

Behavioral Psychology Outpatient Programs in Columbia, Md.



Preparing for Your Visit

Please refer to your appointment letter for specific information about your appointment. **Any medication should be taken as prescribed on the day of your appointment.** Please bring the following with you:

- The patient/child receiving services
- Health insurance card and a valid photo ID
- Primary care physician information: name, address and phone number
- School information: name, address and phone number
- Custody or guardianship records, if applicable
- All adaptive equipment currently being used (e.g., AFO braces, canes, walker, hearing aids, glasses, communication systems, etc.)
- Updated or recent medical and educational records
- List of current medications, including dosage
- Completed questionnaires you may have received before your visit

Consent for Treatment

Before we can see a patient for medical services and treatment, we must have a signed consent-for-treatment form for that patient on file.

For patients who are minors: Consent from only one parent or legal guardian is required to proceed with care. A parent, legal guardian or legally authorized representative is required to sign a consent form for a patient who is a minor (less than 18 years of age), except in some specific circumstances—for example, if the minor is a parent or is married. A parent, legal guardian or legally authorized representative must accompany any patient under the age of 18 to the appointment to sign consent forms for treatment and to make care decisions. If the person accompanying the minor is not the child's parent, please send ahead or bring to the appointment documents of guardianship, custody or other authority to consent and make decisions on behalf of the patient.

For patients who are adults: Adults (i.e., people 18 years of age or older) can usually make decisions about their medical care and sign consent forms for treatment. Sometimes, however, adults do not have the decision-making capacity to make informed decisions and provide consent for their medical care, in which case a surrogate



healthcare decision-maker can be assigned or appointed. Please send ahead or bring to the appointment documents appointing a guardian or other legal authority for the adult. For more information about the consent process, please visit: [KennedyKrieger.org/Consent](https://www.kennedykrieger.org/Consent)

For questions or assistance, please contact the Patient and Family Experience Program at **443-923-2640** and select Option 1. For information about the Health Care Decisions Act in Maryland, visit:

[KennedyKrieger.org/MarylandHealthPolicy](https://www.kennedykrieger.org/MarylandHealthPolicy)

Insurance and Referrals

Payment is expected at the time of your visit for noncovered services. Referrals may be faxed in advance to the Behavioral Psychology Outpatient Programs' Insurance Verification Office at **443-923-7530**. The referral must identify Kennedy Krieger Institute as the service provider.

All patients with HMO insurance plans must bring a referral with authorization from a primary care physician. If they arrive without a referral, they or their parent or guardian will be asked to sign a waiver and pay for the visit at the time of services.

If you have questions about insurance benefits, please contact our Insurance Verification Office at **443-923-7510**.

Billing

For billing purposes, our outpatient programs are designated as outpatient hospital facilities. Your bill will represent charges incurred during your visit, including:

- Charges for use of the hospital facility and any tests or procedures done during your appointment
- The cost of medical care, along with costs involving review and interpretation of your diagnostic tests

Additional services, such as physical therapy, occupational therapy, laboratory tests and radiology, may be needed during your appointment. If provided, those services will be billed separately by the hospital, and you may be subject to additional charges. For your convenience, we accept cash, checks and most major credit cards.

The person who signs the financial paperwork and agrees to pay any medical costs not covered by insurance is the guarantor. A child can still be covered under one parent's or guardian's health insurance plan, even if the other parent or guardian is listed as the guarantor for medical expenses.

Get Connected to MyChart

Outside of scheduled appointments, MyChart is the best way to stay in touch with your care team and get appointment details. After a visit, providers typically do not call the parent or guardian who was not present. Accessible via a smartphone or computer, MyChart is a secure, easy-to-use way for patients to access some of their medical information, and for parents to access important medical information about their child, at home or on the go. MyChart is FREE, secure and available 24/7. To sign up, get a MyChart activation code during your next visit. Visit KennedyKrieger.org/MyChart to learn more.

Medical Records

All requests for medical records must be directed to Kennedy Krieger's Health Information Management Department. Records are released only through this department.

Call **443-923-1825** or email your request to: ReleaseOfInformation@KennedyKrieger.org

Portable Health Profile Tool

At Kennedy Krieger, we emphasize the importance of creating a Portable Health Profile Tool—a personal health document containing important and current health information, such as personal health history, emergency contact information, and information on insurance, medical conditions, allergies and medications. The Portable Health Profile Tool can help you take a more active role in your or your child's healthcare—you will maintain the tool yourself—and it will keep all of your critical health-related information in one place.

For more information about the Portable Health Profile Tool, or if you need help starting one, contact the Kennedy Krieger Resource Finder at **800-390-3372** or visit: KennedyKrieger.org/ResourceFinder

For Your Privacy

In accordance with healthcare regulations to protect the privacy of all patients, families and staff members,

taking photographs or videos of anyone other than one's own family members is not permitted. If you feel your confidentiality has been violated in any way, please contact the Office of Compliance at **443-923-1843**.

Accommodations

We provide patients and visitors with reasonable accommodations and access to our facilities, services and equipment. Service animals, including those in training, are welcome at Kennedy Krieger, provided they have not received a live vaccine (nasally or orally) within two weeks of visiting the Institute. If you or a family member require accommodations or have a support need (e.g., hearing, speech, cognition, vision impairment, physical access or other need), please email the Patient and Family Experience Program at PatientExperience@KennedyKrieger.org so that we may assist you.

Parking and Dining Options

Parking is free and adjacent to our buildings. If you are arriving at Suite F for our NBU or PDD clinics, please turn right after the ostrich statue and enter through the door next to the penguin statue. If you are arriving at Suite J for our CFT, BMC or Consult clinics, please turn right before the giraffe statue and use the entrance between the bear and gorilla statues. There are no dining options located on-site; however, there are several fast food restaurants nearby. Please note, food is not allowed in our waiting areas.

For Your Visit

Our patient and visitor guide provides information about lodging, dining, transportation, directions and other valuable resources to make your visit to Kennedy Krieger as stress-free as possible. To learn more, visit KennedyKrieger.org/VisitorGuide or scan the QR code.



CONTACT US

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Kennedy Krieger Institute recognizes and respects the rights of employees, trainees, and patients and students, and their families. At Kennedy Krieger, we ground our care, services, training and research in treating others with respect and civility. We respect the cultural identity of every person. Kennedy Krieger does not discriminate against people based on, but not limited to, perceived or actual race, color, culture, ethnicity, national origin, age, language spoken, accent, marital status, veteran or military status, immigration status, socioeconomic status (i.e., access to resources), physical or mental disability, religion, pregnancy status, sex, sexual orientation, or gender identity or expression. We strive for equitable care for all individuals for whom we provide services, training, education and research participation. We encourage employees, trainees, and patients and students, and their families, to become active partners in the services provided by asking questions, seeking resources and advocating for their needs. Our culture of care is extended to our patients, the patients' family members and other people served. Here, "family" refers to parents, other family members, guardians, surrogate decision-makers and healthcare agents. ©2026 Kennedy Krieger Institute 7/2026



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