
- 4. Describe manifestation determination meetings, functional behavioral assessments, and behavioral intervention plans.

Target Populations:

- Counselors
- Educators
- Family members
- Fellows and Students
- Law professionals
- Medical and clinical staff

- Paraprofessionals
- Psychologists
- Social workers
- Support and other school staff



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Course#: 008

Communicating with Families and Caregivers of Students with Autism or other

<u>Developmental Disabilities</u> Presenters: <u>Dr. Gazi Azad, Ph.D.</u>

Date: Tuesday, July 30, 2019; Location: 7000 Tudsbury Road, Baltimore, MD 21244

Time: 9:00am to 12:15pm

CEUs/Category: 3.0 Cat. 1 CEUs)

Course description

This interactive training for preschool teachers and others will focus on the importance of clear and effective communication between preschool teachers, clinicians, and parents, especially families of students with ASD and/or other developmental disabilities. After attending this training, participants will better understand barriers and facilitators to collaborative communication. The workshop will also provide participants with the tools to develop efficient two-way communication systems, prevent conflict, and engage in mutually supportive relationships with families of children with ASD and/or other developmental disabilities.

Instructional Level: Intermediate

Learning objectives: This workshop is designed to help participants:

- 1. Implement ways to increasing parent engagement.
- 2. List the barrier and facilitators to collaborative teaming.
- 3. Demonstrate efficient two-way communication systems.

- Educators
- Fellows and students
- Medical and clinical staff
- Paraprofessionals
- Parents
- Psychologists
- Pre-School Teachers
- School counselors
- Social workers
- · Support and other school staff



Course#: 009

Parent Workshop: Being the Best Advocate for your Child at School and in the

Community

Presenters: Dr. Mirian Ofonedu, Ph.D, LCSW-C, and Rene Averitt-Sanzone

Date: Thursday, August 1, 2019; Location: Enoch Pratt Free Library -Orleans Street

Branch; 1303 Orleans St, Baltimore, MD 21231

Time: 4:00pm to 6:00pm

Course description

Parents and families play an important role in how well children do in school and in the community. They are the first agents at identifying children's strengths and concerns, opening doors to support and services and ensuring that those doors remain open to meet their children's needs.

Level:

Learning objectives: This workshop is designed to help participants:

- 1. Learn strategies on how to effectively work with the school staff to meet your child's support needs
- 2. Understand children's social, emotional, and behavioral health and when to be concern
- 3. Recognize the approaches for understanding the need for early evaluation and intervention
- 4. Learn about available intervention resources at school and in your community

Target Populations:

- Caregivers
- Guardians of school age children
- Parents

Note:

Kennedy Krieger Institute is approved by the American Psychological Association and the Board of Social Work Examiners in Maryland to sponsor continuing education for psychologists and Social Workers, respectively. Kennedy Krieger Institute maintains responsibility for this program and its content. 3.0 to 6.0 Continuing Education Credits (Category 1) will be granted to Social Workers and licensed psychologists. This seminar reflects program content and is intended to meet the Maryland license requirement to enhance competence in the provision of psychological services to culturally diverse populations. No conflicts have been identified (this includes commercial support and research grants/funding). \$55 for half-day and \$105 for full-day conference registration fee will be charged for faculty, researchers, clinicians and other professionals; \$15 for parents/caregivers and \$10 for students.



For more information on our Summer Learning Series or to request accommodation or assistance for individuals with disabilities, please contact us by phone at 443-923-9555, email Training.MCDD@KennedyKrieger.org, or visit MCDD.KennedyKrieger.org Requests should be made as soon as possible but at least 7 days prior to the scheduled meeting.

