

Child and Family Support Program at Kennedy Krieger Institute

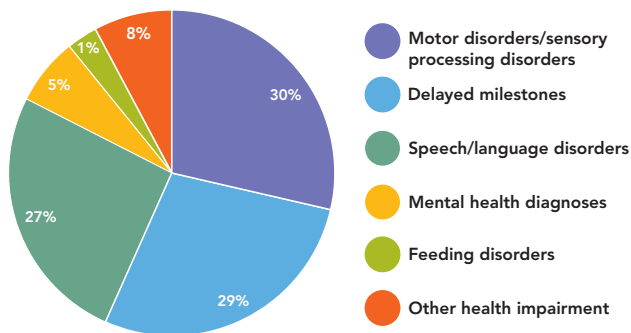
Who We Are

The Child and Family Support Program is a home-, center-, and community-based program that provides occupational, physical, and speech therapy; caregiver training; mental health counseling; and service coordination for children and their families living in the Baltimore metropolitan area. We are a family-centered program that views the parents or guardians as the primary decision makers in determining what services their child receives.

Who We Serve

We serve patients with a variety of diagnoses and concerns, including motor disorders/sensory processing disorders, delayed milestones, speech/language disorders, feeding disorders, and other health impairments.

Patients served by diagnosis:



We also serve children, adolescents, and parents with mental health disorders, including:

- Adjustment disorders
- Depressive disorders
- Anxiety disorders
- Attention deficit disorders

Our Team

Our interdisciplinary team works closely with children and their families to achieve their identified goals. The treatment team includes:

- Occupational therapists
- Physical therapists
- Speech-language pathologists
- Social workers
- Service coordinators



Our Approach

Our treatment team works closely with families to jointly identify goals, and to provide therapy services and parent training to ensure that children can be more independent at home and have the opportunity to participate fully in their community.

Services Provided

Therapy can be provided in the family's home, our center, schools, child care centers, Head Start programs, or other places that are significant in the child's life. Services are provided by appointment, with daytime and limited early evening hours available Monday through Friday.

Our services include:

- Home- and center-based evaluations and treatment by occupational therapists, physical therapists, and speech therapists for children from birth until entrance into kindergarten.
- Evidence-based therapeutic interventions, such as neurodevelopmental treatment, manual therapy, oral-motor feeding therapy, and sensory motor intervention.

We are all born with great potential.
Shouldn't we all have the chance to achieve it?



Kennedy Krieger Institute
UNLOCKING POTENTIAL

- Assistance to families in coordinating services for their children ages 5 and under, and in developing and updating Individualized Family Service Plans.
- Training for parents in the skills needed to care for their child at home and in the community.
- Information for parents concerning their child's development.
- Evaluation, adaptation, and monitoring of specialized equipment needs in the home and community.
- Home- and center-based mental health services and counseling for children, adolescents, and parents/caregivers who have a child receiving services at Kennedy Krieger.
- Evidence-based intervention to enhance attachment between caregivers and their young children.

Outcomes

In fiscal year 2015, the Child and Family Support Program provided services to 1,022 clients. We made 17,777 home- and center-based visits. The average number of therapy sessions for each family was 17.3. Children received services weekly, biweekly, or monthly for 30 or 60 minutes from each therapy service, as recommended by the therapists, and as requested by the family.

FY15 Therapy Visits by Discipline

Discipline	Number	Percentage
Occupational Therapy	3,191	18%
Social Work	1,455	8%
Physical Therapy	4,977	28%
Speech-Language Pathology	7,360	41.5%
Service Coordination	794	4.5%
Total	17,777	100%

The Child and Family Support Program has a proven record of success and family satisfaction, with the following survey results from fiscal year 2015:

- 92% of the caregivers responded that therapists seem competent and well trained.
- 92% of the caregivers responded that their therapists addressed their questions, issues, and concerns.
- 91% of the respondents said they would recommend the program to a friend or relative.

Nevaeh's Story

Nevaeh was born prematurely at 24 weeks' gestation, and was hospitalized for four months in a neonatal intensive care unit. She had bleeding on the brain and a shunt.

At 6 months old, she was referred to the Child and Family Support Program, with diagnoses of hydrocephalus and developmental delay. When the occupational therapist and physical therapist began to work with Nevaeh and her family, Nevaeh was not yet rolling over or sitting, and had no interest in toys. The therapists worked closely with Nevaeh and her mother in their home, and gave the family therapy recommendations they could incorporate into their daily interactions with Nevaeh. They set up play spaces with recommended toys and materials to support her development. Over time, Nevaeh began to blossom. By age 2, she was starting to try to communicate with her family members, and the program's speech therapist began to work with her.

At 2 1/2, Nevaeh is happy and very attached to her mother, and she loves the company of all her family. She can crawl, pull to stand, and walk. She uses words to communicate and is enjoying her favorite toys, particularly looking at books and turning the pages. As Nevaeh approaches 3, her mother is proud that she is ready to start in a school program where she will make many new friends and continue to receive the therapy she needs to help her thrive.



Contact Information

Child and Family Support Program at Kennedy Krieger Institute

For more information or to schedule an appointment, please call **443-923-3285**, or toll-free at **888-554-2080**. TTY: **443-923-2645** or Maryland Relay **711**

KennedyKrieger.org

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Fax: **410-265-7477**

Mailing Address:

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Baltimore, MD 21205

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