Specialized Medical and Psychiatric Services for the ASD Community at the Center for Autism and Related Disorders

### Who We Are

At the Center for Autism and Related Disorders (CARD) at Kennedy Krieger Institute, we offer specialized medical services that focus on diagnosing and treating autism spectrum disorder (ASD) and other developmental disorders. Some of our services include:

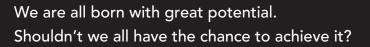
- Developmental assessments and diagnostic evaluations
- Neurological and neurogenetic evaluations
- Psychiatric evaluations
- Psychopharmacological evaluations
- Ongoing medication management
- · Follow-up care for ongoing developmental monitoring
- Collaboration with community providers, including primary care physicians, therapists, early intervention specialists, educators and other professionals
- Genetic counseling
- Referrals for appropriate therapy and treatment programs, which may include behavioral intervention, speech-language therapy, augmentative communication evaluation and treatment, social skills and cognition evaluation and treatment, occupational therapy, and family support

### **Our Medical Team**

All of our physicians hold faculty appointments at the Johns Hopkins University School of Medicine. Our team includes specialists in:

- Pediatric neurology
- Developmental and behavioral pediatrics
- Neurodevelopmental disabilities
- Child and adolescent psychiatry
- Genetics

"At a time when we were so unsure of what was going on with our son, we found comfort in the evaluation and the services provided at CARD." – mother of a patient





## **Our Research**

Our physicians are active in a variety of ASD-related fields of research, including:

- Biological basis of developmental disorders
- Detection and treatment of anxiety in preschool-age children
- Treatment for disruptive behavior
- Early detection of mental health crisis
- Psychopharmacological treatments for ASD



Center for Autism and Related Disorders at Kennedy Krieger Institute

# **Our Treatment Approach**

#### **Testing and Evaluation**

Once an individual is referred to CARD, they receive a comprehensive initial evaluation or consultation. During this evaluation, an extensive clinical interview is conducted, allowing the clinician to thoroughly explore the individual's medical, developmental, behavioral and other relevant family history. The physician also assesses developmental functioning and performs a physical examination, which may include neurological, dysmorphological or psychiatric components. Based on the nature and scope of the reported difficulties and the results of the clinical interview and physical examination, some individuals may be referred for additional lab work, genetic or metabolic testing, behavioral testing, a sleep study, an electroencephalogram (EEG), and/ or brain imaging.

#### Follow-Up

Our medical practitioners offer follow-up appointments when ongoing developmental observation or treatment is required. To ensure that each individual reaches their full potential, additional treatment or therapy might be recommended. A follow-up appointment may include:

- Ongoing developmental monitoring or surveillance
- Medical management
- Coping and family support
- Education about available treatment options
- Guidance to help families anticipate and prepare for transitions
- Management of psychiatric and behavioral problems
- Advocacy

# **ASD Support and Services**

Local/Regional Resources Pathfinders for Autism pathfindersforautism.org

Center for Autism and Related Disorders KennedyKrieger.org/CARD

Baltimore Autism Society of America baltimoreautismsociety.org

Maryland Department of Education marylandpublicschools.org

#### National Resources

Autism Society of America autism-society.org

**Organization for Autism Research (OAR)** ResearchAutism.org

Autism Speaks autismspeaks.org

Autism Speaks has a number of different tool kits to assist families in finding the critical information they need, including the First 100 Days Kit, Asperger Syndrome and High-Functioning Autism Tool Kit, School & Community Tool Kit, and Transition Tool Kit.

## **Contact Information**

Center for Autism and Related Disorders at Kennedy Krieger Institute

For more information or to schedule an appointment, please call **443-923-7630**, or call toll-free at **888-554-2080**. TTY users, please contact us at **443-923-2645**, or dial **711** to make a Maryland Relay call.

#### KennedyKrieger.org/CARD

**Physicians and Healthcare Professionals** To make a referral, call our Physician Referral Line at **443-923-9403**.

Main Locations 3901 Greenspring Avenue Baltimore, MD 21211

1741 Ashland Avenue, 5th Floor Baltimore, MD 21205

For information about other locations, please call the numbers above.

Mailing Address 707 North Broadway Baltimore, MD 21205

Kennedy Krieger Institute recognizes and respects the rights of patients and their families and treats them with courtesy and dignity. Kennedy Krieger Institute provides care that preserves cultural, psychosocial, spiritual and personal values, beliefs and preferences. Care is free from discrimination based on age, race, ethnicity, religion, culture, language, physical or mental disability, socioeconomic status, sex, sexual orientation, and gender identity or expression, including transgender. We encourage patients and families to become active partners in their care by asking questions, seeking resources and advocating for the services and support they need. © 2020 Kennedy Krieger Institute 08/2020



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