

**DECEMBER LEAP SCHOOL MENU**

<b>MONDAY 12/3</b>	<b>TUESDAY 12/4</b>	<b>WEDNESDAY 12/5</b>	<b>THURSDAY 12/6</b>	<b>FRIDAY 12/7</b>
<p>Cheese Ravioli with Marinara and Garlic Bread</p> <p>Italian Cold Cut Panini</p> <p>Green Beans, Oven Roasted Potatoes Fresh Hand Fruit and Fresh Watermelon 1% Milk or FF Chocolate Milk</p>	<p>Oven Fried Chicken and Whole Grain Waffles</p> <p>Corned Beef Reuben</p> <p>Seasoned Peas and Carrots, Sweet Potato Casserole Fresh Hand Fruit and Diced Peaches 1% Milk or FF Chocolate Milk</p>	<p>General Tso's Chicken</p> <p>Teriyaki Chicken and Pineapple Sandwich</p> <p>Steamed White Rice, Steamed Broccoli Fresh Hand Fruit and Apple Sauce 1% Milk or FF Chocolate Milk</p>	<p>Ground Beef Soft Tacos with Lettuce, Tomatoes, and Cheddar</p> <p>Grilled Vegetable Quesadilla with Salsa and Sour Cream</p> <p>Roasted Plantains, Spanish Brown Rice Fresh Hand Fruit and Mandarin Oranges</p>	<p>Pepperoni or Cheese Whole Grain Pizza with Homemade Sauce</p> <p>Veggie Burger with American Cheese on a Whole Grain Roll</p> <p>Tossed Salad with Low Fat Dressing, Roasted Vegetable and Potato Medley, Fresh Hand Fruit and Pears 1% Milk or FF Chocolate Milk</p>
<b>MONDAY 12/10</b>	<b>TUESDAY 12/11</b>	<b>WEDNESDAY 12/12</b>	<b>THURSDAY 12/13</b>	<b>FRIDAY 12/14</b>
<p>Salisbury Steak and Gravy with Roasted Local, Organic Mushrooms</p> <p>Veggie Burger with Pepper jack on a Whole Grain Roll</p> <p>Rice Pilaf, Mixed Vegetables Fresh Hand Fruit and Tropical Fruit Salad 1% Milk or FF Chocolate Milk</p>	<p>Chicken Cacciatore</p> <p>Italian Sausage and Peppers Sub on a Whole Grain Roll</p> <p>Pesto Parmesan Risotto, Steamed Mixed Vegetables Fresh Hand Fruit and Mixed Grapes 1% Milk or FF Chocolate Milk</p>	<p>Whole Grain Chicken Tenders with Barbecue Dipping Sauce</p> <p>Corn Dog</p> <p>Sweet Potato Fries, Seasoned Corn Fresh Hand Fruit and Fresh Cantaloupe 1% Milk or FF Chocolate Milk</p>	<p>Grilled Smothered Pork Chops</p> <p>Cajun Turkey Burger with Guacamole and Swiss on a Whole Grain Roll</p> <p>Brown Rice Pilaf, Roasted Vegetable Medley Fresh Hand Fruit and Diced Pineapple 1% Milk or FF Chocolate Milk</p>	<p>Veggie Lovers Pizza or Cheese Pizza on Whole Grain Pizza Crust with Homemade Sauce</p> <p>Chicken Parmesan Sandwich on a Whole Grain Roll</p> <p>Chef Salad, Seasoned Steamed Carrots, Fresh Hand Fruit, Apple Sauce, 1% Milk or FF Chocolate Milk</p>
<b>MONDAY 12/17</b>	<b>TUESDAY 12/18</b>	<b>WEDNESDAY 12/19</b>	<b>THURSDAY 12/20</b>	<b>FRIDAY 12/21</b>
<p>Roasted Salmon Picatta</p> <p>Grilled Cheeseburger on a Whole Grain Roll</p> <p>Roasted Potato and Root Vegetable Medley, Garden Salad with Low Fat Dressing Fresh Hand Fruit and Diced Peaches 1% Milk or FF Chocolate Milk</p>	<p>Whole Grain Pancakes and Scrambled Eggs with Sausage</p> <p>Philly Cheesesteak Sub on a Whole Grain Roll</p> <p>Baked Hash Browns, Fresh Fruit Salad Fresh Hand Fruit and Tropical Fruit Salad, 1% Milk or FF Chocolate Milk</p>	<p>Baked Chicken Wings with Assorted Dipping Sauces</p> <p>Meatball Parmesan Sub</p> <p>Baked French Fries, Creamy Cole Slaw Fresh Hand Fruit and Diced Pears 1% Milk or FF Chocolate Milk</p>	<p>Seasoned Beef Prime Rib with Au Jus</p> <p>Chicken Cheesesteak</p> <p>Roasted Garlic Mashed Potatoes, Steamed Haricot Vert Fresh Hand Fruit and Mixed Grapes 1% Milk or FF Chocolate Milk</p>	<p>Barbecue Chicken Pizza or Cheese Pizza on Whole Grain Pizza Crust with Homemade Sauce</p> <p>Grilled Bratwurst on a Pretzel Roll</p> <p>Tomato Cucumber Salad with Low Fat Balsamic, Roasted Vegetable Medley Fresh Hand Fruit and Fresh Fruit Salad, 1% Milk or FF Chocolate Milk</p>
<b>MONDAY 12/24</b>	<b>TUESDAY 12/25</b>	<b>WEDNESDAY 12/26</b>	<b>THURSDAY 12/27</b>	<b>FRIDAY 12/28</b>
<b><u>No School</u></b>	<b><u>No School</u></b>	<b><u>No School</u></b>	<b><u>No School</u></b>	<b><u>No School</u></b>
<b>MONDAY 12/31</b>	<b>TUESDAY 1/2/2019</b>	<b>WEDNESDAY 1/3/2019</b>	<b>THURSDAY 1/4/2019</b>	<b>FRIDAY 1/5/2019</b>
<b><u>No School</u></b>				