

2023 Fall Calendar

27	28	29	30	31	Sept 1	2 9:45-10:35 Lap/Instructional Swim 10:35-11:25 Beginner Lap 11:05-12 Instructional swim 11-12:15 Ambulatory Sports 12:30-2 Jr wheelchair Sports 2:10-3:00 Lap/Instructional swim 3:30-5:15 Prep Wh BBall
SEPT 3 NO PROGRAMS	4	5	6	7	8	9 9:45-10:35 Lap/Instructional Swim 10:35-11:25 Beginner Lap 11:05-12 Instructional swim 11-12:15 Ambulatory Sports 12:30-2 Jr wheelchair Sports 2:10-3:00 Lap/Instructional swim 3:30-5:15 Prep Wh BBall 6:15-7:30 Sled Hockey
10 1:00-3 Wh Tennis No Swim 3:45-5:30 Varisty Wh Basketball	11	12	13 1-2:30 Motor Dev 4-4:55 Lap/Instr Swim 4:15-5:45 Fitness/Swim 5-6:30 Fitness/Swim 5:45-6:30 Lap Swim 6:45-8:15 Wh Basketball	14 10:30-12 Motor Dev 1-2:30 Motor Dev 4:30-6 Motor Dev 5:15-6 Lap Swim	15	16 1:00 BLAZER WHEELCHAIR TENNIS TOURNAMENT @40 WEST TENNIS CLUB in Catonsville 6:15-7:30 Sled Hockey
17 1:00-3:00 Prep Basketball Practice 3:30-5:30 Varsity Basketball Practice	18	19	20 1-2:30 Motor Dev 4-4:55 Lap/Instr Swim 4:15-5:45 Fitness/Swim 5-6:30 Fitness/Swim 5:45-6:30 Lap Swim 6:45-8:15 Wh Basketball	21 10:30-12 Motor Dev 1-2:30 Motor Dev 4:30-6 Motor Dev 5:15-6 Lap Swim	22	23 9:45-10:35 Lap/Instructional Swim 10:35-11:25 Beginner Lap 11:05-12 Instructional swim 11-12:15 Ambulatory Sports 12:30-2 Jr wheelchair Sports 2:10-3:00 Lap/Instructional swim 3:30-5:15 Prep Wh BBall
24 1:00-2 FITNESS 2:15-3:15 Lap Swim 3:45-5:30 Varisty Wh Basketball	25	26	27 1-2:30 Motor Dev 4-4:55 Lap/Instr Swim 4:15-5:45 Fitness/Swim 5-6:30 Fitness/Swim 5:45-6:30 Lap Swim 6:45-8:15 Wh Basketball	28 10:30-12 Motor Dev 1-2:30 Motor Dev 4:30-6 Motor Dev 5:15-6 Lap Swim	29	30 9:45-10:35 Lap/Instructional Swim 10:35-11:25 Beginner Lap 11:05-12 Instructional swim 11-12:15 Ambulatory Sports 12:30-2 Jr wheelchair Sports 2:10-3:00 Lap/Instructional swim 3:30-5:15 Prep Wh BBall 6:15-7:30 Sled Hockey
Oct 1 1:00-2 FITNESS 2:15-3:15 Lap Swim 3:45-5:30 Varisty Wh Basketball	2	3	4 1-2:30 Motor Dev 4-4:55 Lap/Instr Swim 4:15-5:45 Fitness/Swim 5-6:30 Fitness/Swim 5:45-6:30 Lap Swim 6:45-8:15 Wh Basketball	5 10:30-12 Motor Dev 1-2:30 Motor Dev 4:30-6 Motor Dev 5:15-6 Lap Swim	6	7 *BBALL Clinic in NY Varsity/Prep 9:45-10:35 Lap/Instructional Swim 10:35-11:25 Beginner Lap 11:05-12 Instructional swim 11-12:15 Ambulatory Sports 12:30-2 Jr wheelchair Sports 2:10-3:00 Lap/Instructional swim 3:30-5:15 Prep Wh BBall 6:15-7:30 Sled Hockey
8 1:00-2 FITNESS 2:15-3:15 Lap Swim 3:45-5:30 Varisty Wh Basketball	9	10	11 1-2:30 Motor Dev 4-4:55 Lap/Instr Swim 4:15-5:45 Fitness/Swim 5-6:30 Fitness/Swim 5:45-6:30 Lap Swim 6:45-8:15 Wh Basketball	12 10:30-12 Motor Dev 1-2:30 Motor Dev 4:30-6 Motor Dev 5:15-6 Lap Swim	13	14 NO PROGRAMS 6:15-7:30 Sled Hockey

2023 Fall Calendar

15 No Programs	16	17	18 No Programs	19 No Programs	20	21 Sled Hockey Tournament @Hershey Park ??Possible Bball Touney in PA
22 Sled Hockey Tournament @Hershey Park ??Possible BBall Tourney in PA	23	24	25 1-2:30 Motor Dev 4-4:55 Lap/Instr Swim 4:15-5:45 Fitness/Swim 5-6:30 Fitness/Swim 5:45-6:30 Lap Swim 6:45-8:15 Wh Basketball	26 10:30-12 Motor Dev 1-2:30 Motor Dev 4:30-6 Motor Dev 5:15-6 Lap Swim	27	28 9:45-10:35 Lap/Instructional Swim 10:35-11:25 Beginner Lap 11:05-12 Instructional swim 11-12:15 Ambulatory Sports 12:30-2 Jr wheelchair Sports 2:10-3:00 Lap/Instructional swim 3:30-5:15 Prep Wh BBall 6:15-7:30 Sled Hockey
29 1:00-2 FITNESS 2:15-3:15 Lap Swim 3:45-5:30 Varisty Wh Basketball	30	31	Nov 1 Gym Closed Health Benefit Fair	2	3	4 QUEEN CITY WHEELCHAIR BASKRTBALL TOURNAMENT
Nov 5 QUEEN CITY BASKETBALL TOURNAMENT	6	7	8 1-2:30 Motor Dev 4-4:55 Lap/Instr Swim 4:15-5:45 Fitness/Swim 5-6:30 Fitness/Swim 5:45-6:30 Lap Swim 6:45-8:15 Wh Basketball	9 10:30-12 Motor Dev 1-2:30 Motor Dev 4:30-6 Motor Dev 5:15-6 Lap Swim	10	11 9:45-10:35 Lap/Instructional Swim 10:35-11:25 Beginner Lap 11:05-12 Instructional swim 11-12:15 Ambulatory Sports 12:30-2 Jr wheelchair Sports 2:10-3:00 Lap/Instructional swim 3:30-5:15 Prep Wh BBall 6:15-7:30 Sled Hockey
12 1:00-2 FITNESS 2:15-3:15 Lap Swim 3:45-5:30 Varisty Wh Basketball	13	14	15 1-2:30 Motor Dev 4-4:55 Lap/Instr Swim 4:15-5:45 Fitness/Swim 5-6:30 Fitness/Swim 5:45-6:30 Lap Swim 6:45-8:15 Wh Basketball	16 10:30-12 Motor Dev 1-2:30 Motor Dev 4:30-6 Motor Dev 5:15-6 Lap Swim	17	18 9:45-10:35 Lap/Instructional Swim 10:35-11:25 Beginner Lap 11:05-12 Instructional swim 11-12:15 Ambulatory Sports 12:30-2 Jr wheelchair Sports 2:10-3:00 Lap/Instructional swim 3:30-5:15 Prep Wh BBall 6:15-7:30 Sled Hockey