

# Behavior Management *Clinic*



Every child is born with great potential.  
Shouldn't every child have the chance to achieve it?



*In my mind,  
I make my mom smile.*

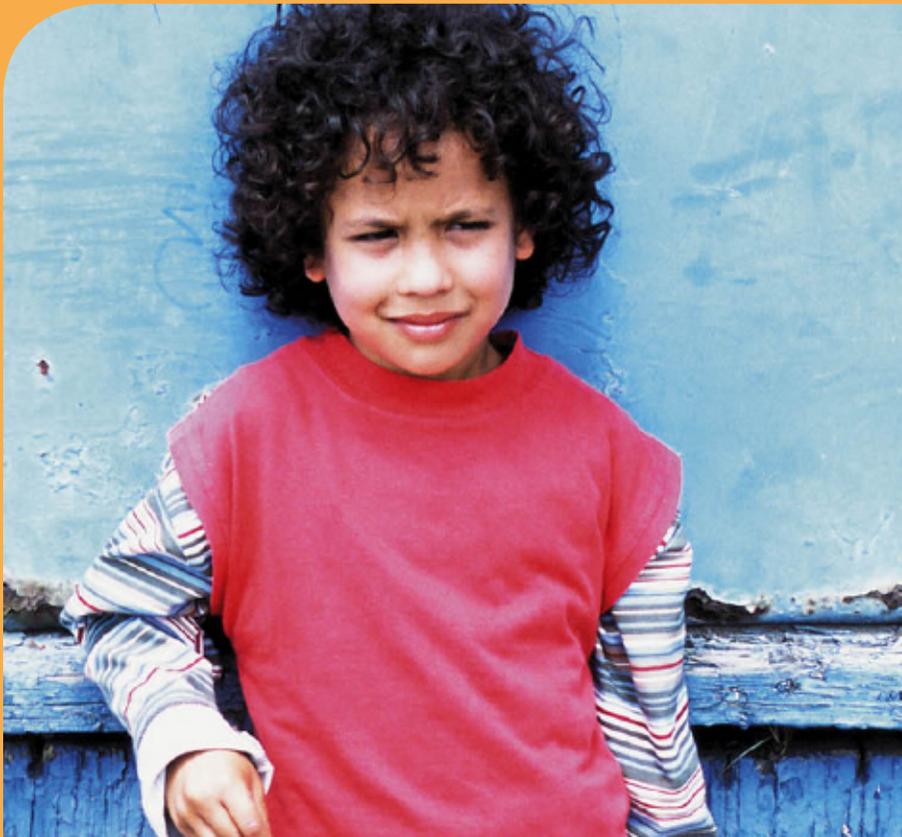


## *Clinic Overview*

Caring for and raising a child is the most important job an individual can do. At some point, every parent encounters periods of difficulty and uncertainty. During these times, identifying and rapidly addressing behavior problems early on can prevent more difficult problems from developing later. The Behavior Management Clinic's mission is to provide this early intervention to parents of preschool and early school-age children who are experiencing common behavior problems as well as more chronic behavior disorders.

## THE BEHAVIOR MANAGEMENT CLINIC

Part of the Behavioral Psychology Department at Kennedy Krieger Institute, the clinic comprises licensed psychologists, psychological associates, and affiliated staff with expertise in behavioral psychology. Staff members provide family-focused treatment for the child, parents, and other caregivers, both individually and in small groups. In many cases, the best way to understand and address a problem is to experience it in the actual setting where it normally occurs; therefore, our therapists work with children, caregivers, day-care workers, and teachers, not only at our clinic, but also in their homes, classrooms, and other community settings.



## Our Treatment Services

Our team begins treatment by conducting initial assessments through clinical interviews, parent questionnaires, and direct observation (functional assessment). Our interventions are individualized depending on the needs of the parent, child, and family. Because parents and other caregivers spend far more time than we do managing their children's behavior, we emphasize educating caregivers about early childhood development by teaching them how to intervene early and to use our early intervention strategies on their own. We can help families acquire specialized services that are available in their communities. For many families, we also act as advocates, consulting with other providers and public and private educators to ensure that our patients have access to the services and resources they require.

## BEHAVIOR PROBLEMS ADDRESSED:

- Aggression
- Attention Deficit
- Co-morbid Problems of Mood or Anxiety
- Disruptive Behaviors
- Eating Difficulties
- Elopement
- Hair Pulling
- Impulse Control Problems
- Mild Communication Deficits
- Mild Self-injury
- Mutism
- Noncompliance
- Sleep Difficulties
- Social Skills Deficit
- Tantrums
- Thumb Sucking
- Toileting Problems
- Verbal Abuse

## DIAGNOSES SERVED:

- Attention Deficit Hyperactivity Disorder
- Adjustment Disorder
- Depressive Disorder
- Disruptive Behavior Disorder
- Encopresis
- Enuresis
- Fetal Alcohol Spectrum Disorders
- Generalized Anxiety Disorder
- Impulse Control Disorder
- Language Disorders
- Learning Disorders
- Mild Developmental Delay
- Mood Disturbances
- Oppositional Defiant Disorder
- Pica
- Separation Anxiety Disorder
- Sleep Terror Disorder



## Referrals and Appointments

To make a referral or schedule an appointment with the Behavior Management Clinic, please call:  
443-923-9400 or 888-554-2080  
TTY (for Speech or Hearing Impaired): 443-923-2645

**Referral Specialists are available:**  
Monday – Friday, 8:30 a.m. – 5 p.m.

**Clinic Hours of Operation:**  
Monday – Thursday, 9 a.m. – 7 p.m.  
Friday, 9 a.m. – 5 p.m.

Behavior Management Clinic  
Susan Perkins-Parks, PhD  
Program Director



## Kennedy Krieger Institute

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