

Clinical Connection

News, Updates and Support for Healthcare Professionals



Kennedy Krieger Institute
UNLOCKING POTENTIAL

REHABILITATION • DEVELOPMENTAL MEDICINE • BEHAVIORAL THERAPIES



Dear colleagues,

I'm excited to start my second year as president and CEO of Kennedy Krieger Institute this month, and to welcome you to this edition of *Clinical Connection*.

This newsletter is just one of the ways in which we foster important communications between our professional staff members and you. Communication with each other, on behalf of our patients and their families, is critical to our mutual success in helping patients recover and thrive.

Attached to this newsletter is *Potential* magazine, which features stories about children, teens and young adults; their families; and the many professionals at Kennedy Krieger—and beyond—who work together to improve the trajectory of our shared patients' lives. We hope you'll place the magazine in your waiting room for your staff members and patients to enjoy.

Kennedy Krieger is a vibrant, vital, mission-driven organization staffed by more than 2,700 dedicated colleagues who serve in more than 80 clinical, school and community programs and hundreds of research investigations. Our mission is to improve the lives of individuals with brain, nervous system and neuromuscular disorders, diseases and injuries. We are grateful for the trust you put in us when you refer patients, as our goal is to partner with you for their very best care.

We want to hear from you! If you have questions or would like to refer a patient, please call our Physician Referral Line at **443-923-9403**. And please email me at **CEO@KennedyKrieger.org** if you would like to share any comments with me.

Warm regards,

A handwritten signature in black ink that reads "Brad".

Bradley L. Schlaggar, MD, PhD
President and CEO

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REFERRING YOUR PATIENTS

To support the needs of physicians and healthcare professionals, our care management team is available to provide information on appropriate clinical programs, handle referrals, obtain consultations with Institute specialists, and schedule appointments for patients and families.

Call **443-923-9403** to reach our Physician Referral Line, or visit **KennedyKrieger.org/Referrals** for information and resources for physicians and healthcare professionals.

For general information, visit **KennedyKrieger.org** or call **1-888-554-2080**.

OUR CULTURE OF CARE

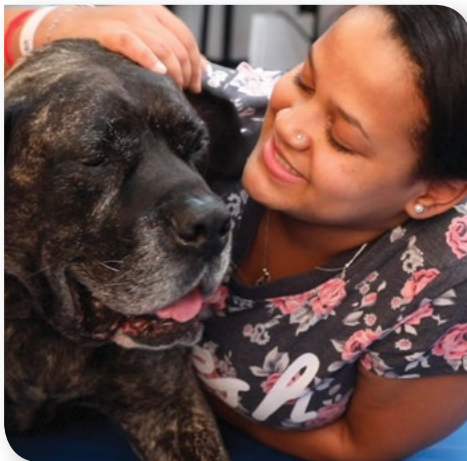
Kennedy Krieger Institute recognizes and respects the rights of patients and their families and treats them with courtesy and dignity. Kennedy Krieger Institute provides care that preserves cultural, psychosocial, spiritual and personal values, beliefs and preferences. Care is free from discrimination based on age, race, ethnicity, religion, culture, language, physical or mental disability, socioeconomic status, sex, sexual orientation, and gender identity or expression, including transgender. We encourage patients and families to become active partners in their care by asking questions, seeking resources and advocating for the services and support they need. © 2019 Kennedy Krieger Institute 08/2019

Conference: 'Management of Chronic Pain in Children and Adolescents'

Kennedy Krieger Institute and the Johns Hopkins University School of Medicine are sponsoring a medical conference, "Management of Chronic Pain in Children and Adolescents," on Saturday, September 28, from 8 a.m. to 2:30 p.m. The conference will be held in Kennedy Krieger's Arnold J. Capute, MD, MPH, Conference Center, located on the eighth floor of the Institute's Harry and Jeanette Weinberg Building at 1741 Ashland Avenue, in Baltimore, Maryland.

This one-day conference will focus on recent advances in treating chronic pain in children and adolescents. The conference will provide attendees with a better understanding of this complex issue. The keynote speaker will be Neil Schechter, MD, director of the Chronic Pain Clinic at Boston Children's Hospital. Expert practitioners in the treatment of pediatric pain will provide insight into the following topics:

- Medical management of children with acute and chronic pain
- Psychological aspects of children with chronic pain
- Management of chronic pediatric pain in the school setting
- Managing anxiety and depression in children with chronic pain
- The rehabilitation model for treating chronic pain (panel discussion)



The conference is appropriate for physicians and healthcare professionals—including pediatricians, school nurses, interventional pain specialists, physical medicine and rehabilitation specialists, primary care physicians, psychologists, physician assistants, nurse practitioners, residents, and fellows—who seek to learn about the latest developments in pediatric pain medicine. The cost to attend the conference is only \$25.

Visit KennedyKrieger.org/PainConference2019 to learn more or to register.



Epic CareLink Now at Kennedy Krieger

Information about your patients' care at Kennedy Krieger Institute is now only a few clicks away with Epic CareLink, which went live at Kennedy Krieger on July 1.

There are so many benefits for you and your patients and staff members with this free, secure online referring provider portal, including:

- The ability to place an electronic patient referral for care at Kennedy Krieger
- 24-hour remote access for viewing non-sensitive medical records, including procedure notes, reports, clinic notes, medication lists and lab results
- Reduction in paperwork
- Immediate and up-to-date information via a dashboard for new activity on your patients
- Reports centralized in one location
- The ability to customize the alerts you want to see about your patients
- Safe, HIPAA-compliant information access

Visit KennedyKrieger.org/EpicCareLink to learn more or to start the registration process.

An Intensive Day Rehabilitation Model for Acute Conditions

Pediatric rehabilitation for acute neurologic, orthopedic or functionally disabling conditions such as acquired brain injury, recovery from orthopedic surgery and pain-associated disorders requires an interdisciplinary approach. Kennedy Krieger Institute's Specialized Transition Program offers daily intensive therapies, along with educational and psychological support, while allowing patients to return home each evening to their families and familiar surroundings.

The goal of the program is to maximize patients' functional skills and independence so they can actively participate in school, home and community.

Patients are assessed and treated by an interdisciplinary team of rehabilitation specialists, including:

- Rehabilitation medicine physicians and nurses
- Physical and occupational therapists
- Speech-language pathologists
- Neuropsychologists and behavioral psychologists
- Special educators and school nurse liaisons
- Social workers

What sets Kennedy Krieger's day rehabilitation treatment approach apart is that it provides education to school-age patients while they are in the program. Team members work with patients and their family members and schools to plan an appropriate educational program for each school-age patient during treatment and upon discharge. Team members also assist families throughout the process of securing access to special education services for patients, if needed.



Please visit [KennedyKrieger.org/DayHospital](https://www.kennedykrieger.org/DayHospital) or contact the program's nurse clinical care manager, Kristine Mauldin, at Mauldin@KennedyKrieger.org for more information.

Study Finds Increase in Psychiatric ED Visits Among Youth Ages 6–24 Years

It is estimated that 1 in 10 youths in the U.S. has a serious psychiatric disorder. For those in crisis, or without access to a mental health provider, hospital emergency departments have become the national safety net for care. Unfortunately, many emergency departments are not equipped with the mental health expertise needed to provide care for these young people.

In a recent study published in "Pediatrics," Luther Kalb, PhD, assistant professor at Kennedy Krieger Institute, and a team of researchers examined trends in psychiatric emergency department visits from 2011 to 2015 among young people ages 6 to 24 years in the U.S. The study monitored trends and correlates of psychiatric emergency department visits over time across different age, sex, racial and ethnic groups,

paying particular attention to visits related to suicide and self-injury.

Dr. Kalb and his colleagues found that between 2011 and 2015, psychiatric emergency department visits increased across the U.S., with the largest increase in 2015. Young adults between the ages of 17 and 24 had the highest number of psychiatric emergency department visits. Among adolescents, visits to the emergency department for suicidal or self-injurious behaviors more than doubled in the five-year time frame. Only 1 in 6 youths who visited the emergency department for psychiatric concerns saw a mental health professional.

Visit [KennedyKrieger.org/EDPsychVisitsVideo](https://www.kennedykrieger.org/EDPsychVisitsVideo) to watch a video about the study and its findings.



Kennedy Krieger Institute

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PATIENT CARE PROGRAMS & SERVICES

Specialty Pediatric Hospital

Feeding Disorders
Neurobehavioral Unit (NBU)
Rehabilitation Unit—brain injury, complex medical, pain management, post-orthopedic surgery and spinal cord injury

Outpatient Centers, Programs and Services

International Adoption Clinic
Aquatic Therapy Program
Assistive Technology Clinic
Audiology Clinic
Center for Autism and Related Disorders
Barth Syndrome Clinic
Behavior Management Clinic
Bone Disorders Program
Brachial Plexus Clinic
Center for Brain Injury Recovery
Phelps Center for Cerebral Palsy and Neurodevelopmental Medicine
Child and Family Support Center
Child and Family Therapy Clinic
Community Rehabilitation Program
Concussion Clinic
Constraint-Induced and Bimanual Therapy Program
Cranial Cervical Clinic
Deafness-Related Evaluations Clinic
Center for Development and Learning
Pediatric Developmental Disabilities Clinic
Down Syndrome Clinic and Research Center
Pediatric Feeding Disorders Program
Focused Interdisciplinary Therapy Program
Fragile X Clinic
Healthy Lifestyles Therapy Program
Infant Neurodevelopmental Center
Moser Center for Leukodystrophies
Limb Differences Clinic

Military Behavioral Health Services
Center for Genetic Muscle Disorders
Neurobehavioral Unit Outpatient Program
Neurology and Neurogenetics Clinic
Clinical Neurophysiology Clinic and Laboratory
Neuropsychiatry in Epilepsy Program
Neuropsychology Outpatient Clinics
Specialized Transition Program Neurorehabilitation Day Hospital
Nutrition Clinic
Occupational Therapy Clinic
Orthopedic Clinic
Osteogenesis Imperfecta Clinic
Pediatric Pain Rehabilitation Program
Physical Therapy Clinic
Psychiatric Mental Health Program
Pediatric Psychology Program
Rehabilitation Clinic
Seating Clinic
Sickle Cell Neurodevelopmental Clinic
Sleep Disorders Clinic and Laboratory
Speech and Language Clinic
Philip A. Keelty Center for Spina Bifida and Related Conditions
International Center for Spinal Cord Injury
Hunter Nelson Sturge-Weber Center
Center for Child and Family Traumatic Stress
Tuberous Sclerosis Clinic
Weight Management Program

Continuums of Care

Continuums allow patients to be seen through all stages of care, including in 24-hour inpatient programs, day treatment, home- and community-based services, and outpatient programs. They include **Pediatric Feeding Disorders**, **Neurobehavioral Disorders** and **Pediatric Rehabilitation (brain injury, complex medical, pain management, post-orthopedic surgery and spinal cord injury)**.

For a complete listing of all diagnoses, disorders, programs and services, visit KennedyKrieger.org/PatientCare or call **888-554-2080**. TTY users, please contact us at **443-923-2645**, or dial **711** to make a Maryland Relay call.